

sports

Niagara basement... a place to get in shape

by Sean Weaver
Collegian Staff Writer

A hush comes over the Behrend campus as the blanket of winter darkness terminates another day of classes. By 8 p.m., most students are strewn across campus quietly studying, sleeping or found in the basement of Niagara Hall moving to the music and stretching to the beat. What? Aerobics, of course! The newest place on campus to get in shape.

What started as a personal workout has now blossomed into public training for the whole cam-

pus. In the fall of 1986, Leslie Hagopian began to work out with a few friends in the basement of the student living quarters of Niagara Hall. The "aerobic gala" gained popularity and beginning this semester has been opened to all students. "The music brought people to investigate and then they started to partake," says Hagopian, who leads the body workout. "They came in groups and continued to come on a regular basis."

Although the event is well advertised across campus, the main reason for its popularity, it seems, is the result of the hard work done. "It will help me get in 'shape' for



Julie Carrick and Charlene Wiwel lead the exercises.

Photo by Holly Lew

the summer," says Shelly Nowak, a regular participant of the event. "It is a really good work out experience." Other students attending the class said that although it was hard at first, they soon adjusted and now enjoy going regularly.

The total group is made up of about two thirds women and one third men. "We get a varied number of participants each evening," says Hagopian, "...on Monday and Wednesday we will get approximately 30 (students) and on Saturdays we will get about 15 (students)."

Aerobics in the basement of Niagara Hall will continue next semester, commented Hagopian, and she hopes to expand as much as its popularity will allow.

So if you find yourself with nothing to do on these designated evenings and would like to use your time to get in shape with a good physical work out—

"Put on your sweats and stretch out your muscles, drop into Niagara and get ready to hustle!"

Dedication doesn't stop at the end of the season

by Angel Papaleo
Collegian Staff Writer

For those of you not affiliated with any type of competitive athletic sport, dedication does not stop when the season ends. The desire to reach the best to your ability exists all year round. The Penn State-Behrend men's soccer team also has this desire. Therefore they continue to play during the off-season to improve their skills and better their performances.

The indoor soccer team here at Behrend trains during the week and competes in three different competitions. The first one was played in a tournament, February 21, in Pittsburgh, Pennsylvania against Alderson Bradas, a team from West Virginia. The Cubs lost this match 8-1. After speaking with their coach, Herb Lauffer, he feels it's due to the fact that the team had difficulty adjusting. "We tried different combinations but we just couldn't get settled," he says. There was a definite lack in leadership which could have helped them play a better game. "They had a hard time adjusting to the size of the arena also," the coach said. After falling behind early in the game, it was too late for them to catch up later.

The second match played that day was against Frostburg State University from Maryland. Unfortunately the team was defeated 3-2. Coach Lauffer explained, "They played much better and showed more poise." The team came back from losing to tie the game but encountered a defensive lapse which led to their loss. "Overall it was a very good match."

"Attitudes and togetherness were impressive," states coach Lauffer. "They really pulled their effort together and began to raise each others' spirits." This paved off as they beat an independent team from Pittsburgh, Squirrel Hill, by 5-0 in the last match. As far as playing is concerned, the guys dominated the field. They scored several well earned goals by teammates Joe Kushon (leading the team with 3 goals) and Mike Cifelli (following with 2 goals), and both Ken Crumb and Mike Smelko (scored 1 goal each). Dave Tittle scored the first goal during this game and they took off from there. "To play indoors and shut out the other team is an unusual feat," states coach Lauffer. It was a nicely earned victory.

The loss of the first tournament disqualified them from the playoffs. But they played Saturday, March 14 against Grove City and again in the beginning of April in Pittsburgh, again at a different facility. If you enjoyed watching them compete in the fall, you'll love this.

Expectations set high

by Sue Holmes
Collegian Sports Editor

The 1987 edition of Penn State-Behrend baseball returned from its southern road trip with a 2-8 record. Coach Mike Bari has set high expectations for a very successful campaign. "I know that our team can go over .500, we are a young team with a lot of talent," said Coach Bari.

