

## COUNSELING NEWS

Welcome all new students and welcome back returning students. For those of you not familiar with this column, Counseling Center News is a regular feature in the C.C. Reader. It is designed to keep both graduate and undergraduate students up to date on the many programs, services, and resources of the Counseling Center, located in W-117 of the Main Building.

### Grad Testing Resources Available

Right now many seniors are thinking about applying to graduate school, and will soon be taking the standardized tests required by many schools as part of their admission process. To help you prepare for and become familiar with the types of questions asked on these tests, the Counseling Center has a supply of examination study guides which can be borrowed for a two-week period. We have the Barron's study guide for the GRE (Graduate Record Exam), the GMAT (Graduate Management Admission Test), the LSAT (Law School Admission Test), and the NTE (National Teacher Exam).

We also have handbooks containing important information on graduate school requirements, financial aid, tuition, and fees for specific programs such as Psychology, Law, Social Work, Business, Political Science, and Health Administration.

### LSAT Workshop At F&M

The Counseling Center has received word from the Office of Continuing Education at Franklin and Marshall College, Lancaster, of an LSAT Preparation Workshop to be held June 12, 13, and 14, 1981.

According to the brochure, the workshop is "designed to prepare a student to take the Law School Admission Test..."

The cost for the workshop is \$70. Tuition includes all materials. The brochure, along with a registration form and more detailed information, is available from the Counseling Center.

The Counseling Center cannot vouch for the effectiveness of this workshop or any other test preparation program with respect to obtaining higher scores on the LSAT

## FUND-AMENTAL NEWS

### Last Call For 1981-82 State Grant Applications

The Pennsylvania Higher Education Assistance Agency (PHEAA) has announced that May 1, 1981, is the deadline for all renewal and new grant applicants who plan to enroll in baccalaureate programs for the 1981-82 academic year. Veterans receive special consideration for these grants, regardless of family income. All students seeking consideration for state grants for the Fall 1981, Winter, 1982, and/or Spring 1982 terms should immediately complete the application and submit it to PHEAA. Applications and full information are available now through the Financial Aid Counselor in Admissions, Room 214, Multi-Purpose Building. Stop by today!

### Summer PHEAA Grant Applications Now Available

If you will be enrolled in a degree program (or as a provisional student) during Summer Term 1981 full-time (at least eight credits), you should complete the special Summer Grant application and submit it to PHEAA as soon as possible. If you are eligible for a PHEAA Summer Grant payment, it will use one-third year of your four years of possible state grant eligibility. In many cases, students are eligible to receive the same amount as received from PHEAA for the preceding Spring Term.

Information and applications should be secured in the Admissions Office, Room 214, Multi-Purpose Building (948-6250). You may also wish to apply for a Summer Guaranteed Student Loan or for summer on-campus employment in such departments as Maintenance or the Library. Students who received BEOG in 1980-81, but enrolled for less than three full-time Penn State terms since September 1980, may be eligible also for Summer BEOG.

## News Briefs

### A BAD PRACTICE

The newly constructed Capitol Campus baseball field is near completion and ready for the first home game. It is to be used for **baseball only**. A baseball field is not designed for softball, since the shorter infield distance will cause damage to the infield grass. Members of the baseball team—along with many other people—have worked long and hard to build this field and it should remain in as good a condition as possible for both practice and games. We have two softball fields that can be used for practice. In addition, there are several large open spaces that are more than adequate for softball practice.

### LOCK'EM UP

Students are advised to secure their valuables, such as checkbooks and credit cards, during Easter vacation.

### NEITHER HAIR NOR THERE

Empire Beauty School will be offering free haircuts, facials, and manicures at the Health Fair on May 11 and 12.

Interested students are asked to sign up in the nurse's office after April 17.

### PROVOST'S ADVISORY MEETING

The Spring Term meeting of the Provost's Advisory Committee on Student Welfare will be held at 3:30 p.m. on Wednesday, May 6, 1981, in the Gallery Lounge. Students, faculty, and staff who have items which they would like to have placed on the agenda for this meeting should submit them to Dr. South or Rosanne Rosenberger by Friday, May 1. The meeting is open to all members of the campus community.



THE COUNSELING CENTER STAFF - Dr. Marian Krieger, Mr. Edward S. Beck, and Joanne E. Meinsler.

