

STUDENT VOICE

by Vail Weller and Nan Quatchak
Feature Editors

Question: Who do you think will win the presidential primary and why?



Maurica M. George
2nd semester
Psych/Comm

"[Bush] he's drumming up all the support right now. He has the most delegates at the moment. As far as I know he stands on all of the issues that people want to hear about."



Colleen O'Hare
6th semester
Biology

"He's [Bush] the only one who has a chance. I think Bush will win because he's a lot like Reagan and Reagan's doing a good job. I admire him very much."



Tom Alderton
9th semester
B & BS

"George Bush has it all wrapped up for the Republicans. And if it goes past the second round and the Democrat Cuomo is going to take it over Dukakis."

Robert Carlberg
1st semester
Forest Science

"I'm not up to date on it at all. I don't plan to follow it."



Orlando R. Cruz
2nd semester
Int'l Finance

"George Bush is gonna win the Presidential Primary. If Jesse Jackson is the Democratic nominee he's too liberal for the mainstream Democrats and he's still too liberal for mainstream America. So that's why I feel that way about Bush."



photos by Thang Tran

Nurse To Retire

by James Martin
Collegian Editor

Every young person who doesn't feel well, feels as though it's the end of the line. You just have to treat each one as being important at the time, whether it's big or small." For the last 15 years, Behrend nurse Mary Jane Hamilton has done just that. Now after 15 years of service to the school, she is ready to retire.

Mary Jane Hamilton's nursing career began in 1944 after graduating from nursing school in Phillipsburg Pa. World War II was underway, and Mary Jane, like most who were able, enlisted. Hamilton served for two years at Hospitals in France, Manilla and Japan. "At 21, it was real exciting," she recalls.

After the war Hamilton got married and worked as a general duty nurse while her husband attended college, working for a time during the 1950's, at the newly opened Behrend College. The Health Center, incidentally, which served a student body of about 100 occupied the same small office. Following a number of years of general duty nursing, Mary Jane took some time off to raise a family. Twelve years later she found

it difficult to get back into nursing. "It was a different world. I think a person really needed more than six weeks to catch up," she said.

When Mary Jane was ready to return to the work force, a position at Behrend seemed to be an ideal opportunity. She had enjoyed the fast paced work of hospitals but was ready for a change of pace. "I think all young nurses need that life and death type thing, but then after a while you're ready to calm down."

Her days at the health center haven't all been calm ones. Mary Jane recalls the time that a student was preparing to repel from the roof of the Reed Building. Before he got a chance to do any repelling, however, he walked off the roof of the building backwards, breaking a variety of bones on impact. "That was a little scary," Mary Jane admits. "I would get nervous afterwards, but not at the time," she explains. "You can't fall apart while it's happening."

After many years of not falling apart while dealing with emergencies large and small, Mary Jane is ready for retirement. "This has been a great career. I've been lucky to have had it for the past 15 years," she said. It's the students, it seems, whom she will miss most

of all. While many people speak of the corrupted youth of today, Mary Jane takes a different view. "I think young people are getting better all the time," she suggests. "I think they are more conscientious, more interested in preparing for their future...basically I think they are good."

Those who have worked with Mary Jane Hamilton all seem to have a common respect and affection for her. According to Nurse Practitioner Patty Pasky, "Mary Jane has been one of the most dedicated health professionals to this age group that I've ever worked with." Pasky adds, "She is going to be dearly missed because of her compassion and expertise."

Pasky notes that Mary Jane has always been ready to initiate new programs and has never been afraid of making changes. Behrend Police Officer Todd Allan, who has worked extensively with Hamilton on the Health Advisory Board also reflects this view. He notes that Mary Jane has been instrumental in establishing new programs and broadening the scope of the Health Center. "Mary Jane is a doer," he said. "She doesn't even wait for you to ask for help. She offers. We're all going to miss her."

A defense against cancer can be cooked up in your kitchen.

There is evidence that diet and cancer are related. Follow these modifications in your daily diet to reduce chances of getting cancer:

1. Eat more high-fiber foods such as fruits and vegetables and whole-grain cereals.
2. Include dark green and deep yellow fruits and vegetables rich in vitamins A and C.
3. Include cabbage, broccoli, brussels sprouts, kohlrabi and cauliflower.
4. Be moderate in consumption of salt-cured, smoked, and nitrite-cured foods.
5. Cut down on total fat intake from animal sources and fats and oils.
6. Avoid obesity.
7. Be moderate in consumption of alcoholic beverages.



Nurse Mary Jane Hamilton

Photo by Marybeth Zawistoski

Meet the Alumni!



Alumni Career Day

Thursday, April 14th 1:00 -4:30
Erie Hall

Whether You're wondering what Major to choose...
Or you're a junior or senior who's thinking about "life beyond graduation"....
Or you just want to know more about career fields from people who've experienced them...

Come to Penn State Behrend's Alumni Career Day;

1:15 - 2:00 p.m.

"Ethics in the Workplace" a panel discussion--business leaders will discuss issues such as drug testing, labor management relations and opportunities for minorities

2:00 - 4:00 p.m.

"Ask the Alumni" Career Information Tables -- an opportunity to find out what various careers are really like

4:00- 4:30

Interview Skits
The right and the wrong way to do it

Sponsored by the Lion Ambassadors, Career Development and Placement and the Penn State - Behrend Alumni Society