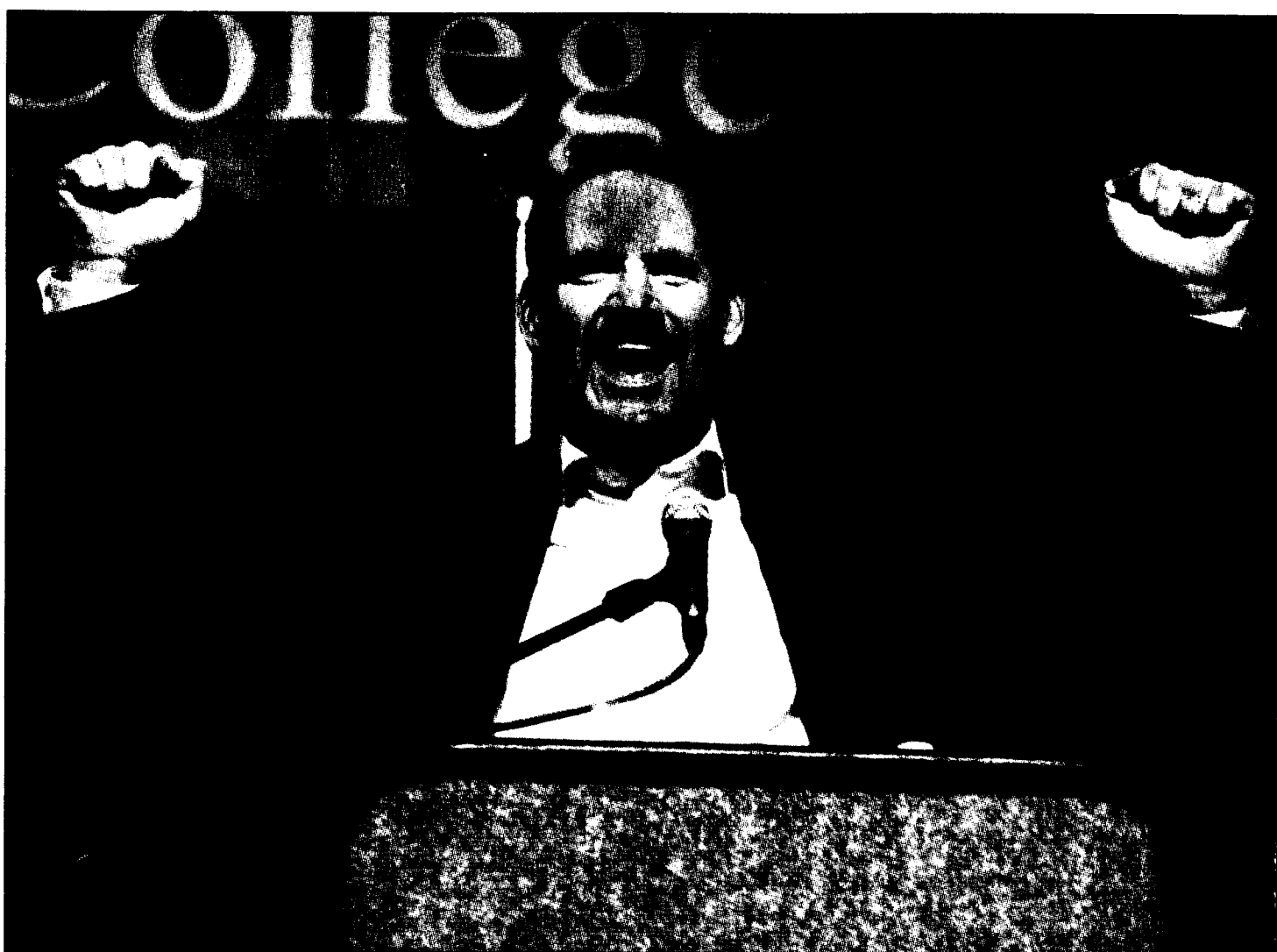


FRIDAY, SEPTEMBER 24, 2010

## BILL'S BOTTOM LINE

- Went to post season 10 seasons.
- Appeared in six AFC Championship games.
- Two super bowl appearances and one super bowl victory in 2005 with the Steelers.
- Holds 9th longest all time consecutive years as a head coach record (15 years with Steelers).
- Has all time record of 149-90-1 in the regular season and 161-99-1 including the playoffs



Bill Cowher closes his speech in Junker center. He was the head coach for the Pittsburgh Steelers for 15 consecutive years.

## CROSS COUNTRY Behrend holds meet last weekend, women take second

SEAN NEELY  
senior reporter

The men's and women's cross-country teams, once again, had successful results at their annual invitational on the weekend of Sept. 18. "Great potential" seems to be the motto for Behrend's cross-country program, but the proof is in the numbers.

Here is where the numbers show; with their combined efforts, both the men's and women's team were able to place in the top five out of a respective 18 teams.

Looking back on last year, the men finished third place out of 15 teams, and would look to repeat their success this year. Of course, they would do just that.

The competition at this year's invitational was full of nationally ranked teams, including Mount Union (finishing with a 27:12 average time), and Case Western Reserve, who averaged a time of 28:14.

For the men, they were able to stay with the pack, finishing with an average time of 28:22.

Staying on topic with the men's team, Dennis Lydon led the way with a time of 27:43. This would earn Lydon the title of AMCC Runner of the Week.

Keep in mind that Lydon is a freshman runner. Senior runner Justin Dipenti had good things to say about his freshmen teammates. "We have some really good freshman that are becoming good contributors that will hopefully replace our seniors and make us a lot better than before," said Dipenti.