READER Photo by Harry H. Moyer

## Counseling

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The counselors are not only involved with faculty affairs, however, but are also involved in student events as well. In the past, the counselors have been advisors in clubs, spoken in classes, and they currently keep a regular column in the C.C. Reader. "To make students feel comfortable, we feel we should do more than just sit in our office," explains Marian, "so we go to cultural events and affairs, and try to become involved in the students' lives on campus. That way, people hopefully will view us as interested staff members, and not just as 'shrinks'."

Another important area which the counselors are active in is the community around Capitol Campus. Ed is extensively involved in the community, and sees that involvement as part of his job. "Since we like to have a good referral network to the community, we feel we should know the social services in the community," explains Ed, "That way, if we are unable to help with a problem, we don't give blind referrals. We learn the most qualified off-campus services before recommending them to someone."

An impressive feature of the Center is its Counseling Center Resource Library, which is a collection of over 2,500 current catalogs (1981) of graduate schools in the United States and Canada. These catalogs are valuable time-savers to students who are deciding on a graduate school; rather than sending for these catalogs themselves—a process which may take up to three or four weeks—a student can consult the catalogs on file in the Counseling Center, which may be borrowed for a two-week period.

The Counseling Center also boasts a "Vocational Resource" file, which is updated annually from information gathered from professional societies and from the U.S. Bureau of Labor Statistics. This vocational information aids greatly in the decision making process, and helps students become informed about career opportunities. Since good decisions are based on good information, some students also like to take vocational interest tests. One of these tests, the Strong Campbell Interest Inventory (which is administered at no charge to students) can help students zero in on their occupational interests. Often the Counseling Center staff and the Career Development and Placement Center staff work together to help students make wise decisions on their careers.

Both the Counseling Center Resource Library and the Vocational Resource files are organized and updated by the Center's secretary, Joanne. This task requires much correspondence, and the effort put into it can only be fully appreciated by going in and looking at the enormous collection first-hand.

The Counseling Center has applications and information materials for almost all exams required for graduate school admission, including the Law

School Admission Test (LSAT). In addition, the Graduate Management Administration Test (GMAT) and Graduate Record Exams (GRE) tests will be offered here next year on six separate testing dates (three times each). Previously, these tests were only given at sites off-campus, but last year the counselors arranged to have them given at Capitol. Because of the on-campus testing, the Counseling Center is now officially a test center, which is a tremendous convenience for all involved. "We have had up to 160 testees, and as few as 50 for the GMATs," says Ed, "but the important thing is that we are providing that service; it is available to our students. It doesn't matter how many students register, but the fact that the tests are offered here (Capitol Campus) is what does matter. The availability of the testing, therefore, should motivate students to register who otherwise wouldn't have if they had to travel very far." The Miller Analogy Test, required by some graduate schools, is also offered to students here, but an appointment is necessary to take it. Marian notes that there is a fee for the graduate entrance tests.

Dr. Marian Krieger has been working at the Counseling Center since 1970, and earned her Ph. D. in Counseling at the University of Pittsburgh. She is a licensed psychologist, and likes the small, friendly atmosphere at Capitol Campus.

Mr. Edward S. Beck has been employed at the Counseling Center since 1972. He attended New York University, where he earned his Bachelor and Masters degrees. He resides in Hershey, and is currently working on his Doctorate in Counseling Psychology at the University of Pennsylvania. Ed also likes the atmosphere of a small campus such as Capitol, citing the intra-staff relations as "quite extraordinarily good, and not compartmentalized."

Joanne Meinsler has been the secretary in the Counseling Center since 1976. Before she joined the staff, she was a secretary in the Admissions Office for two years. Joanne enjoys the Capitol Campus environment because of the interaction with students, saying, "It's just like one big family where everybody knows each other."

The counselors are eager to help any student, and urge students not to hesitate to use the Center's services. The Counseling Center's hours are Monday-Friday 8:00 a.m. to 5:00 p.m. Additional evening hours are offered on Monday and Thursday, when the Center is open from 5:30 to 8:00 p.m. The telephone number is 948-6025, and is equipped with a 24-hour answering service. Strict confidentiality is maintained at all times.

So if you have a problem, or just need some help or advice about your future, why not stop in or call the Counseling Center? Help is just around the corner!