



If you're in the gym on a Monday night, you may see a group of people in white outfits dominating the mat area. This is the martial arts self-defense class.

The class consists of people who never had a martial arts lesson in their life and ones who've had experience and are brushing up on or maintaining their techniques.

photo by bob foster

Sports Page

B-ball team struggling nine games down

by mike cocciardi

The Caps continued to fall on hard times as they fell to Geneva College this past Monday by a 72-52 score. The Caps managed to stay close in the first half as they left the floor trailing by a mere bucket at 27 - 25. In the second half however, the game slipped away as constant pressure on the boards by Geneva widened the gap and left the Caps behind for good.

Bob Cara and Tyrell Ferrell led the Capitol attack with 14 and 13 points respectively. The team as a whole converted on 10 of 16 attempts from the free throw line for a 60 percent average on the night.

The loss puts the Caps in the midst of a 7

game losing skid. The recent setbacks coming at the hands of York College 83 - 61, Eastern College 97 - 55, and Spring Garden College 82 - 62.

In the recent games Kris Elish has been the Caps offensive leader scoring 16 against York and 17 against Spring Garden. Tyrell Ferrell canned 10 points in the Eastern game and 12 in the Spring Garden contest.

The Caps next home game will be bright with Shenandoah College. Game time is 7:30. Since this article was written, last Thursday, the team lost 2 more games against Roanoke and Messiah Colleges, extending their winless streak to nine.

Rec/Ath tightens rules

There have been some complaints and concerns shown lately due to the usage of the gym and the facilities within. Students have said that outsiders or non-students have been using the basketball court, the raquetball courts and the weight room on the second floor. The weekend seem to be the main time period involved in the concerns. Some of these complaints are legitimate, and others are not, so the C.C. Reader talked to Mr. Bud Smitley on the problem.

According to Mr. Smitley, the students who work at the multi-purpose building have been somewhat lax in their duties of late. Mr. Smitley has already talked to these workers and promises improvement in

the future. All ID's will be checked on incoming persons.

Two more things that Smitley has accomplished is the employing of a guard (patrolman) to work on Saturdays to observe and report on any incidents which may occur. This guard will be on duty for the next two Saturdays to observe and report on any incidents which may occur. This guard will be on duty for the next two Saturdays in an effort to solve any problems with non-students.

It has also been announced that the faculty at Hershey Medical Center and the PSU Alumni will no longer be able to reserve raquetball courts on this campus. This action should alleviate some of the congestion

and confusion concerning the reserving of the raquetball courts.

The Recreation/Athletic Department is plagued with having a very small staff and they are attempting to do as good a job as possible with what they have.

No guards or ID checkers work in the day time, so it is possible for anyone to get into the multi-purpose building by using the side doors or even the front doors without being stopped. The problem is not exactly resolved but it is being worked on.

Students may still bring in a guest to play raquetball and use the other facilities. No guest will be admitted without a registered student with him.

Bowlers

striking hard

by mike cocciardi

The Capitol Campus Varsity Bowling team turned back Bloomsburg State College this past Saturday by a 20 - 5 decision led by the excellent bowling of Jeff Hartman. Hartman's 792 series paced the Pinmen attack. The bowlers now stand at 3 - 3 in league play and now retain sole possession of 3rd place in their league.

The team recently went to a national tournament in Washington D.C. where they placed 14th among 26 teams entered in the competition. The Pinmen opened the tournament promisingly, with a 2593 - 2449 total pin victory over Maryland University. However, they then lost to Glenville State by a 2670 - 2514 margin and then later to P.S.U. Main Campus by a 2771 - 2518 score.

Team Captain Mike Knill was the Caps best bowler for the tournament with single games of 211 and 210. Knill also had the best tournament average for Capitol with a 178.

The tournament was won by Marshall University, followed by P.S.U. Main Campus. These

two squads will compete in sectional play in Cincinnati, Ohio later this month. Rounding out the top five teams were Indiana University of Pa., Bloomsburg State, and Glenville State.

The womens tournament featured 14 teams in competition. The top finishers were P.S.U. Main Campus, Slippery Rock State College, and Shippenburg.

A correction has also been made on the record of the Capitol Bowling team. The Drexel match will be played in Philadelphia as part of a double match, whereas earlier they were recently forfeited to Capitol due to a no-show. The president of the League attributed the Drexel no-show to inclement weather, so the match is not considered a forfeit.

The bowlers will go up against Temple University on Sat. Feb. 10, at Middletown Lanes at 1:00 pm, and then travel to University Park for a rematch against P.S.U. Main Campus.

Intramural Basketball

Intramural basketball got underway last week in the multi-purpose building with games scheduled in the late afternoons and evenings. In recent games, Joint Effort beat WMC Flying Wombats 45 - 33, Voit took the better of *M*A*S*H* 53-28, Miller Brewing Company eased by the Passers 36 - 35 and the Blues Brothers were awarded a forfeit win by the Rays.

Team records stand as follows: Joint Effort 4-0; Brain Stems 3-0; Team Z 3-0; Voit 3-1; WMC Flying Wombats 2-2; Passers, 2-2; Miller Brewing Co. 2-2; Petards 1-2; Red Neck Mothers 1-3; Blues Brothers 1-3; *M*A*S*H* 0-3; and the Rays 0-4.

Athletic training and conditioning for women, Feb. 17 and 24, will expose coaches and other interested persons to the area of athletic training. Main emphasis of this course is to develop an awareness and application of preventive measures in athletics and to introduce injury management.

HAVE A HEART!

