

SPORTS

TEAM STANDINGS

	W	L
Last Place	11	1
The Hermies	9	3
Dr. Shock	9	3
The Studs	8	4
The Underdogs	8	4
The Sweethearts	6	6
The Team	5	7
DMZ	5	7
The Handicaps	4	8
Team 2	4	8
The Wrecks	3	9
Gino Giants	0	12

FEBRUARY 3, 1971:

Lanes 1 and 2, The Underdogs vs Gino Giants; Lanes 3 and 4, The Sweethearts vs DMZ; Lanes 5 and 6, Last Place vs Team 2; Lanes 7 and 8, The Studs vs The Hermies; Lanes 9 and 10, The Handicaps vs Dr. Shock; and Lanes 11 and 12, The Wrecks vs The Team.

WOMEN:

High Game—Connie Egenrieder, 179; High Triple—Connie Egenrieder, 458; and High Average—Connie Egenrieder, 129.

MEN:

High Game—Doug Gourler, 226; High Triple—Bill Hickman, 582; and High Average—Bill Hickman, 183.

TEAM:

High Game—Last Place, 717; High Triple—Last Place, 1951; and High Average—Last Place, 650.

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Mental Health Careers

Selecting a career field often isn't easy.

Deciding to devote one's life to aiding the mentally ill involves even more serious thought and soul searching.

But several Capitol Campus students have made this decision—thanks, in part, to a work-study program in mental health being conducted in the Harrisburg area.

Thirteen students are enrolled in the project organized through the Mental Health and Mental Retardation Program of Dauphin, Cumberland and Perry Counties.

Several students indicated that the experience has led them to decide on a career in mental health.

In fact, a 1970 Capitol Campus graduate, who participated in a pilot project last year, now serves as coordinator for the program.

To aid students in their career choice, field work is used at Capitol Campus, wherever possible, to supplement formal course.

By taking advantage of the resources of the Harrisburg area as an urban complex and the seat of state government, it has been possible to provide, in many fields of social and governmental study, a practical laboratory of a kind unavailable elsewhere in the state.

The mental health project—supported in the three-county area by a \$40,000 federal grant—involves students from four area colleges in addition to Capitol Campus.

Its goal—in addition to exposing collegians to a work experience in a field that has a manpower shortage—is to provide an incentive for students to stay with the career field after graduation.

Colleen Brett, of Johnstown, is a perfect example of how it should work. As a senior in the Social Science program at Capitol Campus last year, she participated in a pilot project and it led to the job she now holds.

"Participating students have to be interested in the mental

health field and have to be receiving course credit from their college for field experience or independent studies," she explained.

"The student agrees to work 10 full weeks in the summer for a \$700 stipend and 24 10-hour weeks during the school year for a \$360 stipend. But the emphasis is not on providing a job, since the money is very limited.

"The idea is to provide a career incentive for the student and some help for the social service agency. I think it's a fabulous opportunity as a learning experience since you can only get so much out of a textbook."

The participating students are equally enthusiastic about the value of their work-study experience.

Rosemary Bennett, a Social Science senior, has been working with the Basic Service Unit at Holy Spirit Hospital, Camp Hill developing a coding project and drop file system for quicker information retrieval, working with children in play therapy, and attending staff meetings.

"I wanted to work in the mental health area after graduation," she said. "This experience has supported my desire to work in this field. I hope to stay with it, perhaps at this unit, after graduation."

Barbara Hershner, also a Social Science student, has been working in a pilot school for retarded children.

"The experience definitely has affected my career plans," she said, "as I now plan to teach retarded children. I feel this kind of program should be continued. It is very good experience for students and provides an excellent opportunity for students to determine career objectives."

BASEBALL
TEAM

A group of Capitol Campus students have expressed interest in a varsity baseball team. Anyone who is interested, please contact Steve Rosenzweig (Meade Heights) at 944-4892, or Len Onopa (Church Hall) at 944-3051. We must have a certain number of interested players to present our proposal to the school.

HELP WANTED

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Concern, Inc. Consumer Guide ECO-TIPS

What you choose at the store reflects your concern for the quality of our environment.

Phosphate Detergents

The increasing quantity of phosphorous entering our waterways stimulates excess algae growth. When large amounts of algae decay, oxygen necessary for aquatic life is depleted. Pollution results. In a study by the Federal Water Quality Administration, WISK, TREND and DIAPER PURE had substantially the lowest phosphate content out of 23 major presoaks, laundry and automatic dishwasher detergents.

So:

Use WISK, TREND, or DIAPER PURE for laundry, or

Use Soap powder and Washing Soda.

Use much less dishwasher detergent.

Write detergent companies to print analysis of contents on boxes and to eliminate phosphates.

Polyvinyl Chloride (PVC) Containers

The Bureau of Solid Waste Management Director, Mr. Richard Vaughan, says "When packaging containers manufactured of PVC are burned, corrosive gases are formed capable of severely damaging air cleaning devices in incinerators. In addition, if excessive quantities are emitted from the incinerators, damage to plants and buildings may result." PVC is a serious pollutant.

So:

Avoid products in clear, non-rigid, glass-like containers. Some products which frequently are packaged in PVC are:

Shampoos

Hand lotions

Mouthwashes

Cooking Oils

Hair Tonics

Some alcoholic beverages.

Buy these products only in glass containers.

Write companies protesting the use of PVC.

Returnable Bottles

Our nation is facing a garbage and litter crisis. Throw-away containers are among the worst offenders. Returnable bottles are still our best buy: they are cheaper and can be reused.

So: Buy soft drinks and beer in returnable bottles.

Ask your dairy company to use returnable bottles.

Write to companies (i.e. Reynolds and Kaiser Aluminum) commending recycling projects.

Pesticides

Unwise use of pesticides can destroy our environment and threaten man's health. The Rachel Carson Trust for the Living Environment recommends:

Use sprays and dusts only when absolutely necessary.

Use mulches, cultivation, diversity in planting and manures in gardening.

Never Use:

Dieldrin

Endrin

Aldrin

Toxaphene

Heptachlor

DDT

Chlordane

Lindane

Mercury

Lead

Arsenic

Suggested for specific, careful use—Read fine print on label.

Household insects: Dri-Die, Drione, diatomaceous earth.

Household and garden insects: pyrethrum, rotenone (poisonous to fish), ryania, sabadilla (poisonous to bees).

Fungi, rusts, rots, viruses and some insects: Bordeaux mixture (hydrated lime and copper-sulphate), copper-lime mixtures, sulphur, and sulphur-lime mixtures.

Rats: Warfarin (keep secure from other animals).

Never pour pesticides down drains or into streams or lakes.

Take ECO-TIPS with you when shopping. Show it to a friend.

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DANCE TO
THE MUSIC...

of

Frog Hollow Day Camp

Tuesday Night

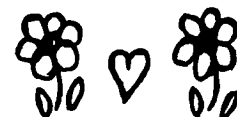
February 16



at the Student Center

POET'S CORNER
CAROLYN

I'm never sure why I need you
until you've gone.
But I hope I learn before
you leave again
because it's hell when you do.

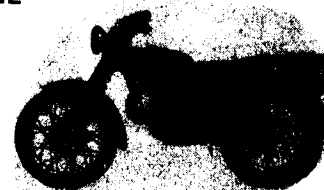
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INTERVIEWS

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February 24, 1971

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