

# Between Class Blues

by Margie Reiser

Dutifully, as a first-term freshman, I spent my free time between classes indulging myself in my studies. Once the "honeymoon adjustment period" wore off, I had to utilize all of my resources to develop new ways to occupy my time.

I decided it would be wise to observe upperclassmen and it proved to be very interesting and informative; my results are as follows:

Many students spend much of their free time between classes either sleeping or eating. Even I fell prey to this vicious cycle. The eat/sleep syndrome is known to foster student apathy. A study of laboratory college students warns that excessive sleeping or eating may be hazardous to one's health.

After gorging themselves, many people plop themselves lifelessly into a chair to watch the next, exciting episodes of "The Love Boat" and "The New Price is Right."

The intellectually elite prefer to utilize their time discussing relevant issues of the day, such as, what REALLY went on between Luke and Laura while they were stranded on Miko's island; and what fascinating and intellectually stimulating person will be featured on "That's Incredible."

To conclude, it is the excessive eating/sleeping between classes that can be detrimental to one's physical and mental well-being. The casual snacker and napper poses no real threat to modern society.



## COVE Volunteers

The Council on Volunteers for Erie County (COVE) is in need of students looking for practical work experience as well as personal satisfaction.

Mary Ellen Camp, director of volunteers at COVE, said recently that there are many benefits for student volunteers.

"COVE offers opportunities for work in almost any field. The student can choose the kind of work he wants, name his own hours, and plan his own schedule."

"In return for the time donated," Camp said, "the student receives valuable training, a chance to explore potential careers, references for future jobs, a sense of fulfillment at having helped someone less fortunate, and in many cases college credits."

When asked if he would recommend students to join in volunteer work, Robert Schenker, Records Officer at Behrend College answered, "definitely." Schenker said, "Volunteer offers a learning experience that's different from the classroom. It offers practical experience — gives the student an opportunity to learn about fundraising, management, and social skills."

Schenker said, "Volunteer service provides a change of pace from the academic world and gives a feeling of accomplishment to the student."

When asked if a student could earn credits for volunteer work, Schenker said that credits are given to psychology and political science majors at Behrend who participate in community services.

Almost all departments will give independent study credits for volunteer work that provides a meaningful learning experience. Students wishing to earn such credits should talk to their advisors.

Although it doesn't happen often, volunteer work can sometimes lead to paid employment as it did with Behrend students Chris Papas, Brian Martin, and Peg Martin, all of whom work part-time at agencies funded by United Way.

Anyone interested in finding out more about volunteering should call Mary Ellen Camp at 456-6248. COVE is a division of United Way of Erie County.

**"WE'VE GOT A DATE NOV. 19th."**

"That's when the American Cancer Society asks every smoker in America to give up cigarettes for a day. Give it a try. You might find you can quit forever."

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### Job Interviews

A full slate of interviewing businesses and potential employers is coming up here at Behrend. These interviews are usually held in the Reed Building and some preparation is needed before a student can go to an interview. All preparations should be done well in advance. Here are some of the interviewing employers who will be coming to Behrend in the near future.

- October 19 Internal Revenue All Majors
- October 20 Deluxe Check Printers Management
- October 22 Peace Corps All Majors
- November 3 Investigators Diversified Mangt., Gen. Arts & Sci., Acctg., Acctg., Econ., BA, LAS

- November 11 IBM Acctg., Comm., Ecom., Mangt., Math.

- November 13 Westinghouse: Mechanical Eng. Tech Electrical Eng. Tech

**Classified PERSONALS**

For Sale: Canonet G-111 17 35mm. camera 4 months old with black leatherette case and a roll of color film. All for \$110.00. Call 899-5293.

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OH, NEVER MIND

## Behrend Open House

College-bound students and their parents are invited to learn about the opportunities for an education of quality and excellence by attending Open House at the Behrend College campus of Penn State.

Open House is scheduled for next Sunday afternoon, October 11, from 1 to 4:30 p.m. at Behrend.

A wide variety of programs and

displays will be featured, as well as the opportunity to tour the college campus and facilities.

Behrend faculty and staff will be on hand to discuss all aspects of the numerous academic programs Behrend has to offer. Behrend gives the Erie area student the rare opportunity to earn a respected Penn State degree right here in Erie. Many four year baccalaureate degrees are

offered. Numerous programs will be offered that day. They include: Lie Detection Equipment, Mirror Drawing Equipment, Anthropology Display, Holography and Holograms, Scanning Electron Microscope, Genetic Births Defects Display, Marine Organisms, and Chemistry displays. Truly something for everyone. Also, students are needed to work that day to represent Behrend College. If you can assist, sign up at the Rub desk.