

Generating cash from cans

by Cheryl Nietupski
Collegian Staff Writer

What better way is there for an organization to raise money, conserve energy, make natural resources last longer, and provide a healthier and more attractive environment? Recycle cans!

Aluminum cans are now worth almost two cents apiece or 40 cents per pound, and recycling takes only five percent of current energy processes.

The campus would look a lot nicer if there were no cans left in lobbies, on tables, or anywhere else students leave them.

Save those cans! According to Claudia Brown, from Behrend's Energy Center, "conservatively speaking, recycling can save \$456 a year." This translates into 1300 pounds of recycled aluminum estimated for this year—a small profit, but a great start in helping the economy.

Students from assistant professor Dr. Dean Baldwin's class initially began the ground work for the program last spring with campus surveys. The results showed that recycling efforts, with the help of the student body, would be worthwhile.

In July 1987, the recycling

program was created by the Behrend Energy Center, Alpha Sigma Alpha, and the Veterans Club.

According to Brown, if this program is successful with aluminum cans, the Energy Center will also include cardboard, paper, and glass waste. Recycling materials will benefit everyone with more available jobs, longer lasting natural resources and an improved environment.

Cardboard boxes, used specifically for the cans, have been placed in lobbies of all residential and academic buildings. They are not too-easily missed—about three feet tall and two feet wide, marked

"RECYCLE" with pictures of pop cans on the sides.

All the boxes are emptied regularly and transported to a local recycling plant by the two clubs. The cans will either go to Tol Viro-Tech or Liberty Iron, and the profit will be split among the clubs.

Recycling and its positive effects have become politically popular in many states. New York, for example, made recycling mandatory. The Pennsylvania Senate recently passed a similar measure as New York, but it has not become a law as of yet. Brown believes that all the states within ten years will make this energy saving program a law.



photo by Michelle Schneider

Dr. Archie Loss in his office.

His monograph, *Joyce's Visible Art*, is an in-depth analysis of the works of James Joyce.

E.R. taxi service

by Brent Vernon
Collegian Staff Writer

"I think a lot of time is wasted in a situation with a mild emergency," said Patty Pasko. The recently hired nurse practitioner added that "by the time people find a ride, they could have been at the hospital."

Recognizing the need for transportation service to and from area medical facilities, Pasko implemented the Emergency Room

Taxi service in cooperation with the Eric Cab Company.

The service provides transportation to and from any medical facility in the Erie area to students who need off-campus medical attention but do not need an ambulance.

The program was finalized last semester and is all set to go.

To take advantage of the service, students need an authorized certificate of transportation voucher. The

voucher enables cab fair to be charged directly to the student's Student Account.

Students needing the service need to contact either the University Health Center at ext. 6217 or the Police and Safety Services during weekends, break and off-hours at ext. 6101.

Police and Safety is working in the program to ensure that the service operates continuously.

Eric Cab Co. will accept transportation vouchers whenever called. Pasko is pleased since "it is so difficult to get somebody to take students to medical facilities and bring them back."

According to Pasko, since the company made an agreement, response will be "really good," and "service is prompt, because Eric Cab knows that they will be transporting for medical reasons."

Cab fair will range from \$5 one-way to the Eastway Emergency Center to \$11 to the Hamot Medical Center.

Head of HSS published a second time.

Dr. Archie Loss, head of the Humanities and Social Sciences Division and associate professor of English, recently published the critical essay entitled *W. Somerset Maugham*.

The book traces the personal and private life and art of Maugham, who is one of the most popular writers and dramatists of the 20th century. Loss also critically examines the novel which comes closest to representing Maugham's personal experience, *Of Human Bondage*.

Maugham's work includes *The Moon and Sixpence*, *Cakes and Ale*, and *The Razor's Edge*.

W. Somerset Maugham, is part of the acclaimed "Literature and Life: British Writers" series, which provides authoritative accounts of the writer's lives, works and times.

Notices

The Erie Metropolitan Transit Authority has rescheduled the Route 1 Loop running completely up and down Station Road between Westleyville and Behrend. The 7:15 a.m. and 4 p.m. buses will not run on the following dates:

- Feb. 15
- March 11, 31
- April 1, 4
- May 30.

All questions regarding this change should be directed to either Gerald Nicks in the Student Government Offices at 898-6220 or the EMTA at 452-3515.

Don't miss the chance to interview Dr. Alvin Poussaint, a social activist and script consultant for the "Cosby Show." The associate professor of Psychiatry from Harvard Medical School will arrive at Eric International Airport Mon. Feb. 1 at 4:30 p.m. for a press conference to be held at the airport.

Dr. Poussaint will be speaking at Behrend in the Reed Lecture Hall that evening at 8 p.m. The lecture is free and open to the public.

This semester, Paul Koch joins Penn State-Behrend's faculty as the first instructor in the newly formed Plastics Engineering Technology Program. Formerly a manager of plastic product and processing for the Fasson Division of Avery International, Koch received his baccalaureate degree in Chemical Engineering from the University of Detroit. Other experience includes work in injection molding and coextrusion at Associated Enterprises (a 3M joint venture) and Standard Oil.

