To form a new organization Vegetarians "Meat"

by Amy Snyder Collegian Staff Writer

The formation of a vegetarian club is now underway on campus. The purpose of the group is to exchange recipes, discuss ideas, and provide mutual support. At the meeting on Thursday, April 7, meatless lasagna and salad were served with a fruit salad for dessert. How to improve meals for vegetarians living in the dorms was discussed, and it is now possible to order a peanut butter and jelly sandwich any time from Dobbins.

Everyone gave reasons for becoming vegetarians. A major reason was to stop the killing of and cruelty to animals, fish, and birds. Other reasons, concerning health, were to control weight and to stop consumption of harmful additives or preservatives. It was also mentioned that not eating meat is actually healthier because meat contains poisons sent through the animal's body by rage and fear when it sees it is about to be killed. Yet another reasons were for spiritual religious, meditative), and ecological purposes, including the starving people in other parts of the world who could eat grain now fed to animals raised for food. And, much money can be saved by not eating meat.

One reason many people have for not giving up meat, fear of losing protein, need not be an issue. Seeds, rice, vegetables, fruits, soy bean products, yeast, yogurt, and other supplements and substitutes are available, containing ample amounts of vitamins and proteins. Others ridicule vegetarians by saying "What about plants? They have feelings too." However, eating fruits and vegetables doesn't require the death of the whole

Many report that not eating "flesh, fish, or fowl" has made them feel better than ever and given them more energy.

At the meeting it was noted that there are three different types of vegetarians. Some just don't eat meat, others don't eat meat or fish, and others won't eat animal related foods such as eggs, milk, and cheese.

These state that people like ac-Bernadette Peters, tress comedian Dick Gregory, Por-tland Trail Blazer Bill Walton, along with congressmen Andrew Jacobs Jr. and Jim Abovreak, are vegetarians. Many fashion models also are vegetarians. These publications also tell of soda, alcohol, and coffee habits cured by people who adhere to strict vegetarianism.

It is made clear that even in selection of cheese and eggs, one must be careful. Many cheeses contain rennet and pepsin, enzymes from the gastric secretions of cows and pigs. One should find out whether the eggs come from as free-range chicken or from one raised for commercial egg production, which may have its beak cut off.

These peridoicals also contain ads for vegetarian and healthfood stores and restaurants and tell where to send for vegetarian products.

People at the meeting have been vegetarians for periods ranging from two months to twenty years. The group meets Thursdays at 11:00 A.M. in the faculty dinning room. All interested persons are welcome to attend. You needn't be a vegetarian. It's a good opvarious books and magazines portunity for learning and are available on vegetarianism. sharing views.



As I See It

by Kurt Cavano **Executive Editor**

There goes the S.U.N. This is not the perversion of the first line of a once popular song, but rather the sad but typical ramification of student apathy at Behrend. The organization known as S.U.N. with an original membership of over 200 people, has faded to a meager handfull in less than two months.

I'm unsure as to what exactly caused this sudden lack of interest, especially in something that had such a noble purpose (at least eight weeks ago). It seems to me that one probable cause for discontinuing the S.U.N. program (or at least its membership) is spring fever. Most students will tell you that they would rather be playing softball than trying to amend a student handbook, especially when they weren't the students that were effected by recent rulings.

This is the typical attitude of a Behrend student, stay interested for a few weeks then move on to something more existing, i.e. beer, suntan, and relaxation.