However, let's not forget Lydon's cast and supporting runners, or "surrounding contributors," as Dipenti puts it. For example, Danny Mello (28:04)

see Behrend on page 10



Daniel Smith / Behrend Beacon  
Senior captain Justin DiPenti holds the 1500 meter school record.

# Bill Cowher captivates crowd

ELESE MERKOVSKY  
sports editor

At a small personal dinner, Bill Cowher shared stories and jokes with students and faculty who were given the special opportunity to get personal with this hometown hero.

Cowher was the first to speak at this year's speaker series, and Behrend delivered to a crowd full of dedicated fans in the Junker Center after gracing his presence at the Logan Carriage House for the dinner in his honor.

Cowher made his place in history after 15 years as the Steelers head coach. He played in the NFL for five years coached for seven years as an assistant, until one January morning he received the call from Mr. Rooney asking him to be the head coach for the Steelers, at the ripe age of 34.

"I laid in bed with my wife that night and said, if I don't screw this up, I can go back in three years to my 20th high school reunion as the

**"I will never regret quitting as head coach even as people predicted Pittsburgh to win more championships."**

Bill Cowher  
former Steelers coach

Steelers head coach," Coach Cowher recounted over dinner.

Cowher grew up in Pittsburgh and knew he had big shoes to fill

in a town where football is religion. Cowher sure did his part and made Steeler football a powerhouse. During in his 15 seasons with the Steelers he led them to ten post seasons, six AFC championship games, two Superbowl appearances, and finally in his last season, he brought home the Superbowl trophy. But when asked, Coach Cowher does not pick one of these games as the best moment of coaching.

"I wouldn't consider any of these moments as the best moment of coaching," said Cowher. "There is no one specific moment, but a series of moment that make the journey. It's the ups and downs and seeing everything come together that makes it worthwhile."

Besides a decorated coach and player, Cowher works as a talented articulate speaker, and a loving father. His three daughters are a

large part of his life, and watching them grow is a priority.

"I will never regret quitting as head coach, even though people predicted Pittsburgh to win more championships," Cowher said. "But there is nothing more precious than watching your children grow. I would never want to miss that chance, and I did what was best for my family."

Cowher is one familiar to loss, as his wife passed away from her battle with skin cancer this summer. Kaye was 54, and the whole family was devastated by her loss. It was the elephant in the room during dinner, but Cowher eloquently put it in a way that eased everyone's minds.

"It is important to cherish every day, and I am living with that

see Steelers on page 10

## ATHLETE OF THE WEEK

# Robosh scores three goals in two games



psblions.com  
Junior Glennis Robash has been playing 11 years.

ALEC ITALIANO  
sports editor

Junior Glennis Robash was named the Enterprise Rent-A-Car athlete of the week this week after she scored three goals and added an assist as the women's soccer team won both their games last week.

One win included a high scoring 4-3 win over Mt. Union and a 1-0 nothing win against Westminster Saturday. Robash was the hero in the Westminster game as she netted the game-winning goal late in the second half. She was the main piston in the offensive production during the Mt. Union game, scoring two of the four goals in the game. This was necessary after a disappointing weekend in Fredonia.

"This award means alot to me because I was able to help my team to have a winning week of games," said Robash. "All of us work extremely hard on the field and I am happy that I was able to come through for my team."

Robash was a well-accomplished player even before college as she was a four-year letterman at Mars Area School District. She was a two-year member of the PA West ODP team, which was a traveling soccer club for top high school soccer athletes. Her senior year in high school, she was the team captain and was named to the All-Section team.

"What I miss most about high school soccer

see Athlete of the week on page 10

## PSU FOOTBALL

# Kent State boosts morale in Happy Valley

CODY BUYP  
staff writer

A quick start and a feisty defense was key for the #23 Penn State Nittany Lions in defeating the Kent State Golden Flashes last Saturday 24-0 at Beaver Stadium.

This marked career win number 396 for Joe Paterno, now just four wins away from the 400 win

milestone. On a crisp fall day in Happy Valley we saw for the first time a defense that was ready to make a statement after the romping of Alabama a week before. The team is starting to show signs of that familiar Penn State football we are used to.

Right off the bat the Nittany Lions defense gave the fans something to cheer about, with the inter-

ception by D'Anton Lynn on the third play of the game. This was the long waited turnover fans have Finally, everyone saw the defense that is accustom to Penn State football.

With a turnover on offense, the defense came out and forced a three and out or turnover of their own.

Junior defensive lineman Devon Still said in the

postgame, "It's a big lift knowing we can stop something like that. We want to get the ball into our offense's hands as much as possible so they can build that score up as much as they can so we can just have fun playing football."

Right before the half, redshirt Freshman Derrick Thomas came up with a big interception in Penn State territory killing any chance

of points for Kent State. The defensive line finally got the pressure they have been looking for. It was thought that Ollie Ogbu and Devon Still played outstanding up the middle and were the reason that Penn State held yet another team and rusher under 100 yards rushing for a game. The linebackers are slowly im-

see PSU Football on page 10

## Behrend Bottom Line

### MEN'S SOCCER

John Carroll University defeated Behrend last Tuesday 4-3 in a double overtime affair at the Behrend Fields

### WOMEN'S TENNIS

The Lady Lions shut out visiting Pitt-Greensburg in AMCC action Tuesday

### CROSS COUNTRY

Freshman Denis Lydon was named AMCC runner of the week after his performance at the Behrend Invitational last week