

# Financial Aid Update

## Stay-In-School Employment Program

The Navy Ships Parts Control Center in Mechanicsburg has announced that the "Stay-In-School" job program has now been extended to full-time college students. Eligibility is based on family income; normally a student's family must have a gross income of less than \$15,000 or must be eligible for some type of welfare benefits. A variety of work assignments are available in Mechanicsburg to fit eligible students' work experiences and majors. Students who are selected may work up to 20 hours a week during school terms, and up to 40 hours a week on term breaks, at a pay of at least \$4.50 hourly. If you are interested and feel you may qualify financially, please contact Wayne Nelson, Financial Aid Counselor, in Room 214 Multi-Purpose Building (Admissions), 948-6250, as soon as possible.

## Graduate Student Grant-In-Aid Applications Due January 6

A limited number of grants-in-aid will be awarded to full-time Penn State graduate students for the Spring Term

1981. These awards, which normally cover a student's tuition, are based on competitive applications to be filed with the Graduate Fellowship Office at University Park (due date January 6, 1981). Applicants must have completed at least one term of full-time graduate study at Penn State. The selection is based on such factors as academic achievement, faculty references, and financial need to continue full-time graduate study. For full information and applications, see Wayne Nelson, Financial Aid Counselor, in Admissions, Room 214 of the Multi-Purpose Building (948-6250).

## Soroptomist Training Awards Program for Mature Women

December 15 is the deadline for submitting applications for the Soroptomist Training Awards Program (TAP) which provides financial assistance to mature women (preferably 30 years old or over) who are heads of their households or have families dependent on them. The applicants' need and course of study are determining factors in selection, with emphasis on retraining, entry or re-entry into the job market, or

upgrading employment status. Several local Soroptomist Clubs are currently seeking qualified applicants. Call Wayne Nelson, Capitol Campus Financial Aid Counselor, 948-6250 for details. Don't delay.

## Important Notice for Basic Grant Recipients

Among the many changes in the Education Amendments of 1980, signed by President Carter on October 3, was an extension in the number of years that a student can receive a Basic Grant. Previously, the limit was four years (unless the student had been required to take remedial courses when beginning college). The new rule is that students who have not yet received a Bachelor's degree may now be eligible for "the period of time required to complete the first undergraduate course of study being pursued by the students." In other words, **IF YOU HAVE ALREADY RECEIVED BEOG FOR FOUR YEARS, YOU MAY STILL BE ELIGIBLE FOR ADDITIONAL TERMS OF BEOG** (if you do not yet have a Bachelor's degree). Although full regulations have not yet

been received regarding this provision, you should contact Wayne Nelson, Financial Aid Counselor, 948-6250, if this change may affect you.

In general, the Education Amendments of 1980 have consolidated, and in some cases liberalized, the well-established Federal financial aid programs, with new emphasis on the needs of self-supporting students and part-time students. At the present time there is no indication that the recent election will have any negative effect on financial aid, as there has been wide bipartisan support for many of these current aid programs.



## More Health Services

...from page 1

think they can't afford it. Beside the medicines, other items are also free for the students' use, such as a whirlpool, wheelchairs, crutches, an infrared heat lamp, hot water bottles and vaporizers.

According to Mrs. Kresge, some students who are in need of medical treatment are afraid to come in for reasons other than the expense. "Many students are not aware of the services we offer," explains Mrs. Kresge, "but if there is anything wrong, we can help. If we are unable to handle the problem, we will refer the patient to a specialist in the area."

The two nurses have even made trips to the dorms for emergencies in the past, and urge students to seek help for any of their health problems, no matter how small they may seem. "After all," chuckles Mrs. Kresge, "there is no cost, and we're not going to bite them when they come in."

Among the free programs offered by the Health Service are CPR (cardio-pulmonary resuscitation) training classes. The classes are conducted by Mrs. Kresge and Mrs. Petrosino. Both have

passed courses offered by the Heart Association and thus qualify as instructors. Two types of classes are offered at Capitol: a four-hour course (two 2-hour classes) which is a "heart saver" course, and a full eight-hour course (four 2-hour classes). "CPR is a simple and necessary procedure to learn," commented Mrs. Petrosino, "and it is better to learn it while still in school."

Capitol Campus is one of the few campuses that has its own training mannequins -- four of them -- and therefore they are available whenever needed. The mannequins were obtained through a grant from the university, and that facilitates the teaching of the classes. Since a group of at least five or six is needed to make the effort worthwhile, interested students should organize their groups and contact the nurse.