I only have one thing to say— "don't bitch if you're the next to

get 'hosed'."
Now that I have that out of my system, I would like to say that I'm rather upset with the STUDENT FUNDED Behrend Players organization. The

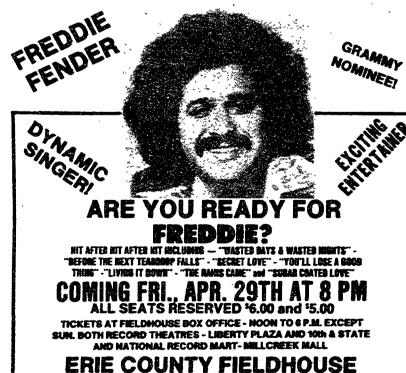
student productions appears, at least to me, to no longer be a student production. Is it right for a student production. Is it right for a student production to hire a professional person to do set design? Is this a student production or is this a student funded production? Where do we draw the line? In the past there has been a non-student cast as the lead performer. To get around this situation the nonstudent takes a one credit theatre class so that he can qualify as a student. Is this right? How about making the student production a student production, especially when you are using student money!!

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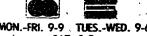
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Letters

To the editor:

This past weekend a serious situation was thwarted by John Skoff of 315 Lawrence Hall. John discovered a fire in progress in the "gorge" area known as the Devil's Backbone, and notified Safety and Security. As Brookside Fire Department was already out on a fire call, Ptlm. J. Harrington enlisted the aid of 14 student volunteers, and armed with shovels, rakes and 21/2gallon fire extinguishers proceeded to the scene. Brookside Fire Department had been notified and later responded but not before the "Fire Brigade" of Behrend students had the fire under control. Between the two groups, the fire was completely put out, but not before it had burned several thousand square feet of area.

Further investigation found that the fire had started from unknown person(s) having a campfire. They had left it without fully putting it out.

We want to thank John Skoff for his immediate concern and the direct action he took in this serious incident. Had it not been for his concern, the fire could have very easily gotten out of control.

Along with John, we want to thank the following students for their assistance in putting this fire out: T.C. Kennedy, Rick Nau, Pete-Gall, Tom Pillion, George Leslie, Mitch Tantaske, Dan McKay, Joe Manning, Mike Brosie, Don Bremmer, Lynn Boone, Tom Karns and Rick Glessmann. R. C. Finley

Asst. Director Gene Johnson Chief of Security John Harrington-Ptlm.

To the editor:

One of the most overlooked features in the study of the American heritage is the influence of the land on our history, our culture, and our character. In this regard, Behrend College will And I've broken the constancy be offering American Studies 200, with the courage to heighten it.

An Appreciation of the American Heritage, through Continuing Education this summer. In this course, I will be exploring via a novel, films, poetry, folk songs, and other texts the themes noted here. I would be happy to supply any interested student with a course outline. However, the best recommendation I can think of for this course is the students who enrolled in it this past Winter Term. Al Amoroso, Lyman Dewey, Jodene Furr, Ginny Jendrasiak, Matt Kraut, Pam Panos, Amy Snyder, Fred Troncone, and Brenda Whitesel can give you the student's perspective on American Studies 200. They can attest to the quality of the course far more effectively than I can in this article.

Charles Redenius Associate Professor of Political Science

Not meaning to distract

or hold back a level of constancy that dictates a song to the waves of charm in your eyes. You sit on a blue chair. And your curly locks rest on your forehead. I sit on a blue chair. And straight cascades cover my shoulders. Your green eyes shift to sift through thoughts behind my green eyes, that gaze as if heaven had reached out a hand and a whisper. And that distraction finally dictates my muttering those three words that reverberate coyly causing some silent feedback. You walk away. I sit on a blue chair writing a letter as if some utterance. again, could make it better, could make the mistake tired of its existence and dare to disappear. One tear, and a second. stillness.

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The editorials appearing in this . or delete portions of all letters for newspaper will be opinionated and therefore subject to criticism. All letters that are typewritten of 200 words or less and submitted to the newspaper staff will be printed with the ex-

publication purposes.

All letters must be signed, but na nes will be withheld pon request. Term standing, major, and hometown must be included.

Signed columns represent the ception of those that are view of the author only and do not repetitious or in poor taste. The necessarily reflect the Editorial staff reserves the right to correct policy of the Behrend Collegian.