Under the direction of first year head coach Mike Bari, the Cubs look to improve over last season's mark of 4 wins 16 losses. The Cubs started off their season on Friday February 27 as they headed for CoCo Beach, Florida, for baseball camp. Once in sunny Florida, the Cubs first opponent was Hobart College from New York. The Cubs had an 11-5 lead, but errors haunted the Cubs and they ended up losing by a 14-11 margin. The Cubs then hit a five game losing

streak, losing to Rochester Institute of Technology, 16-6; Lebanon Valley, 9-5; Hobart College, 9-3; Wayne State, 17-0; and Loras College, 7-3. The bright spots in the spring trip were when the Cubs defeated the Milwaukee School of Engineering, 14-3; and Lebanon Valley, 8-6. Rounding out the trip to Florida, the Cubs lost two hard fought battles to the Rochester Institute of Technology, 8-6, and Rose Hulman 5-3. "The errors killed us," said coach Bari. "We were at a disadvantage in that we have not been able to get outside and get in fielding practice."

The Cubs have been hitting the ball, as Freshman 3rd baseman Scott Spragale batted .333. Freshman Bob Druschel batted .346 and Sophomore Fred Turba is averaging .276 Turba also collected 13 RBI's. Coach Bari commended Scott "The Cub" Ebersol. "Scott had a sore arm all week and he stuck in there and did a fantastic job. He batted .300 and did a great job for us behind the plate."

The Cubs Home opener will be on Saturday, March 28 when they take on Washington and Jefferson at 1 p.m.

Men's baseball schedule

March 28	Washington & Jefferson	Behrend College-1:00
April 1	Grove City	Behrend College-1:00
April 4	Fredonia	Behrend College-1:00
April 7	Mercyhurst	Behrend College-1:00
April 9	Allegheny	Meadville, PA-1:00
April 11	Mt. Union	Behrend College-1:00
April 14	Thiel	Greenville, PA-1:00
April 16	Mercyhurst	Erie, PA-1:00
April 18	Gannon	Behrend College-1:00
April 21	Case Western	Cleveland, OH-1:00
April 23	Malone	Canton, OH-1:00
April 25	Pitt-Bradford	Bradford, PA-1:00
April 26	LaRoche	Pittsburgh, PA-1:00
April 28	Edinboro	Edinboro, PA-1:00
April 30	California, PA	Behrend College-1:00
May 2	John Carroll	Behrend College-1:00
May TBA	Regional Playoffs	TBA
May 29-31	Division III World Series	Marietta, OH

* All games are doubleheaders.

Men's basketball champions

The Five Man Intramural Champions were crowned on February 27. Members of the winning team were from L to R: Ron Thompson, Steve Bataglia, Gary Manuel, Tim Heasley. Back row: Paul Ross, Ed Maser, Pat Hunt.



Photo by Holly Lew

Club Volleyball expects improvement

by Michael Cifelli
Collegian Staff Writer

It's something very familiar with a few Behrend athletic teams-inexperience. That is an obstacle that the men's volleyball team has had to face this season.

According to Dr. Light, the Cub coach, "this year's team is even younger than last year's squad." That's extremely young, considering last year's team had six freshmen on a ten-man roster. Dr. Light went on to comment that, "It's even more difficult when we get to practice only twice a week."

In their first tournament appearance, the Cubs placed ninth out of twelve teams at IUP. Since then, the squad has slipped to a record of 1-5. Dr. Light pointed out that, "We've lost a lot of close games." One instance in which the volleyball team has fallen short was against Pitt. The Cubs dropped three games by identical scores of 15-13. They have also been defeated by Allegheny, twice, as well as IUP and Genessee. Their

bright spot of the season so far has been against St. Francis, in which they scored their only varsity victory.

Players on the squad have found themselves with even more of a challenge due to the fact that the Cubs have lost a lot of depth from last year. One player who has answered the call is Doug Pecora. Dr. Light stated that the sophomore spiker "has improved the best, and has really come on." The coach went on to add, "Doug is a good ball-handler and is setting well. He is doing well all around."

Dr. Light hopes for improvement in the second half of the season. "I'm looking for a pick-up to occur in our upcoming matches." The volleyball team has reason to be optimistic and to look forward to the near future; they're gaining hard-earned experience.

Upcoming Matches
Sunday, March 29 vs. John Carroll-Home-1:00
Saturday, April 4 vs. Slippery Rock-Home-1:00

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