

## To form a new organization Vegetarians "Meat"

by Amy Snyder  
Collegian Staff Writer

The formation of a vegetarian club is now underway on campus. The purpose of the group is to exchange recipes, discuss ideas, and provide mutual support. At the meeting on Thursday, April 7, meatless lasagna and salad were served with a fruit salad for dessert. How to improve meals for vegetarians living in the dorms was discussed, and it is now possible to order a peanut butter and jelly sandwich any time from Dobbins.

Everyone gave reasons for becoming vegetarians. A major reason was to stop the killing of and cruelty to animals, fish, and birds. Other reasons, concerning health, were to control weight and to stop consumption of harmful additives or preservatives. It was also mentioned that not eating meat is actually healthier because meat contains poisons sent through the animal's body by rage and fear when it sees it is about to be killed. Yet another reason was for religious, spiritual (or meditative), and ecological

purposes, including the starving people in other parts of the world who could eat grain now fed to animals raised for food. And, much money can be saved by not eating meat.

One reason many people have for not giving up meat, fear of losing protein, need not be an issue. Seeds, rice, vegetables, fruits, soy bean products, yeast, yogurt, and other supplements and substitutes are available, containing ample amounts of vitamins and proteins. Others ridicule vegetarians by saying "What about plants? They have feelings too." However, eating fruits and vegetables doesn't require the death of the whole plant.

Many report that not eating "flesh, fish, or fowl" has made them feel better than ever and given them more energy.

At the meeting it was noted that there are three different types of vegetarians. Some just don't eat meat, others don't eat meat or fish, and others won't eat animal related foods such as eggs, milk, and cheese.

Various books and magazines are available on vegetarianism.

These state that people like actress Bernadette Peters, comedian Dick Gregory, Portland Trail Blazer Bill Walton, along with congressmen Andrew Jacobs Jr. and Jim Aboufreak, are vegetarians. Many fashion models also are vegetarians. These publications also tell of soda, alcohol, and coffee habits cured by people who adhere to strict vegetarianism.

It is made clear that even in selection of cheese and eggs, one must be careful. Many cheeses contain rennet and pepsin, enzymes from the gastric secretions of cows and pigs. One should find out whether the eggs come from as free-range chicken or from one raised for commercial egg production, which may have its beak cut off.

These periodicals also contain ads for vegetarian and health-food stores and restaurants and tell where to send for vegetarian products.

People at the meeting have been vegetarians for periods ranging from two months to twenty years. The group meets Thursdays at 11:00 A.M. in the faculty dining room. All interested persons are welcome to attend. You needn't be a vegetarian. It's a good opportunity for learning and sharing views.

# Letters

To the editor:

This past weekend a serious situation was thwarted by John Skoff of 315 Lawrence Hall. John discovered a fire in progress in the "gorge" area known as the Devil's Backbone, and notified Safety and Security. As Brookside Fire Department was already out on a fire call, Ptlm. J. Harrington enlisted the aid of 14 student volunteers, and armed with shovels, rakes and 2 1/2-gallon fire extinguishers proceeded to the scene. Brookside Fire Department had been notified and later responded but not before the "Fire Brigade" of Behrend students had the fire under control. Between the two groups, the fire was completely put out, but not before it had burned several thousand square feet of area.

Further investigation found that the fire had started from unknown person(s) having a campfire. They had left it without fully putting it out.

We want to thank John Skoff for his immediate concern and the direct action he took in this serious incident. Had it not been for his concern, the fire could have very easily gotten out of control.

Along with John, we want to thank the following students for their assistance in putting this fire out: T.C. Kennedy, Rick Nau, Pete Gall, Tom Pillion, George Leslie, Mitch Tantaske, Dan McKay, Joe Manning, Mike Brosie, Don Bremmer, Lynn Boone, Tom Karns and Rick Glessmann.

R. C. Finley  
Asst. Director  
Gene Johnson  
Chief of Security  
John Harrington-Ptlm.

To the editor:

One of the most overlooked features in the study of the American heritage is the influence of the land on our history, our culture, and our character. In this regard, Behrend College will be offering American Studies 200,

An Appreciation of the American Heritage, through Continuing Education this summer. In this course, I will be exploring via a novel, films, poetry, folk songs, and other texts the themes noted here. I would be happy to supply any interested student with a course outline. However, the best recommendation I can think of for this course is the students who enrolled in it this past Winter Term. Al Amoroso, Lyman Dewey, Jodene Furr, Ginny Jendrasiak, Matt Kraut, Pam Panos, Amy Snyder, Fred Troncone, and Brenda Whitesel can give you the student's perspective on American Studies 200. They can attest to the quality of the course far more effectively than I can in this article.

Charles Redenius  
Associate Professor  
of Political Science

Not meaning to distract or hold back a level of constancy that dictates a song to the waves of charm in your eyes. You sit on a blue chair. And your curly locks rest on your forehead.

I sit on a blue chair. And straight cascades cover my shoulders. Your green eyes shift to sift through thoughts behind my green eyes, that gaze as if heaven had reached out a hand and a whisper. And that distraction finally dictates my muttering those three words that reverberate coyly causing some silent feedback. You walk away.

I sit on a blue chair writing a letter as if some utterance, again, could make it better, could make the mistake tired of its existence and dare to disappear. One tear, and a second, stillness. And I've broken the constancy with the courage to heighten it.



