

Chow Time! with Matt Haubach

Trojan Turkey
Italian, for her pleasure...

Difficulty 2/5 ★★

Ingredients

2 tbs. olive oil/vegetable oil
1 white onion
1 roma tomato
1 grilled red pepper
spinach (small handful)
1 10" tortilla shell
1/4 lb. ground turkey
parsley (to taste and garnish)
1 tsp. salt
2 tsp. black pepper
1 tbs. basil pesto
1 tbs. parmesan cheese
1/2 cup maranara

Though as much as I love Thanksgiving, I sometimes need to bring some punch to the traditional spread. As with the pies last week, here's a dish that's fairly easy to prepare and ends up winning huge points with family, friends, and the ladies. With this dish remember to cook everything fully. Raw poultry contains salmonella and nobody needs to be getting sick for the holidays.

Prep

-WASH EVERYTHING! (get the point?)
-Dice Onions, tomato, grilled red peppers* and spinach
-Separate turkey from fat/bones (if pre-cooked)
*I grill my red peppers because it brings out the sweetness and flavor of the grill, but it's not necessary.

Cooking

Pre-heat oven - 325 degrees

Turkey (if ground)

Sauté turkey in olive oil (or vegetable oil) over medium-high heat until fully cooked. Season with salt and black pepper.

Marinara

Warm it, a microwave will do.

The mix

In a mixing bowl, combine diced tomato, onion, spinach, red peppers and turkey. Combine well.

The wrap

Lay the tortilla flat and place mixture just below center, closest to you. All of the filling will not fit in one wrap. Either purchase larger wraps, or make two and share. Fold the edge of the tortilla closest to you over the filling, fold in the sides, and then roll the tortilla away from you to form a package (also instructions can usually be found on the back side of the packaging). Place, fold side down, on a baking sheet and spread pesto over the wrap. Sprinkle Parmesan cheese over the pesto. Let bake for 12-15 minutes or until the Parmesan is browned.

Presentation

Spoon marinara onto plate, place wrap in center, drizzle glaze over wrap. Garnish with parsley. Serve. Enjoy.

Enjoy!



Matt Haubach / The Behrend Beacon



Ten For Seven artists days

Lee DeWyze, Live It Up: He's already releasing an album after just winning American Idol's latest season. The greatest thing that can be said about American Idol is that it keeps music alive, and if you're a fan of the show and Lee DeWyze, I'm sure you won't be disappointed.

A Day to Remember, What Separates You From Me: From Victory records, came their groundbreaking "pop-core" debut, For Those Who Have Heart, followed Homesick in 2008. Now, they issue their junior album, and they've only gotten heavier.

Loreena McKennitt, The Wind That Shakes the Barley: It's not often you hear celtic music done so well. Often times, celtic music rings the same regardless of the artist, but McKennitt drafts her own original sound, mixing celtic stylings with African beats. It's truly a peaceful experience.

Glee

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Many of the jokes, especially those of Sue Sylvester, are often biting remarks that appeal greatly to adult audiences.

A TV comedy's first season is crucial. Although *Glee* shines in its musical and comedic aspects, there are a few places in which the program falters as well. Shifting tone has been a major issue which critics have pointed out countless times.

Since *Glee* is a comedy with dramatic appeal, viewers expect to see episodes that have serious and emotional content, but in the first season, *Glee* was almost too blunt in the way serious issues were portrayed, such as in the episode "Wheels" which focused mainly on the handicapped character Artie. Other, often awkward subplots include Kurt and his struggle with his sexuality, as well as Sue's involvement with a young girl with Down syndrome going out for Sue's cheerleading squad. Though these story lines worked well to reveal certain aspects of the characters, these scenes may have been more powerful if they had been integrated as a larger part of the plot line. This does not mean that *Glee* was unsuccessful when it came to drama. There are multiple tear-jerking scenes, such as one particular episode in which the bond between Kurt and his father is the main focus.

Season two, though not yet finished, has been equally if not more successful than the first season. Much of *Glee*'s hilarious character lines, over-the-top dance numbers, and fantasy sequences still remain. The group has moved on to cover more risqué artists, such as in the episode "Britney/Brittany," an entire episode dedicated to Britney Spears song and dance numbers. The *Glee* club also performed numbers from the *Rocky Horror Picture Show*, a move adored by fans of *Glee* as well as *Rocky Horror*. However, this season has not been as well-praised as season one when it comes to plot. There seems to be a stagey quality that was not present in the first season. To start off season two, there is a particular scene in which Will helps Finn to 'find himself' by walking him to the auditorium where there is a band waiting anxiously to play his musical number. Also, despite the fact that the *Glee* club has won sectionals, there seems to have been no recognition for their achievements whatsoever, leaving the audience to wonder, is the *Glee* club ever going to be known for anything other than being a group of losers? The abundance of musical numbers for the second season has also been a complaint voiced by fol-

Don Omar, Meet the Orphans: a really big name in reggae right now is this Puerto-Rican artist. Ever since his platinum debut in 2005, King of Kings, he's uncontroled in his latin stylings. This new compilation of songs featuring others in the latin pop community, is faster-paced and catchier.

