

MY VOICE

KFC goes the extra mile... to kill you

Look, we all know fast food is unhealthy, but this is downright ridiculous.

What exactly is "this?" It's a new sandwich from KFC with bacon, cheese, and spicy mayonnaise.

While that might not sound so bad, here's the kicker: instead of bread, this sandwich features two patties of fried (or grilled) chicken.

The aptly named Double Down Sandwich (because you will double down when you finish it) is KFC's newest creation, and it's exactly what's wrong with fast food today.

No word on whether a defibrillator comes with the sandwich or if you have to order it as a side.

While it may not be the worst sandwich on the fast food market today (at only 540 calories), the idea of it is what is so ap-

palling. "Yeah, I'll take some bacon and cheese, but, uh, instead of bread, can you use some fried chicken?"

It will all become a reality on April 12.

If you enjoy KFC, you might want to go before the Double Down comes out.

After that, it's time for the glutinous masses to rise off of their sofas and head down to the KFC.

At least it's cheap.

The Double Down only costs \$5. That's a dollar for each pound you'll

gain from just looking at the thing.

With this and other artery-clogging sandwiches on the market, it all brings about a few questions: What ever happened to a plain chicken sandwich?

Why do we need chicken AND bacon? How will I look with two chins?

The answers: I have no idea, I have no idea, and I have no idea, although probably not very good.

It's no wonder America is getting fat. We aren't exercising, we weren't eating healthy to begin with, and now

we're shoving bacon surrounded by fried chicken down our gullets.

While the sandwich might taste good, think of how short-lived that taste is.

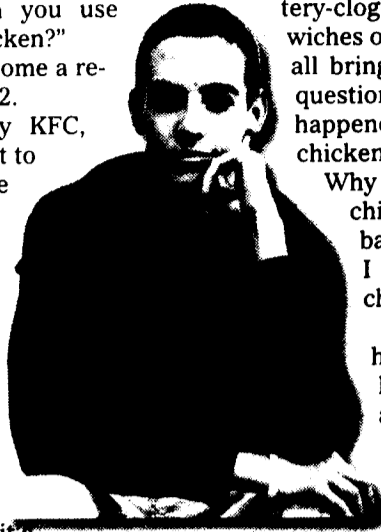
Meanwhile, those thunder thighs and arm fat flaps?

Yeah, those last a little longer. Maybe it's about time we changed KFC to something a bit different.

Taking after Krispy Kreme and switching a "C" to a "K," we can create this truthful little name: Kreating Fatter Citizens.

And with the "kreation" of fatter citizens, so ends any dignity the fast food industry had left.

They can hide behind their healthier options, but as long as they have sandwiches like the Double Down, I can't help but to look down on them.



BRANDON BOYD

senior writer

OUR VOICES

Why "mistakes" are not really "mistakes"

As we all departed for college, most of our parents told us to "make good choices" in hopes that we would always do the right thing and stay out of trouble.

However, how many of us actually listened? Realistically, not many.

As college students, it is part of our nature to make mistakes and do things that we will regret. But when all is said and done, do we really end up regretting these mistakes? And in reality, do we actually consider them to be mis-

takes?

We don't think so.

In honor of the "mistakes that aren't really mistakes" that we've all made this year, the two of us have decided to put together a list of what we believe are the top three mistakes college students make that aren't really mistakes.

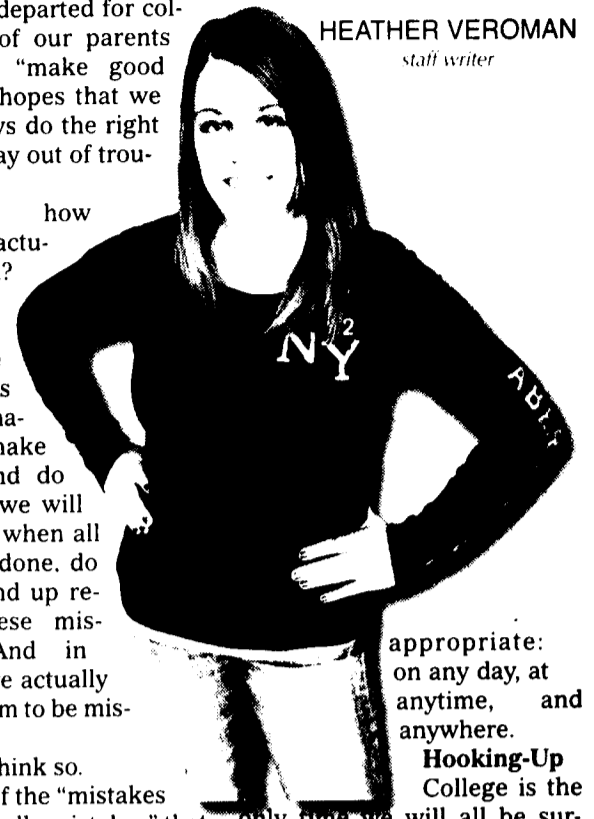
Drinking

Sure, throughout our college careers we spend thousands of dollars on alcohol that could be spent in a more appropriate manner. However, this is certainly not a mistake. You can always depend on alcohol for a good time and great stories, and this is well worth the investment we make.

Of course, there is concern over alcohol abuse in college, but when you're in college it simply doesn't count. Day-drinking, drinking on week-nights, drinking alone, and drinking until you black out might be considered inappropriate behaviors in the real world. However, in college, they are generally accepted, generally fun, and certainly NOT mistakes.

In college, drinking is always

HEATHER VEROMAN
 staff writer



appropriate: on any day, at anytime, and anywhere.

