

the campus club report

ROTC

by Thomas Milley
Collegian Staff Writer

Behrend's ROTC Department held its first annual fall awards ceremony on December 5 at 6 p.m.

Behrend's Professor of Military Science, Major McDavid, gave an introductory speech, in which he cautioned everyone to be careful over the holiday season, as he wishes to see everyone's safe return for the spring semester. He then announced that everyone there would get an award, and

urged those people to get more involved in ROTC for the spring semester.

Then awards were given in alphabetical order by academic year beginning with the freshmen. Awards were given for participation in the Ranger Club, Scuba Club, Rifle Team, and Intramural Sports.

Also some special awards were given for participation in other activities: Cadets Grant and Vahey received the Varsity Sports Ribbon. Cadets Alcorn, Buckshaw,

Gebhardt, Hordusky, Kellam, Parker and Witte received the Physical Fitness Award. Cadets Buckshaw, Falletta, Milley, and Wise received the Academic Achievement Ribbon for their performance last spring semester.

The Excellence in Leadership Ribbon was awarded to Senior Cadet Jon Heidt. The Excellence in Staff Ribbon was awarded to Junior Cadet Lawrence Witte. The PMS Ribbon for Military Excellence was awarded to Sophomore Cadet Heidi

Gebhardt. The PMS Ribbon for Meritorious Service was awarded to Junior Cadet Thomas Milley.

Finally, several awards were presented to senior cadets for their superior performance at ROTC Advance Camp. Cadets Gavrilis, Heidt, Sinicki, and Yearwood received certificates for receiving a perfect score on Land Navigation at Advance Camp.

Cadet Michael Gavrilis was awarded a certificate for receiving a perfect score on the Army's Physical Readiness Test at Advance Camp. And lastly, Cadets Gavrilis, Heidt, Miller, and Sinicki received the Distinguished Military Student Award from the First ROTC Region for their efforts and commitments to excellence.

Commuter Council

Want to get involved in Commuter Council? Want a leadership position? Commuter Council is looking for two good people to be President and Vice-President. Contact Jamie in Student Affairs if interested.

Also, for commuter's convenience, Student Programming Council will screen spring semester movies at 8 p.m. instead of 9 p.m. so you can catch the last bus.

Film production club

by Greg Rathbun
Collegian Staff Writer

The Film Production Club is just what it sounds like: it produces films. Since this is its first year on campus it's off to a slow start, as far as making films goes. However, it has recently received grant money so that next semester it will have the equipment to produce its first film. The Film Production Club encourages students interested in media related majors to join our club. It will hold its spring organizational meeting January 21 at 12:00 noon in the Library Conference Room.

Health Services inform about AIDS

What is Aids?

A Acquired: this means a condition which is transmissible and not inherited.

I Immune: The body's defense system which is responsible for fighting disease.

D Deficiency: a breakdown or inability of certain parts of the immune system to function properly, making a person more susceptible to certain diseases.

S Syndrome: this indicates that AIDS is not one specific type of disease, but a collection of possible diseases and symptoms.

Cause: Unknown.

Transmitted by: Sexual contact,

infected hypodermic needles, and blood and blood products.

Who gets AIDS?: Homosexual and bisexual males, intravenous drug abusers, hemophiliacs (bleeders), people who have recently migrated from Haiti.

Symptoms:

Recurrent fever and "night sweats".

Rapid weight loss for no apparent reason.

Swollen lymph glands.

Constant fatigue.

Diarrhea and diminished appetite.

White or unusual spots in the mouth.

Later rare diseases turn into fatal conditions.

Infection control procedures:

Avoid having sex with multiple and anonymous partners, high risk partners and partners who have sex with people at risk.

Do not be an intravenous drug abuser.

Cure: there is no known cure at this time

Facts: You cannot get AIDS by donating blood or plasma.

Chances of contracting AIDS through transfusion is extremely small.

Toll-free AIDS HOT LINE
800-342-AIDS.

Hints for test taking

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terfere with by controlling their breathing."

Another helpful technique is imaging, a directed fantasy.

"You could imagine, in details, a little vacation scene, realizing that it's a place where nothing harmful will happen to you," he says. "In formal training, we would lead up to imaging actually going into the test; first hearing about it, then studying for it, then seeing oneself comfortable while taking it. But if you're working on your own, it's better to build only a relaxing image, because you're too used to reacting to the test images tensely."

With any of the techniques, Kaiser says not to get discouraged.

"It's not going to happen overnight," he says. "On any of these procedures, you've built in a bad habit, so it's going to take some discomfort breaking the habit, because you're not used to doing it."

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Reminder for those attending the England Tour: Deposits will still be accepted at the Division of Humanities and Communications until Friday, Dec. 13.

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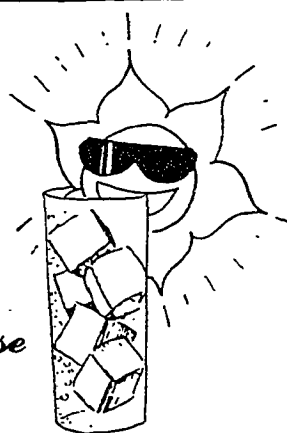
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Division of Police and Safety offers tips on keeping safe and preventing crimes

by Officer Todd Allen
Division of Police and Safety

Crime can happen any place at any time. In this article we will discuss four general self-protection rules that everyone can always keep in mind. The rules are as follows:

- (1) Know how to contact the Police;
- (2) Anyone can be a victim;
- (3) Keep friends and relatives posted as to your whereabouts;
- (4) Victims should report all crimes as soon as possible after they occur.

Next, let's look at each rule:
(1) Know how to contact the Police. The Police Department phone numbers are usually located in the first few pages of the "white pages" of the phonebook. In an extreme emergency, the outside operator will be able to contact the Police if requested. At Behrend, the Police and Safety Depart-

ment is available 24 hours a day, seven days a week. Their emergency phone number is 898-6101.

(2) Anyone can be a victim. Always protect yourself and belongings. Try to keep your doors locked and your keys in your possession. If you can help it, don't walk or travel alone.

(3) Keep friends posted as to your whereabouts. If you are going somewhere, let someone know where you'll be and when you'll be back. If you get delayed and are going to be late returning, notify your friends or relatives so they won't worry.

(4) Victims should report all crimes as soon as possible after they occur. Apprehension rates are higher and facts remembered easier for crimes reported promptly. In addition, if the perpetrator is caught, make sure you prosecute. This is the best way to prevent the criminal from striking again.

The above rules are fairly simple, but are very important to remember at all times. Keep in mind that crime can happen to anyone, any time, any place.