

CLUB REPORTS

Drill Club

by Lori Beals

The Drill Team is honing its skills for upcoming Behrend basketball games where it will present the color guards. The Drill Team is working on marching techniques and on rifle throws and tosses of the M-1903 Springfield rifle. They are also considering the future use of bayonets to give performances an extra "sharpness." Persons interested in joining the Drill Team, are invited to attend the next meeting on at 5:30 pm Nov. 29 in the Glennhill Farmhouse. The Drill Team is open to any full-time Behrend student.

IVCF

by Chuck Egbert

This past Friday evening The Inter Varsity Christian Fellowship (IVCF) group broke away from the confines at campus to the basement coffee house of the Wesley United Methodist Church for entertainment and mugs of mud. Entertainment was provided by individuals and groups from within IVCF.

All events held by IVCF are open to anyone. There is no obligation whatsoever to attend any of these events. For a listing of times and places of events look in the IVCF bulletin board in the Reed Building across from the MAC machine. If you would like to know more about IVCF, drop a note in our mail slot in the student government office with your name and telephone number on it and an IVCF officer will get in touch with you.

Ranger Team

by Tony DeMarco

The Ranger Challenge is a state-wide competition held at Fort Indiantown Gap (Annville, PA) and tests teamwork and military skills developed in the ROTC Rangers program. The top two finishing teams in the event will represent Pennsylvania in the East Coast Competition to be held in March at Ft. Bragg, NC. The Behrend Ranger team was led by Senior Cadet Aaron Higby and consisted of members Age Gavrilis, Andy McConnell, Doug Moorhead, Andy Zimmer, J.B. Hennessey, Matt Kelly, Al Bolkovac, and Kim Stefurak.

The Behrend Ranger team responded to the challenge by finishing the competition eighth out of thirty-two teams. This was the first time that Behrend had moved up in the standings from the first day's competition. The Behrend Rangers defeated the teams of several larger schools such as Pitt, Temple, and University Park. Special congratulations go out to Senior Cadets Aaron Higby and Age Gavrilis.

Behrend Briefs

Self Defense "The Nuts and Bolts of Self Protection" will teach participants how to avoid becoming the victim of violent crime. Police and Safety Officer will present the free workshop on Monday, November 28 at 7 pm in the Reed Lecture Hall.

The workshop, which precedes the film "My Brilliant Career," is geared towards women, but everyone can benefit from learning basic safety tips. For more information, call Police and Safety at 6101.

Poet Todd Moore will read from his acclaimed lyric/epic series "Dillinger" on December 1 at 7:30 pm in the Studio Theatre. Free and open to the public.

Housing "Request for Housing Contract" cards have been mailed to all eligible students for fall 1989 on-campus housing. Students who did not receive one and feel they should have should pick one up in the Housing Office immediately.

Campus Ministry Religion, alive and well, can be found at Behrend. Campus ministers, both Protestant and Catholic, are on hand almost daily. To join in worship, study the Bible, talk over a dilemma, pursue a point of faith, or serve in a needed way, come to Campus Ministry, Reed 128.

Scholarships for Women The Erie branch of AAUW is offering two \$750 scholarships to Erie County women who are re-entry students. Students must have a 3.5 GPA and must be enrolled as a part-time or full-time student in a four-year degree program. Applications are available in the Financial Aid Office, 221 Glennhill. Deadline is January 27, 1989.

Housing Fair '89 This will give students moving to University Park the opportunity to explore living options in University residence halls and off-campus apartment complexes. February 10 and 11, 9 am-3:30 pm in the Hetzel Union Building at University Park.

Flu Vaccines The Health Center has received a limited quantity of flu vaccines. They will be available to students, faculty, and staff throughout the month of November. The fee is \$6 and is billed to the student account as a health service charge.

Work Study Two Intramural Supervisory positions available. Anyone having work study please contact Brett at 898-6280.

Personal Counseling Services Counseling services are available five days a week with Dr. Louanne Barton. Feel free to drop in the office on the second floor of the Glennhill Farmhouse, room 213. Appointments can also be made through the Financial Aid Office in room 221 or by calling 898-6280.

