

Freshman Corner



photo by M. Beth Zawistoski

by Orlando Cruz
Freshman Senator

It's that time of year again when the ominous "Final Monster" comes crawling out of his cave. He's huge, mean, merciless, and

persistent. With one smack of his huge arm, he can pound you into oblivion. From now until the end of the semester, he will haunt your every waking moment, and just when you think you can escape him by falling asleep, he'll become your worst nightmare. He's indestructible, or so it seems. But is he really? I don't think so. There is a weapon—one weapon—that can destroy this creature. Until next semester. **Studying.** By using this weapon, we can alleviate the effects of this disease Acute Final-phobia. Final-phobia is a very common condition, suffered by all college students. Its symptoms are: stress, anxiety, irritability. Don't worry; it's not permanent, and there is a cure. Here are some remedies, given to me by some seasoned veterans of Final-phobia:

- * Remember - There are only two weeks after Thanksgiving to study.
- * Start reviewing at least one week before finals week.
- * **Time Management** - Remember, there are only so many hours to a day.

Tips for late-night studying

* **QNT** - Quality Nap Time—sleep for one hour, nap for two, rinse and repeat.

* **Caffeine** - lots and lots of it; **Jolt Cola, Mountain Dew, tea, coffee** (preferably Espresso).

* **Snacks** - high sugar for quick energy.

How to alleviate stress (and keep friends)

* Make an agreement to ignore each other when stress gets too much to handle.

* Take a walk in the gorge.

* Listen to music.

* Take a day off to do nothing. Begin early and relax.

* Sing, dance, scream - any form of physical activity.

These are a few things that you can do to help overcome your first college final. But remember, DON'T let finals get the best of you. They do end eventually.

If you have any questions about anything concerning freshmen, please see me or Michael Fekete in the SGA Office Mon., Wed., and Fri. between 11 a.m. and 5 p.m. (Special thanks to all the people who helped me with these tips.)

Warburton takes over the American presidency

by Julie Gustafson
Collegian Staff Writer

Sept. 23, 1987 at 10:30 p.m. a half-hour program, written and co-produced by Behrend's Dr. Terry Warburton, Assistant Professor of Communications, aired on WQLN in Erie. "The American Presidency: a Study in Leadership and Power" sums up the focus of the documentary but by no means covers the significance of the people involved in its production and contents.

The program has been aired throughout Pennsylvania

on the Public Television Network, consequently being aired in neighboring states and Canada. Presently, "The American Presidency..." is being offered to the Public Broadcasting System for nationwide exposure. Its acceptance depends upon its quality and timing in relation to the Constitution's bicentennial year and the Presidential election, of which neither currently poses a problem. The factor that may hinder its national exposure, and the biggest unknown, is PBS' need to fill in half-hour time slots. If PBS chooses not to air the program, individual stations across the country will be offered the documentary as a local program.

Let the games begin

by Pastor Ray
Collegian Staff Writer

Two Inter-Varsity representatives, Jean Duerbeck and Rob Malone, will be presenting general info. and a question and answer session on Teus., Nov. 17th from

12:00 - 1:00 PM in Reed-116. Jean works with Inter-Varsity chapters at Grove City, Slippery Rock, Indiana University of Pa. and West Virginia University; Rob works with the chapter at Carnegie Mellon University.

IVCP is a national Christian organization for college students,

staff and faculty. It is run by students and its three points of emphasis are Evangelism, Discipleship, and Missions. Inter-Varsity students and faculty witness to Jesus Christ as God Incarnate.

All interested are invited to attend.

Police and Safety

by Police and safety

Since we have a relatively safe and crime free environment here at Behrend, we all get complacent and forget to try and protect our property and ourselves. We can help protect ourselves from being crime victims by reducing the opportunity for the criminal.

How can we reduce the opportunity for the criminal to victimize us? First of all, we can keep our dorm, office and lab doors and windows closed and locked when they're not attended, and

keep control of our keys. Next, purses, sweaters, coats, books and other valuables must not be left unattended in any classroom, lab, hallway, restroom, or unlocked office. Even for a minute. Third, don't take a lot of cash with you when you go to class. Fourth, try to go to and from class with a companion, and don't take short cuts. Fifth, at night, walk only in well-lit areas, and if you come to class in a car, park in a well-lit parking lot. Lock your car and take the keys. When you leave, check the front and back seats before you get back into the car.

S.G.A. Minutes



by Holly Lew
Collegian News Editor

* SGA president Matthew Farkas requested that Senator attendance at the weekly meetings increase, or SGA "will take steps to replace them."

* The Adventure Club budget was approved.

* Alicia Gebhart was elected by the Senate into the SGA.

* The Inter Club Council (ICC) is working on a one-day leadership retreat and a Christmas Bazaar in early December.

* The Commuter Council (CC) mailed out its first Commuter Newsletter.

* The International Relations Committee (IRC), headed by Paul Funari, is maintaining correspondence with our sister school in Canada, Erindale.

* John Downey will be teaching a one-credit course next semester called "Student Leadership in the Curriculum." The course will be taught in workshop format.

