

SPORTS

Quad Games Approach

by Tricia Wood
Collegian Staff Writer

If you will be in Erie from January to August of next year, you might consider giving the athlete in yourself the challenge of competing in the Saint Vincent Health Center's QUAD games.

The QUAD games give people who watch the olympians with a certain amount of reverence-mixed with envy-a chance to become olympic in their own right. The QUAD games consist of a six mile cross-country ski race (Jan. 15 at Elk Valley Golf Course), a 100 yard swim meet (Mar. 11 in Edinboro at McComb Fieldhouse pool), 20 mile bike race (June 10, Fairview Township) and a 6.2-mile run (Dunn Valley Picnic Grounds, McKean on Aug. 12).

Since careful records of all the participants' scores are kept by QUAD officials, it might be the perfect way to settle disputes over which dorm is the best to live in.

Competing dormies could post

scores of their hall or floor, beginning with the January cross-country ski race. Who knows, with ample opportunity and time

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to prepare for cross-country here at Behrend, one of our athletic residents could win the event overall!

Of course, once residence hall participants prove their superiority in cross-country, it would be poor sportsmanship not to give the swim race in March a try as well.

"The focus of the QUAD games is to encourage total fitness and to encourage people to try new sports and activities," says QUAD originator and coordinator Craig Latimer.

Personal satisfaction and dorm superiority are not the only incentives for completing the QUAD games. Special long-sleeved, "California surfing" T-shirts are presented to all those who complete the ski-swim-bike-run events, in addition to trophies awarded to QUAD finishers at the end of the season.

To get registered (\$5 for an individual event, \$15 for all four), call Craig Latimer at Saint Vincent Health Center for more information at 452-5000, ext. 5706.

**There's a 5-day
Skiing Trip to
Smuggler's Notch, Vermont
on Jan. 6-11, 1985**

Only **\$325** includes:

- 5-day lift tickets
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Attend the meeting on Monday, Oct. 29 at 8 p.m. in R117 for further details. There is a \$50 deposit required by Nov. 15. For further information, contact Jan Wilson, Room 15, Erie Hall.

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