English Professor Jim Madison Davis' short story "Hail! The Conquering Hero" has been published in the most recent issue of *Antietam Review*.

Davis has also just signed a contract with Garland Publishing to compile the *Shakespeare Name Dictionary*, a reference book consisting of every historical, literary, mythological and geographic name used in Shakespeare's complete works with information on the names' origins, sources, and possible meanings or thematic overtones. The book is to be completed by Oct. 1989.

Dr. Robert Marande, assistant professor of Physics, will launch his Astronomical Lecture Series Sat. Jan. 30 at 7 p.m. in room 101 of the Behrend Science building. The lecture entitled "An Introduction to the Night Sky and Discussion of Constellation Folklore and Astronomical Objects That Can Be Seen Through Springtime" is free and open to the public. Seating is limited and reservations are required. For reservations or more information call 898-6105.

The Series continues next month when Marande will discuss "Astronomical Photography." Date and time will be announced.

The following establishments have agreed to provide FREE non-alcoholic beverages to anyone over 21 years old presenting Behrend ID and is the designated driver for that evening.

The designated driver is the individual who agrees to abstain from alcohol and be the driver for that particular evening.

This is in effect on Fridays unless otherwise specified by the establishment.

- Brookside Inn, 3431 Station Road
- King's Rook Club, 1921 Peach Street
- Plymouth Tavern, 1109 State Street
- Stadium lounge, 26 E. 26th Street

Join us in our effort to encourage more individuals to "Celebrate Responsibly."

Sponsored by the fund for the improvement of Post Secondary Education, US Department of Education with a grant to the Behrend College Health Advisory Board.

When food is a four letter word.

by Dr. Louanne Barton, Ph. D.

Personal Counselor

Are you preoccupied by concerns about food, weight and body image? Is your attitude toward food getting in the way of other important facets of your life?

Anita Sinicrope, Director of the Pittsburgh Educational Network on Eating Disorders says,

"Most of us do not consider food a drug. From early childhood, we learn that it is 'good for us' and will help us 'grow and be healthy.' We celebrate special occasions and holidays with food. After funerals, we mourn with it. When Johnny falls down and skins his knee, we comfort him with it. But in some of us, our use of food becomes distorted, and we abuse it.

Eating disorders are defined as problems where people use food in much the same way that others use alcohol and drugs. Anorexia, bulimia, and compulsive over-eating are now reaching epidemic proportions in our society and causing profound psychological and physiological distress in our adolescent population. Families suffer, emotions run wild, and the fear of death is a very real threat.

Statistics show that the most common age of incidence is between the ages of 13 and 25. The ratio of females to males is 9:1, and by the time these young people have reached college age, 20 - 25 percent of the females and 5 percent of the males will be engaging in some type of bulimic behavior. Whether it's alternating periods of severe food restriction and bingeing, or purging by the means of self-induced vomiting, laxatives, diuretics, diet pills, or excessive exercising, many students find that after a time they are no longer able to control the behavior and it has become addiction.

There are many reasons, both psychological and biological, why this behavior may become an addiction in some way. The frightening thing, however, is that everyone believes that they will have the ability to stop and, at least initially, that they are engaging in a benign behavior. Often there is praise by family members and friends for the person's ability to stay thin or to lose weight until the cycle has progressed to the point that it has become apparent that something is terribly wrong."

It is important to realize that the eating disorder is a symptom of an underlying psychological problem. One population which is par-

ticularly at risk is the athlete whose sport is concerned with "making weight" such as wrestlers, gymnasts, swimmers and runners.

Left untreated, an eating disorder leads to serious physical complications. These may include:

- High or low blood pressure
- Extreme thinness or obesity
- Malnutrition
- Fatigue
- Depression
- Loss of tooth enamel
- Receding gums
- Swollen glands
- Electrolyte imbalance
- Ruptured esophagus
- Heart damage
- Stroke
- Lack of menstrual periods
- Hyperactivity
- Loss of hair (head)
- Excessive constipation

Here is a simple test to help you to determine if you or a friend may need help with an eating problem. 1. Do you often stuff yourself with a lot of food in a short period of time? 2. Do you often crave and consume large amounts of high calorie or junk foods? 3. Do you hide food, or hide food from others while you're eating? 4. Do you eat until someone interrupts you, you feel abdominal pain, you fall asleep or you start vomiting? 5. Have you ever tried to lose weight by chronic fasting, severely restricted diets (under 900 calories), induced vomiting, laxatives or diuretics? 6. Are you afraid of not being able to stop eating voluntarily. Or have you not been able to stop eating voluntarily. 7. Do you frequently experience depression, guilt or harsh thoughts about yourself after an eating binge?

If you answered "Yes" to any of these questions, you have an eating problem and should look for professional help.

An Eating Concerns Support Group is now being formed on the Behrend campus. The first meeting will be at Student Health Services Thursday Feb. 11 at 8 p.m. Anyone interested in more information about anorexia, bulimia or compulsive over-eating is invited to stop by or call the Health Center at ext. 6281 and ask for Patty. All inquiries are kept confidential.

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Corrections

In following issues, this space will be dedicated towards corrections of articles appearing in the previous issue.

Special thanks to Brian Balog, without whom the News section could not have been completed on time.