Club report

Alpha Phi Omega

The Behrend chapter of Alpha Phi Omega (APO), Alpha Beta Nu, inducted its newest pledge class Sat., Nov. 7 in a closed ceremony.

ABN just published its first issue of this year's

newsletter, THE NUSLETTER. ABN hope to publish THE NUSLETTER, providing coverage of past and future APO programs, monthly by editor Larry Laporte, Stan Smith and Traci Thomas.

ROTC

by Calvin Fryling
ROTC Staffperson

Saturday, Nov. 14, 1987 marks the end of the Leadership Labs for the Fall semester. The last Leadership Lab will consist of two parts. One part, the Leadership Reaction Course, will pit the participant's physical and mental abilities against five different tasks. A time limit is imposed to add to the problem of solving the tasks. This part

of the Leadership Lab will take place here and will start around 9 a.m.

The second part, the M-16 Rifle Shoot, will allow cadets an opportunity to fire the Army's main small arms weapon, the M-16 Rifle. This portion of the Leadership Lab will take place at the indoor rifle range located in Lawrence Park. This part will also start around 9 a.m. with the cadets being transported from Behrend to the rifle

range and back. The Rifle Club will be handling the activities at the rifle range.

Along with these activities, additional classes in land navigation and aid will be given. The additional classes have more than just military value; they can also be used in everyday college life.

These activities will provide just a taste of what is in store for the cadets in the future, should they remain in the ROTC program.

Scuba Club

by Mike Dortenzo
Scuba Club member

Two recent dives have taken place. On the first dive, five members of the club ventured into and explored the chilly depths of Lake Pleasant. The divers overall enjoyed the dive but might have wished for warmer water. The second dive was a dive into the lake at the Gospel Hill Golf Course. The two divers, Scuba Club presidents Mike Gannon and Club Sponsor MSG Young, pulled roughly 750 golf balls from the bottom in 45 minutes. Gannon even managed to pull up an old golf club. Could this have been thrown in by a frustrated golfer who lost a ball in the lake? Who really knows? The golf balls recovered on this dive will be sold and the money put towards the club's Florida trip.

We are now finalizing our plans for the Florida trip in January of 1988. Dive sites such as Ginnie Springs and the Itchkatuckee River are a few of the spots that dives are being planned at. Everyone who signed up for the trip can't wait to hit the 72 degree water or dive in the unlimited visibility waters of the clear Florida springs. There is still room for any certified divers over the age of 21 on the trip. Anyone interested should contact MSG Young in the ROTC office as soon as possible.

Fundraisers coming up for the trip include the sale of grapevine wreaths for Christmas and the concession stand at all the home basketball games. The wreaths will be on sale from the 23rd through the 25th.

The Scuba Club welcomes any student who is a certified diver. The club meets at 5:30 every Wednesday on the ROTC office.

Tempus

by Gwen Jones
Collegian Contrib. Writer

For those readers who have no idea what Tempus really is, an explanation is in order. Tempus is Behrend College's very own literary magazine which contains work contributed by Behrend students. The magazine will go on

sale toward the end of the spring semester.

We are now going to begin accepting submissions for Tempus. A student may submit up to three poems and one short story for publication in Tempus. Final decisions concerning the acceptance or rejection of materials will be made in the spring semester. In order to notify students of the decisions, we

request that students include their name, phone number, and box number or address on every submission.

So if you have ever wanted to have some of your work published, now is your chance to shine in Tempus! All submissions may be taken to the RUB desk in the Reed Building.

WBCR

by Jeffrey Catalfamo
WBCR student advisor

The Halloween Dance sponsored by WBCR produced the largest turnout any Behrend Dance has seen. Prizes of \$75, \$25 and four albums were given.

The Radio Club is currently involved in obtaining a faculty advisor—possibly Behrend's new Theater Instructor, Jack Hunter.

WBCR will be sponsoring a toy drive for the needy

children in Erie. The drive will start the week of Nov. 9 and run until finals week. Please bring any toys—used, old, or new—that you would like to donate to the Radio Station Office located on the 2nd floor of the Reed Union Building. Broken toys can also be donated. We will repair all the toys, making them safe and serviceable.

Thank you for your support in making this Christmas a special one for the needy kids in Erie.

For further information, please contact the Radio Station at ext. 6318 or Jeffrey Catalfamo at 899 - 7789.

Yearbook

by Holly Lew
Yearbook Editor

The Yearbook missed its first deadline, but somehow that was to be expected. Fellow students really

aren't giving as much - if any - support as the Yearbook needs. I'm not even going to mention financial support! Except for ROTC. The Yearbook extends deep gratitude to the ROTC for taking out a full

page ad.

The Budget Committee recently reviewed our request, and it looks as if there are only going to be 100 copies published, so if you want a Yearbook, buy it NOW!

The Collegian thanks all clubs for submitting Club Reports and encourages continued contributions. The next Collegian deadline is November 17, by 12 noon.

the Penn State-Behrend Collegian

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