Eating Concerns Support Group The Eating Concerns Support Group will resume weekly meeting at 8 pm in the Health Center. Anyone interested in attending or learning about anorexia, bulimia, or compulsive overeating should contact Patty Pasky at the Health Center, phone 898-6217.

Worship The Blue Bus provides free transportation to these local churches on Sundays for 11 am services: East Erie Assembly of God, Messiah Lutheran, St. James Roman Catholic, Wesleyville Baptist, and Wesley United Methodist. The bus leaves Reed parking lot at 10:15 and returns to Dobbins Hall at 12:30. It will pick up students from Kanty Village at the corner of Cooper and Station Road. Sponsored by Campus Ministry.

Diehl School Adoption Officially Observed

by Steve Decker
Collegian Staff Writer

Behrend's family grew by 350 students last week, but none of them are even old enough to attend high school! Instead of being part of an ordinary college enrollment, these students are a part of the Adopt-A-School program that Behrend College is taking part in.

Behrend College officially adopted Diehl Elementary School in an enthusiastic ceremony held in Diehl School's auditorium on Wednesday, November 16.

The kick-off celebration included performances by the Behrendettes, the Nitany Lion mascot, and the pep band. "Our main goal was to explain to them what adoption is, and to show the children that someone cares," said Mari Trenkle, organizer of the ceremony.

The ceremony also included the exchange of "adoption papers" between Diehl's Principal Phil Rwers and Behrend's Nitany Lion mascot. Diehl also presented a school flag to Behrend as a token of thanks for participation in the project.

The groups present emphasized at the celebration that Adopt-A-School does not mean taking the children home and feeding them. Instead it means that Behrend students will show them the importance of doing well in school by helping them with their homework, or sponsoring an art or essay contest, or just by being there as a friend.

The program, which is sponsored by the Erie School District and the

Erie Chamber of Commerce, hopes to be an ongoing program at Behrend. Trenkle explained that Diehl school children need positive role models, and that there will always be a need for Behrend students and clubs to give this type of encouragement.

"We want to let them be the best they can be," said Trenkle. But this can not happen unless Behrend

students help the cause. At this point, more clubs and individual students are greatly needed.

Behrend clubs can play the role of adopting an individual class or grade. Clubs such as Sigma Theta Chi, Lambda Sigma, Alpha Phi Omega, and Commuter Council already have plans to participate, but more clubs are needed. The clubs involved will work with the teacher and spend time with the kids by helping them with their homework or reading them a story. Clubs could also sponsor contests to promote excitement for education.

The Adopt-A-School program at Behrend also needs the help of students who are not involved with the participating clubs. Individuals are needed for the Penn-State Pal program in which students are assigned a "pal" to correspond with. This would include writing letters of encouragement to the child and visiting him or her at least twice a semester.

"There is no doubt that the children look up to college students," said Trenkle, and the hope is that a personal



A young student preparing one of the many cards and lion faces given to Behrend gets some help from a friend before the ceremony celebrating Behrend's adoption on Diehl Elementary School. (Photo by Audrey Acosta)

correspondence will motivate Diehl students to really be the best they can be.

"They are excited and we have committed ourselves," said Trenkle. "We can't disappoint them!"

Any student or club interested in participating in the Adopt-A-School program should contact John Downey at 898-6111 or 898-6155. Any help would be greatly appreciated.

Future events planned for the Adopt-a-School program include Diehl Night, in which Diehl students and parents will be invited to the Men's and Women's basketball games on January 4 and 11, 1989. A basketball demonstration will also be held at Diehl on January 3. Also, a soccer clinic is being considered for some time in April.

Nurse Joins Health Center

Weiner replaces Mary Jane Hamilton

by Ken Anderson
Collegian Staff Writer

"Health is more than just absence of disease. Total health involves a good mental attitude, sensible eating habits, physical fitness, enough sleep, and being able to adequately deal with feelings. One must try to create a constructive situation in dealing with feelings to keep the mind clear," says Mary-Anne Weiner, a woman who has made a career of helping others take responsibility for their own health and happiness.