Rihanna, Loud: the pop queen releases her fifth album with several highly-awaited tracks, including the second installment of "Love the Way You Lie" with Eminem. She also does a cover of "Raining Men" featuring Nicki Minaj that I thought was a fresh sound.

Shuteye Unison, Our Future Selves: ambient California rock strikes again for all those who can't surf again. Their progressive drum patterns and smooth bass lines are enough to put you in that "shuteye" state of mind. Truly some new sounds formed from members in The Rum Diary.

Josh Groban, Illuminations: finally the young piano superstar adds in some guitar and even some African drum beats to round out his sound. He stands firm in the classical genre and with the inclusion of a few tracks in Portugese, he seems to be always challenging himself. This should be a good pick.

Jonquil, One Hundred Suns: reminiscent of combining Simon and Garfunkel with Modest Mouse, Jonquil is an emerging English rock group. Whistle Blows is the single, and holds itself well in growing Indie scene. I'm anxious to hear what these guys are coming up with.

Glee (television cast), Last Christmas: the amazingly popular fox musical series featuring some amazing voice talent got together to release a Christmas album. A part of me hopes that Jane Lynch makes an appearance, but either way, this album's a good way to start off the holidays

Flatfoot 56, Black Thorn: the amazingly popular fox musical series featuring some amazing voice talent got together to release a Christmas album. A part of me hopes that Jane Lynch makes an appearance, but either way, this album's a good way to start off the holidays.



http://www.onlinemoneymatters.net/

lowers of *Glee*. Even for someone who loves musical numbers, the second season of *Glee* is going a bit overboard. In certain episodes, three songs go by within the first 20 minutes, a bit overkill. Not to say that they are poorly done; the quality of fun still resides in every performance. But it's a bit unnecessary to bombard the audience with music within the first few minutes, especially if you are interested in the plot line as well.

Despite minor difficulties with tone, the first season of *Glee* was a major success. The musical acts were well choreographed, fun to watch, and easy to sing along with. The *Glee* club performed songs from such artists as Journey, Rihanna, Lily Allen, Queen, and Madonna, appealing to a vast demographic. Though there are minor problems with plot the second season has been equally successful. The episodes overall have been very enjoyable to watch, and the show has not lost its quality of entertainment. In season two, the *Glee* club has performed songs by artists such as Alicia Keys, Lady Gaga, Britney Spears, Paramore, Billy Joel, Bob Marley, and Katy Perry. Overall, *Glee* has become a musical phenomenon, a program that all age groups can sing along with and enjoy.

Behrend Choir to present two concerts

CLAIRE BEVEVINO
assistant culture editor

For those who enjoy holiday music, the Penn State Behrend Concert Choir and Chamber Singers are putting on a show this upcoming December. Both choirs will be doing a double performance of Benjamin Britten's "Saint Nicolas Cantata", also known as "The Story of Saint Nicolas: A Holiday Concert."

Of the numerous holiday concerts, the "Saint Nicolas Cantata" will be the main event, which takes place on Dec. 2 at 8 p.m. in the Larry and Kathryn Smith Chapel and again on Dec. 5 at 3 p.m. at Mount Saint Benedict Monastery.

"Saint Nicolas Cantata" is a modern work that narrates the birth, life, and canonization of the real Saint Nicolas, who is the inspiration for Santa Clause." Dr. Bishop, director of choral ensembles & lecturer in music, and goes on further to explain that the 'Saint Nicolas Cantata' is "charming, but not often performed because of the tonal language and rhythmic complexity of Britten's style, and because of the dramatic demands he places on the voices and accompanying instruments. I think it's worth the effort because of its beautiful melodies, poignant moments, and humorous scenes, especially when younger voices are involved."

This piece especially caught Bishop's eye because of these unique qualities. "It's off the beaten path in terms of holiday music," Bishop said.

Unlike most concerts, there is the use of a small orchestra, as well as multiple parts for soprano boys.

Among the numerous characters in the "Saint Nicolas Cantata," Brent Weber, an assistant professor of music at Mercyhurst College, will be taking on the role of Saint Nicolas himself. Another leading voice in the "Saint Nicolas Cantata", Young Nicolas, will be sung by Jacob Miaczynski. In addition, Joey Cox and David Capan will sing in the other leading boy's roles. Miaczynski, Cox, and Capan are also involved in the Young People's Chorus of Erie.

Joining the Penn State choirs is a great way to get involved on campus, Bishop said.

"We are definitely a tight community that has grown in skill, interest, and numbers. Though it takes commitment, it is an opportunity for people to collaborate, making the excellence of a project a priority."

For anyone interested in participating in choir for next semester, the Penn State Behrend Concert Choir is a large choral ensemble open to all students at Penn State Behrend via audition. The Chamber Singers, an ensemble of 25 voices for more experienced vocalists, is also open to any student who would like to audition. Students participating in either choir will also be able to enroll for one Arts credit per semester, repeatable to the maximum of eight credits. New members are accepted at the beginning of each semester.