

Do it for love

"Love, I say, is the energy of life."
Robert Browning

To know love is the ideal sense, to have a feeling of what it must be like, can be totally different than feeling that same love as an active force, and sharing that force with someone else. How often have we failed to love by not acting on the impulse to be extra kind to someone? Haven't you

ever gone home thinking about an opportunity you missed by not being ready to love someone when he came along? Or maybe you were unprepared to be loved yourself, and felt awkward when someone showed you extra kindness.

Love is an ideal, an absolute that we all have a picture of in our minds. Yet it is also an active, expressible, powerful emotion that we can give and



take from others. It is real enough to be felt to the heart, great enough to change lives with its blessing. Love is more than a belief, a part of a faith that one follows. It can be recognized and used as a gift of peace, as a great medicine is used to make people well.

This Christmas, make love one of your gifts. Wrap it all around your family and friends. Use yourself to make it visible to

others; they in turn will pass good feelings on to you. Christmas is a special time, a time made special for giving. Think of those you most love, and want to see happy. Then imagine the joy if you could hold them all and tell them you love them. You can do that, you know, it's not that far away. Even if no one catches on, your gift is never wasted. It winds up a special present for someone born on Christmas day.