



THE PUSHER MAN

Well, not exactly, dutiful instructor is more like it. Our friendly staff of knowledgeable instructors will see to it that your body will "reach new highs" in conditioning and appearance, THE NAUTILUS WAY!!!

Nautilus is the most sophisticated physical conditioning equipment available today! It's designed to take the ~~drudgery and error out of~~ exercise.

And soothing comfort abound in our beautiful spa area that includes a mineral rock sauna, Turkish steam bath, and therapeutic whirlpool.

Call 737-0902 now for your free introductory experience.

Sun & Splash Nautilus Fitness Center

For active men and women who want to look, and feel their best
Conveniently located

at 4800 Old Gettysburg Rd., Camp Hill
Only minutes away from Capitol Campus
Special student memberships are
available for less than \$ 13.00 per month!!

Have you had
MONO

in the last 2 months?

Make **\$50** right now!

If you have or have had mononucleosis in the last 2 months you could receive \$50 each time you donate plasma - for a possible total of \$400 a month!

Call: 232-1901

We are Open Mon. - Thurs. 8:45 a.m. - 7:00 p.m.
Friday 8:45 a.m. - 4:00 p.m.

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240 REILY STREET, HARRISBURG



MASLAND

C. H. MASLAND & SONS OF CARLISLE, PENNA.
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