Health Service would also like to have a health fair this spring, and volunteers are needed to help assemble the different booths. Last year was the first year for a health fair here. It was held in the Gallery Lounge and was comprised of displays and demonstrations by 15 organizations such as the Heart Association, Lung Association, Family Planning, the Athletic Depart-

ment and even the Empire Beauty School, which gave students free hair cuts and styling. If you are interested in assisting, you are asked to call before January, when the planning will begin.

The nurses welcome any suggestions for future programs. In the past, films concerning diseases and other afflictions were shown, but poor attendance cancelled them. If enough students express interest, programs such as these can be resurrected.

Also available through the Health Service is a student insurance policy. This policy offers the same basic coverage as other individual policies would, and is much cheaper. Students may obtain brochures on the insurance policy in the Student Affairs Office. Brochures on other pertinent subjects concerning health are available in the Health Services Office.

To register for the health fair or CPR classes, or just to offer suggestions or request information, the number to call is 948-6015.

Don't be shy or afraid to come into the Health Service Office for help. They can save your life -- and teach you how to save others'.

# Yum!

Do you still have your Pizza Hut discount card from orientation? Seven area Pizza Hut restaurants are extending this ten percent discount to Penn State Capitol Campus students. Good for any regular menu items, excluding alcoholic beverages which are prohibited by state law, the discount card is valid through September 30, 1981. Those restaurants participating in this group discount are four in the greater Harrisburg area, one in Mechanicsburg and Camp Hill, and the Middletown Pizza Hut located on Route 230. If you didn't get a card yet, stop in the Student Activities Office in Room W-104 for your special ten percent discount.



## Timely Thanksgiving Tips

Campus Digest News Service

Most of the country's service station operators are upfront straight shooters who will provide excellent service to the interstate or backroad traveler. However, as many students are getting ready to take to the road over the Thanksgiving break, it wouldn't hurt to know, however, how some of the 1 percent operate, and how you can protect your car and your wallet.

The vacation service station rip-off works well for two reasons: (1) We're almost always eager to get on down the road, and (2) Most of us are able to pay for the unneeded services with our credit cards. Enough said. Herewith, some old (and new) stunts to beware of:

1. The short dipstick--attendant doesn't push the dipstick in far enough, then shows your oil to be a quart low. If you buy that, he will either pour in an extra quart, or if you don't get out and check, may just "pour" from an empty can which already had a spout

in it. The latter highwayman is actually the kinder, because overfilling some engines can cause major troubles.

2. The pump overcharge--attendant puts in \$19.00 worth of gas, then tells you that it was \$20.00 or \$21.00. With gas prices out of sight anyway, who will question the cost? Most of us tend to think gas prices are higher when we travel, especially in those stations near the interstate.

3. The bad starter relay--one of the best. While checking under the hood, the attendant quickly switches two wires or unplugs one on this item, and when you try to start, it won't work. Eventually, the relay is found to be "faulty," and you'll be sold a new one. Actually, it's the one off the last car that was scammed.

4. The leaking shock absorber(s)--with or without the use of a hoist, the attendant happens to notice that your shock(s) is leaking oil. The "evidence" is dirty oil streaming down

the side of the shock tube. It was accurately squirted there with a lube oil gun while you were in the biffy.

5. The jerky transmission--if your car has an automatic, you discover that it won't shift into upper gears, or that it makes an audible "CLUNK!" when you stop at the next light.

The attendant is hoping that since you're in a strange town, you'll circle the block and come back for help. While he was under the hood, he disconnected the vacuum line to the transmission modulator valve, and the "repair" can run all the way from a "new" modulator to a "rebuilt" transmission, which will relieve you of a couple hundred bucks and add a night in a motel that wasn't on your itinerary.

6. The dying battery--while under the hood, the attendant drops a portion of an antacid tablet in one of the battery cells. This produces some evil-looking foam which is hard to ignore. He then "analyzes" the battery's condi-

tion with a rigged meter or tester, and pronounces terminal cell damage. You buy another battery. He drains the affected cell, replaces the acid, and shines up your battery to sell to the next victim.

What to do? Indeed, how can you protect yourself from this tiny minority of marauders? It's really very simple--**BE PREPARED:**

1. Before you leave home, have your car thoroughly checked, lubed, and tuned.

2. When you're in a service station watch the underhood service. You can avoid opening the hood if you check fluid levels yourself.

3. If you do have trouble, don't be afraid to get a second opinion. When you go to another station, let the mechanic tell you what's wrong.

5. And last, if you started with a freshly serviced car, the odds of developing real trouble WHILE you're in a station are very, very poor.