

# Heads Anonymous?

Los Angeles, Calif.—(Intercollegiate Press): Marijuana could become competitive with alcohol as a popular intoxicant, a University of California at Los Angeles pharmacologist forecast here recently.

"It is conceivable that marijuana could become competitive with alcohol, exhibiting many of the same qualities for moderate and excessive use over long periods of time," declared Professor William H. McGlothlin.

"Future patterns of marijuana use will include amounts substantially above those typically observed today, with daily consumption of four to six cigarettes not being uncommon among regular users," he predicted.

"With the availability of the more potent (cannabis) preparations, some individuals will likely consume several times this amount," Professor McGlothlin said. At present the typical, current "marijuana user" in this country probably smokes no more than one cigarette per week, he noted.

"A student who smokes one marijuana cigarette daily would be considered a heavy user by current standards—yet his consumption is only 15 per cent of what is considered moderate in Eastern countries and no more than one of two percent of what is regarded as very heavy use" there, Professor McGlothlin said.

A "significant increase" in the number of persons who daily consume four to six marijuana cigarettes appears likely in the next few years, he added.

"While this level of usage is not generally considered disruptive for the Eastern

countries, it remains to be seen whether the same conclusion will hold in a much more complex Western society. It would not be surprising if some individuals daily consume 40 marijuana cigarettes or more, an amount that greatly exceeds that presently observed in this country."

Four factors contribute to this prediction, he explained: 1) the majority of marijuana users are still in the "experimenter" stage; 2) in comparison with other countries, the doses of marijuana now being used in the U. S. are "quite low"; 3) in spite of earlier conclusions to the contrary, tolerance to cannabis apparently does develop, especially for the more potent preparations; and 4) hashish or other strong preparations are likely to become more available.

"It should not be concluded that a relatively high percentage of future marijuana users will be considered to consume excessive amounts," he declared. "Rather the standards of what is considered light, moderate, and heavy usage are likely to be shifted upward."

"Also, the more potent cannabis preparations will not necessarily replace preference for marijuana among many users, any more than the availability of distilled liquors eliminates the demand for beer and wine."

At present, he concluded, the prevalence of one or more trials of marijuana among students at urban West Coast colleges appears to be around 60 per cent. The rate for urban East Coast schools is slightly less, while those for Midwest and Southern colleges probably are no more than half to two-thirds the West Coast rate.

# NO PNARQUE, ITS THE TARNHELM

As mentioned in last week's CAPITOLIST, a new literary magazine has been established at Capitol Campus. Its name is the TARNHELM and hopefully it will provide means for literary and artistic expression that has not been available at Capitol. The following interview is with John Stack, a member of the editorial board of TARNHELM.

Why was a literary magazine established on campus?

John — Well, last year some students felt a lack of opportunity to express their literary and artistic talents on campus. To rectify this situation, several students decided to resurrect a literary magazine this year.

What does TARNHELM mean and why that name in particular?

John — TARNHELM is German for the "Winged Helmet". We chose the name because we feel that it would symbolize the dynamic quality we hope will be present in the magazine.

How many members do you have and when will you come out with the publication?

John — Every member of the Capitol Campus community is a "member" of the organization. For administrative purposes, there are five editorial board members. The chairman is Gary Wetterhall and the other members are Malcolm Gregory, Karen Hilbert, Tim Rumsey and myself. Out faculty advisors are Mrs. Graham and Dr. Tischler. We hope to come out with the first issue sometime after the beginning of Winter term and have subsequent issues each term.

Is this going to be strictly a poetry magazine?

John — Well, not just poetry. We are also hoping for essays, short stories, and dramas. We also hope to get some art and photography although we may have to wait till spring term to publish these.

Are you going to censor the submitted material?

John — One of the duties of the Editorial Board is to review all submitted material. If three out of five members agree that the material is of some literary value and quality, that same material will be published, uncensored.

When should material be submitted and to whom?

John — Manuscripts should be submitted sometime before November 20. They may be deposited in the Humanities Office (W-161) or given to one of the board members.

We hope ANYONE, students, faculty, or staff, who can write and would like to see their work published, will submit their work for publication in the TARNHELM.

