

MY VOICE

# Holmes' trade hoses Steelers fans

The nightmare of an offseason got a whole lot worse for Pittsburgh Steelers fans, as star wide receiver Santonio Holmes, Super Bowl XLIII MVP, was traded to the New York Jets late Sunday night.

Fans of the Steelers were left questioning the situation, specifically trading Holmes for only a fifth round selection in next week's NFL Draft.

However, it doesn't take Holmes (Sherlock) to see what the Steelers' motive for trading Holmes was. They were sick of his attitude, and wanted him gone.

But for a fifth round pick?

On paper, it looks like the Steelers got taken like a number at the deli line, and they did. However, the Steelers personnel felt it was a necessary move based on the circumstances.

The circumstances: that is where things get interesting. The circumstances surrounding the Steelers have been the dominant source of news in the past few weeks, specifically the Ben Roethlisberger charges which were eventually

dropped. Holmes has also been under fire for an incident at a nightclub.

There are a lot of people you can put the blame on for this trade.

Obviously, you can blame Holmes for his off-the-field troubles, including his usage of marijuana (on Twitter he talked about "waking and baking.")

You could also blame the Rooneys for being rash in their move of Holmes when they could have waited longer for better value or let him become a free agent after this season.

Though both candidates probably deserve a lot of the blame, there is another person I would like to bring up as being responsible for the trade of Holmes: Ben Roethlisberger.

While it may seem implausible that the Steelers quarterback could have sealed the fate of Holmes, it's possible that he did just that.

With his second accusation of some form of sexual misconduct, the Steelers brass had to be growing increasingly frustrated.

Coupled with Holmes' nightclub incident, the Steelers had likely seen enough.

But why would the Steelers punish their \$100 million quarterback and trade him away?

It's exactly why Santonio Holmes became the scapegoat for the situation. When choosing between a quarterback and a wide receiver, the quarterback will almost always win out, even if they were accused of a worse crime, like Roethlis-

berger was.

This trade has put the Steelers in an interesting predicament for the upcoming NFL Draft and for any acquisition in the future.

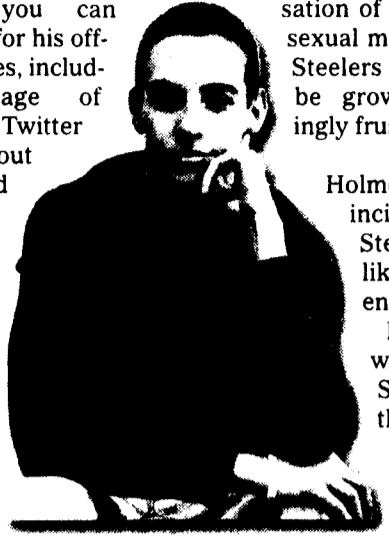
If the Steelers acquire someone who has so much as a parking ticket, they look hypocritical. If they are truly done with putting up with character issues, they need to go after "good guys."

If they choose to select a wide receiver in the draft, there are several that could go in the first two rounds who don't have character issues: Golden Tate from Notre Dame, Arrelious Benn from Illinois, and Demaryius Thomas from Georgia Tech.

As for Holmes, although he seemed surprised by the trade, he seems to have gotten over it fairly quickly.

After all, on his Twitter page, he wrote "J-E-T-S, Jets Jets Jets."

For Steelers fans, they are left chanting a few slightly different four letter words, none of which are printable.



BRANDON BOYD  
senior writer

## Letters to the Editor

Send us a letter at [opinion@psu.edu](mailto:opinion@psu.edu)  
Submissions must be shorter than 350 words.  
All submissions will be printed as written.

### REBUTTLE TO REP. SONNEY'S STATEMENT

I attended Rep. Curt Sonney's townhall meeting in Wesleyville on Tuesday, April 13th. When asked the question, If you were the Governor, what would you cut from the budget, Rep. Sonney immediately answered, I would cut 20% from Universities and Colleges even Penn State which is in my district.