Weiner, a registered nurse, joined the Behrend's Health Center staff this fall after teaching nursing at Villa Maria College in Erie for two years.

An Erie native, Weiner graduated from Villa Maria College and earned her master's degree in nursing education from Boston University. After receiving her master's, Weiner worked in emergency medical services for twelve years, and then spent four years at the University of Vermont as an administrator of the health clinic.

Describing herself as "a teacher at heart," Weiner is very interested in wellness and teaching others about it. She's also happy that she gets to do more than just teach while working in the Health Center.

She is able to see the relationship between stress and illness in her position at the Health Center. "The number of students who visit me with a cold or the flu increases during the middle and end of the semester around exam time," she said. During these times students go through a lot of stress and tend to stop taking care of

themselves. All this leads to a depression of the immune system, which opens the door for a variety of illnesses," she explains.

Weiner points out that "a person's own effort in maintaining wellness go a lot further in preventing illness than the health care system." She refers to a study by the University of Wisconsin at Stevens Point on factors that determine a person's health. Percentages represent the degree to which various factors determine good health. Lifestyle: fifty-three percent. Health care system: ten percent. Environment: Twenty-one percent. This includes physical, emotional, and social environments. Genes and body make up: sixteen percent. This includes illnesses in the family like heart disease and diabetes.

"The lifestyle that determines your health includes a lot more than just physical fitness," Weiner says. "Proper nutrition, smoking, seat belt use, and drinking tendencies are among many factors contained in that category. High level wellness is not only being your best but also striving for more. It is a self-actualization process in which goals are set and efforts are made to reach them."

Five years from now, Weiner would like to be in a position to teach health and wellness full time. She would like to remain at Behrend because she really likes the campus and enjoys the students and faculty. "I would like to see a wellness center on campus," she says. This center would be separate from the Health Center and would include a relaxation room, and classrooms to teach relaxation techniques and nutritional counseling.

Making Dreams Come True

By Patty Pasky

There is an organization called "Make Your Dreams Come True." They find people who have special wishes and publicize them. If you're the person who is willing to help make a dream come true, this is for you.

David is an eight year old who has cancer. He wants the world to know he was here, and one way to be remembered is to get into the Guinness Book of World Records.

His goal is to receive and collect the most post cards in the world.

If you want to help David, please send a post card to:

David
1870 Arabian Road
West Palm Beach, Florida
33406

It would be nice to include a cheerful message, or just the words "Good Luck" on your venture. Sign only your first name, and no return address.

Congratulations Offered

The Office of Student Services and members of the Who's Who selection committee would like to congratulate the following students for their selection into "Who's Who Among Students in American Universities and Colleges." This annual honor recognizes students from all over the country for their outstanding academic achievements, cocurricular involvement and community service.

The following students were selected from Penn State-Behrend:

Amy S. Blinn, Lisa A. Butch, Shirley M. Connor, Joye L. Dado, Kathy L. Frederick, James A. Gavrilis, Rosanne D. Grygier, Michael T. Lewis, Linda A. McCarthy, Richard McCartney, Thomas J. McLellan, Robert R. Minford, Wendy L. Noble, Lorraine O'Connor, Lisa A. Proper, Eric J. Rozelle, Craig A. Silvis, Raymond J. Sines, Kimberly A. Stefurak.

Congratulations and best of luck in all your endeavors.

Students Speak Out Against Rape

(CPS) - Still another campus erupted in anger to protest multiple rapes near their school.

About 100 Brown University students gathered Nov. 2, to protest two recent rapes near the Providence, Rhode Island campus and to call for better security for women.

"On campus and in the Providence community as a whole," student Kathy Hathaway told the gathering, which she organized, "there's been so much emotion, but no forum to release the emotion. We wanted to provide that arena."

At the "speak out," about 25

Brown women told about how they have been victimized in the past.

Two Brown women were raped within two weeks in October. Police suspect the same assailant committed both crimes, but have made no arrests yet.

In recent weeks, University of Illinois women have been marching repeatedly to express their frustration about the lack of arrests in a series of 15 rapes on or near their campus since last April.

UI police also suspect one person is responsible.

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The Collegian

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