## POET'S CORNER

by Cheryl Boyes

they died  
in a dream of "where am i  
going to's"  
"what for's" and "why's"

that only got answered  
by boredom and sighs  
no reasonn or feelings  
around them to find  
-only the full droning thud  
of tension on their minds  
draining all love for life's  
lusts and joys

they were set their pattern  
standard to follow  
no deviation  
no imagination  
they want to fly  
they...want .to .fly  
in the middle of  
"please, let me die's"

instead  
they sigh  
and question why  
but never cry  
no, they never cry

tears are for the hopeful  
ones.

# Letters to the Editor SISTERHOOD (even at Capitol Campus)

To the Editors and Students:

"Sugar and Spice and Everything Nice, That's What Little Girls are Made Of," and if they keep in their place, this old saying will extend to the time they come to be BIG-cap girls. If they should forget their place, not only will they lose the meaning of this saying, but they'll be cast aside from society. After all, from birth, aren't women supposed to be treated like frail pieces of art?

Women! Did you every think of all the rights you possess? As it stands right now, it wouldn't take much brain power 'cause you dont possess many. (From a man's point of view, that would include rights AND brain power).

Sure, things seem cool here at Capitol Campus. After all, a lot of women on this campus wear jeans, and isn't that a step towards liberation? But holding your rights includes a lot more than an old pair of jeans. Are you really accepted for what you are . . . an individual, a true to life free-thinking individual, or is your brain neglected in favor of your body? How many meaningful relationships here have been developed in contrast to flighty nights in bed? To quote CS&N, "Lover can you talk to me?"

Women's rights are not only suppressed in Middle Class America, they're restrained everywhere, including Capitol Campus, and it's time we got to the core of it. Sisters, let's get together to share ideas, feelings, and experiences of our plight. Let's help each other to begin to realize us, individually and collectively. Come and share with your sisters TODAY at 4 o'clock in the T.V. Lounge. Sisterhood can be powerful, so let's prove it!

Kati LaMonaca  
Becky Emery

## NORGE

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## Faculty Profile:

David Langmeyer

by Bob Bonaker and Mike Welliver

Among this year's new additions to the Faculty of Capitol Campus is Mr. David Langmeyer, a member of the Social Science division.

Mr. Langmeyer, born and raised in Brooklyn, N.Y., earned his B.A. degree from Brooklyn College where he was a General Psychology major. He has since received his M.A. from the University of North Carolina, basing his work in Clinical Psychology. Langmeyer is currently working on his Ph.D.

Mr. Langmeyer, who prefers to be called David, "because Mr. Langmeyer seems rather formal and cold", has had extensive college teaching experience. He has previously taught at Patrick Henry College of the University of Virginia, Frostburg (Md.) State College, and the University of North Carolina before assuming his new position at Capitol Campus.

David has also spent a considerable amount of time in clinical psychology work at a V.A. hospital in Salem, Va., Sommerset (Pa.) State Hospital, and a number of other clinics. "I found my previous clinical work a rewarding experience," he said.

In his new position here he teaches Social Judgement and a Basic Prep course in El. Ed. He



David Langmeyer, Instructor in Psychology and Education.

had this to say about the Basic Prep courses at Capitol:

"It's one of the best teaching prep courses I've seen. I think the El. Ed. majors here have a definite advantage in that they receive twice the student teaching experience of most other colleges."

David's colorful array of interests range from skiing and motorcycling to baking bread and whipping up his own homemade yogurt. He enjoys flying and is a liscensed private pilot. He is also interested in yoga and he enjoys getting

together and meeting people. Those who frequent the campus coffee house might have seen him participating in another of his many interests, playing the banjo.

When asked what he thought of the students at Capitol he said, "I haven't met that many students since I arrived, but those I have come in contact with have been friendly and enjoyable." He added that he particularly likes the atmosphere of the coffee house, where he can meet people on a more personal level. He said he also finds the small town atmosphere of the Middletown area pleasing.

A political activist, he participated in the Civil Rights movement while studying at the University of North Carolina. He was also part of the Free Speech movement at Frostburg State College, and played an active role in antiwar and antipoverty movements. He emphasized that local politics hold the key to reform as opposed to national politics because politics on a local level can do more for the individual. Mr. Langmeyer has no specific philosophy but says, "Enjoy doing things and be comfortable in what you do." And he added, "People should learn to take more control of their own lives."