He does not seem to understand the total impact this would be on the students and the college. He never even hesitated in his response. This is a serious concern for me.

CATHI ZELAZNY

Chairwoman, The County Democratic Party

### MY VOICE

# The unofficial rules of concert etiquette

Do you know *that* guy? That really obnoxious guy, who ruins every potentially awesome occasion?

Don't be *that* guy.

That being said, sometimes it's tough to not be him.

We do it subconsciously, slowly pissing off the innocent bystanders around us. It happens most frequently when we get caught up in super cool events, like concerts, and with the Goo Goo Dolls coming to Behrend, it will be easy to be *that* guy.

Here are a few instructions to not be him/her:

#### 1. Use antiperspirants.

When you are packed together tighter than a hipster's jeans, it's really easy to get super personal with the person right next to you. Now, we all get sweaty now and then, but there's a serious difference between uncomfortably moist and full-on swamp ass.

Apply deodorant, wear cologne or frolic in a rose garden. I don't care what you have to do; just try to not to knock out your fellow concert goers with your funk.

#### 2. Don't wear improper clothes and complain about it.

You will be standing shoulder to shoulder with hundreds of people. It will get hot, and you will be stepped on (a lot).

Unless you want to loose your flip-flops (along with a pint of blood and seven toe nails), wear close-toed shoes. You will regret it if you don't.

#### 3. Don't wear a shirt of the band you are seeing.

I understand that you want to express how much you like the band, but this is just redundant. It's obvious that you like the

band, since you are shelling out the cash to attend their show. I understand that you are super-psyched, but have some pride. It's not a huge offense, but it's still looks silly.

#### 4. Don't make out.

Okay, so the band just slowed down and is rocking out an epic power-ballad. It sets a mood and under any other circumstance, it would be totally fine to get down to business. However, it usually violates public etiquette to dry-hump and eat face while completely encompassed by strangers.

Nothing is more distracting or uncomfortable than hearing the sounds that usually accompany a hardcore porn being uttered from the couple you are currently pressed against.

#### 5. Only mosh with other moshers.

At any general admission concert, there will be a mosh pit. This is usually fine. It allows moshers to express themselves with other moshers.

However, problems arise and tensions flare when the casual folks are getting assaulted by a solo mosker who is 38 feet away from the pit. It's just not cool. It's fine to mosh, just be courteous of those around you.

#### 6. Don't complain when someone cuts in front of you.

After constantly shifting around in order to find a great view of the show, a space opens in front of you and someone slips in, cuts into your line of sight.

Yes, it sucks for you, but bare in mind that you would have done the same thing.

General admission concerts are a Darwinian nightmare when it comes to viewing privileges. You have to accept that truth when you enter the venue. When someone cuts in front of you, just swallow your pride, shut your mouth and deal with it.

Besides, crowds at concerts are the same as Erie weather: if you don't like how it is, just wait five minutes and it will change.

**7. If there is an opportunity to meet the band, don't spend five minutes telling them how much of a huge fan you are.**

We ALL want to meet the band. However, when one dude takes forever to profess their undying love for the lead singer, it gets annoying. When 300 people do the same thing, it's unbearable. Do everyone a favor. When you meet them, shake their hand, tell them they did a great job, you love their early stuff and walk away.

Concerts are always nuts, but hopefully if these rules are followed then it will be a better experience for everyone involved.

Just don't be *that* guy.



Mike Keefe THE DENVER POST 4-18-10 www.cartoonists.com

MY VOICE

# Oliver's revolution rocks the nation

A piece of pepperoni pizza, tater tots, maybe a cup of fruit soaked in syrup, and a small carton of milk can most likely trigger a lot of peoples' minds to reminisce on a time where they still rode a big yellow bus to school and played kickball during recess. Yes, I am talking about school lunches, and as we mostly know, we loved scarfing down the greasy pizza and salty tater tots, but any fruit or vegetables that found themselves on our plate were thrown out.