## As I See It

by Kurt Cavano  
Executive Editor

There goes the S.U.N. This is not the perversion of the first line of a once popular song, but rather the sad but typical ramification of student apathy at Behrend. The organization known as S.U.N. with an original membership of over 200 people, has faded to a meager handful in less than two months.

I'm unsure as to what exactly caused this sudden lack of interest, especially in something that had such a noble purpose (at least eight weeks ago). It seems to me that one probable cause for discontinuing the S.U.N. program (or at least its membership) is spring fever. Most

students will tell you that they would rather be playing softball than trying to amend a student handbook, especially when they weren't the students that were effected by recent rulings.

This is the typical attitude of a Behrend student, stay interested for a few weeks then move on to something more existing, i.e. beer, suntan, and relaxation.

I only have one thing to say—"don't bitch if you're the next to get 'hosed'."

Now that I have that out of my system, I would like to say that I'm rather upset with the STUDENT FUNDED Behrend Players organization. The

student productions appears, at least to me, to no longer be a student production. Is it right for a student production to hire a professional person to do set design? Is this a student production or is this a student funded production? Where do we draw the line? In the past there has been a non-student cast as the lead performer. To get around this situation the non-student takes a one credit theatre class so that he can qualify as a student. Is this right? How about making the student production a student production, especially when you are using student money!!

**F. Mehler & Son**  
Dry Cleaning & Formal Wear Rental  
4449 Buffalo Road Erie, Pa. 399-2611  
K-Mart East Plaza Students 10% OFF

**FREDDIE FENDER**  
GRAMMY NOMINEE  
DYNAMIC SINGER! EXCITING ENTERTAINER

**ARE YOU READY FOR FREDDIE?**  
HIT AFTER HIT AFTER HIT INCLUDING — "WASTED DAYS & WASTED NIGHTS" — "BEFORE THE NEXT TEARDROP FALLS" — "SECRET LOVE" — "YOU'LL LOSE A GOOD THING" — "LIVING IT DOWN" — "THE RAINS COME" and "SUGAR COATED LOVE"  
**COMING FRI., APR. 29TH AT 8 PM**  
ALL SEATS RESERVED \$6.00 and \$5.00  
TICKETS AT FIELDHOUSE BOX OFFICE - NOON TO 6 P.M. EXCEPT SUN. BOTH RECORD THEATRES - LIBERTY PLAZA AND 10th & STATE AND NATIONAL RECORD MART - MILLCREEK MALL  
**ERIE COUNTY FIELDHOUSE**  
5750 WATTSBURG ROAD - ERIE, PA. 16509

**SENIORS, RESERVE YOUR JOB NOW, AND START AFTER YOU GRADUATE.**

For more information on job openings and Army's Delayed Entry Program, call your local Army recruiter at:  
454-7126

"Join the People Who've Joined the Army"

**Behrend Collegian**  
Member of  
**The Press Association**  
of Commonwealth Campuses

Janet Mazur  
Editor-in-Chief

Larry Leidtke Business Manager  
Kurt Cavano Executive Editor  
David Jordan Photo Editor  
Mary Jo Santilli Entertainment Editor  
Suzanne LeViseur Sports Editor

Executive Secretary Sharon Kochanovich  
Copy Editor: Karen Blum  
Layout Advisor: Gail Peck  
Writers: Colleen Gallagher, Joanne Goldberg, Ann Hamilton, Kris Hartzell, Tom Armstrong, Steve Bishop, Joe Bosadava, Roberta Schultz  
Typists: Rachel Battles  
Photographers: Lynn Boone  
Advisors: Fred D. Crawford, Paul Boxes

Mailing Address - Behrend College, Station Road, Erie, Pa. 16510  
Office - Student Offices, Reed Union Building  
Office Hours: 9:30 a.m. - 4:30 p.m. Monday through Friday  
Phone: 898-1511 Ext. 238

Opinions expressed by the editors and staff of the Behrend Collegian are not necessarily those of the University Administration, faculty, or the student body.

Published every other Thursday throughout the Fall, Winter, and Spring Terms, with exclusions for holidays and term breaks.

**JOHNSTON CAMERAS**  
SPECIALISTS IN EVERYTHING PHOTOGRAPHIC  
459-8177  
Over 20 Years Experience

COMPLETE STOCK INCLUDING DARKROOM SUPPLIES - INSTRUCTIONS BUY - RENT - SELL - TRADE - REPAIR AMATEUR • PROFESSIONAL • INDUSTRIAL TIME PAYMENTS - LAY AWAY

IN HOUSE REPAIR MOST EQUIPMENT:  
BRAUN - VIVITAR LAMPS & BATTERIES  
SOLIGOR - TAMRON DISTRIBUTOR FOR  
ILLFORD - AGFA G.E. - SYLVANIA  
CIBACHROME - FUJI DURACELL  
POLAROID INSTANT PHOTO CENTER

720 SASSAFRAS ST. • Free Parking Behind Our Store •  
MON.-FRI. 9-9 TUES.-WED. 9-6 SAT. 9-5

**Editorial Policy**

The editorials appearing in this newspaper will be opinionated and, therefore, subject to criticism. All letters that are typewritten of 200 words or less and submitted to the newspaper staff will be printed with the exception of those that are repetitious or in poor taste. The staff reserves the right to correct or delete portions of all letters for publication purposes.

All letters must be signed, but names will be withheld upon request. Term standing, major, and hometown must be included. Signed columns represent the view of the author only and do not necessarily reflect the Editorial policy of the Behrend Collegian.