Hooking-Up

College is the only time we will all be surrounded by this many young and single people. Therefore, taking advantage of this situation and exploring your options is essential to your college experience. Sure, taking the Walk of Shame can be embarrassing and some might make fun of you for the beer goggles you were wearing last night, but these experiences always make for great stories.

Sure, hook-ups can be awkward and sometimes even humiliating. However, hook-ups often result in new friendships, new relationships, and if nothing else, a great time.

Skipping Class

Sometimes, things such as no sleep, enjoying the nice weather, watching TV, drinking, laying in bed hung-over, or even just doing nothing feels more important than attending classes.

While this may put us behind, and we may regret it short-term, it is always a mistake worth making in the end.

Skipping these classes doesn't come easy, as we all know. In order to do this, excuses must be made, and in most cases, simply e-mailed to our professors.

"I'm sick and it's contagious, so I will not be attending class for the rest of the week."

"My car broke down...in Ohio."

These are absurd, but probably sound all too familiar. Although none of us necessarily enjoy lying, it must be done in order to enjoy our young lives.

At the end of our four years here, we will not remember the mornings that we miserably sat in classes. Rather, we will remember the crazy times we spent enjoying ourselves. While many criticize the decisions we make during our college years and may consider them to be mistakes, we do not feel that this is the case. These "mistakes that aren't really mistakes" are what make our college careers memorable and one hell of a good time.



MY VOICE

You will get what you asked for



CONNOR SATTELY
 editor-in-chief

This time of year is an interesting time - when sophomores schedule University Park classes for next fall if they plan to transfer.

University Park is a huge freaking campus. A college with 45,000 students makes for a sweet party atmosphere, an awesome football school, and a great alumni association. But with those advantages come several things many students do not know to expect.

Leading me to my first "You get what you asked for." You've scheduled your classes, and they all have 350 students in them. Or 710. Or 800.

According to the Penn State 2009-2010 Common Data Set, there are 398 courses at University Park that contain more than 100 students. They advertise that there are "only 12 courses over 400 students," which means that 386 courses contain between 100-400 students.

Meanwhile, at Behrend, the average class size across four years of attendance is 26 students per class, according to Behrend Admissions. In 816 total courses at Penn State Behrend, there are nine that are above 100 capacity - none of which exceed 150 students.

The second thing, which I frequently hear this time of year, is you've tried to schedule your classes, but they're all full.

No crap. You have 45,000 students competing for that general education art class you think would spice up your degree. Are you a sophomore? Yeah. By the time you get to schedule, the only class that will be around to schedule is Introduction to Underwater Basket Weaving. Enjoy.

Now, students can work around this. If you can't schedule any major class, shoot for a minor. A journalism major picking up an economics minor might set himself apart in the industry later on by showing he can grasp a different concept. Of course, you'll have to hope those classes for your major are available the next semester. Or pack them all in your last year.

A particularly funny one - your classes are each 25 minutes apart. Enjoy finding the bus schedule. The buses are nice, provided you live near a stop and don't mind a vodka-laden freshman throwing up in your lap.

Every semester at Behrend, I've avoided 8 a.m. classes, and have scheduled my classes in a convenient block in the early afternoon. I've scheduled classes with professors that know me by name, know what I want to go into, and know how opinionated and argumentative I am. Six times - yes, six - I have enrolled in classes that were full. Not because the archaic Penn State scheduling system let me, but because pro-

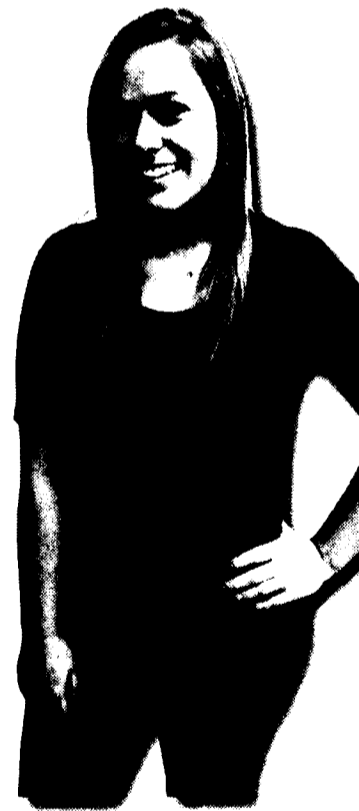
fessors will usually over-enroll their classes for people they know. At this size of a university, they all know me.

University Park has its advantages, and it has its drawbacks. I'm not saying that no students should transfer to University Park. The guy who I roomed with my freshman year is a meteorology major - for him, he had to transfer. Right now, he enjoys small class sizes at one of the best meteorology centers in the world at University Park. Koshers.

About one out of every four students at Penn State Behrend will transfer to University Park. Yeah, it's that low. Students transfer for a variety of reasons. Some, like my freshman roommate, transfer because their major is not offered here, and there's a nationally known program waiting for them over in Centre County.

However, for people who go to University Park for State Patty's Day and decide that it's the place where you want to go every day for two years, be warned. You may have gotten used to professors - not graduate students - knowing who you are and caring whether you live or die. You may have gotten used to the small class sizes, relaxed setting, and variety of open classes to choose from.

Just know that if you transfer to University Park, you'll get exactly what you asked for.



MARISSA LANICH
 staff writer

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 Want to respond to an article?
 Want to write an article yourself?
 Send an email to opinion@psu.edu**

All "Letter to the Editor" submissions must be less than 350 words in length. All letters will be printed as written.

**Check every week for our section:
 Letters to the Editor**

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