Today, school lunches have only succeeded at becoming healthier, and kids are loving it. The sad fact is, America is known for being fat. Our lives are so busy and fast paced that the importance of eating a healthy and well-cooked meal have been undermined by the convenience given by fast food restaurants. School lunches are following the lead, featuring meals made almost entirely of processed foods

that are thrown into a microwave or fryer and then served on little lunch trays.

Jamie Oliver's Food Revolution, a new show broadcasted on ABC, is shining a light on this dismal situation. Jamie Oliver, a British chef who was made famous through his multiple books and TV show "Naked Chef," recently started a "food revolution" in England, helping to reform school lunches. Now Oliver has taken his revolution to one of the most unhealthy, out of shape countries in the world, America.

Throughout his journey to the town of Marshall, West Virginia (found in a recent survey to be the most unhealthy town in America),

Oliver looks to teach the community how to make healthy meals that are easy to make and affordable. Though many are joining Oliver throughout his process, he sees much resistance, ranging from a local radio DJ who claims Marshall does not want to change, to an angry lunch lady who feels there is not enough time or money to make this type of food for children.

I was immediately intrigued with the show.

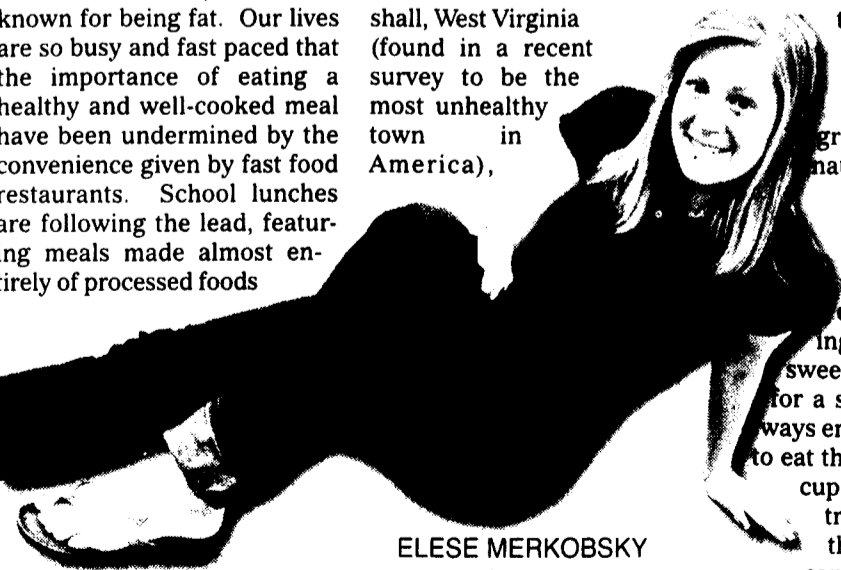
The idea that someone is going to this amount of trouble to try to change America shows that there are people in the world who still believe that we can overcome this terrible state of food given to children in our schools. I grew up in a predominantly healthy house.

My mom was a physical education teacher and always harped upon the benefits of eating healthy, meaning seeing chips or sweets in our house called for a special occasion. I always enjoyed the opportunity to eat the fries at lunch or the cup of ice cream on my tray. Most children feel the same way and this can be seen as the first

things eaten during lunch are usually the desert, entrée, or side such as fries. Vegetables always seem to find a way in the trash. Then again it's hard to blame children when the vegetables and not fruits being served are fresh.

As Oliver tries to show in his revolution, by making dishes that incorporate vegetables with other foods to mask the taste, you can teach children at a young age the importance of eating healthy. That really is key in this issue. If taught to eat properly at a young age, it can play a life-long role in making a person a healthier, happy individual. While much of the responsibility falls on the parents to practice these techniques, the schools can fall in line giving kids a healthier lunch.

In college, we all know our food choice is rather limited. While trying to cut out almost all fried food from my diet, I know I struggle to find choices as to what to eat quickly before class, but with a little work we can all focus on eating a little healthier. Although we have grown out of the school lunch days, we should shed light on the quality of food provided in America and stress the need for a "revolution."



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