

ENTERPRISE RENT-A-CAR ATHLETE OF THE WEEK

Photo Not Available

NAME: Kayla Frost
SPORT: Women's Soccer
CLASS: Sophomore
DATE: Oct. 8, 2007

Kayla Frost (Venetia/Peters Township) has been named the ENTERPRISE RENT-A-CAR athlete of the week for the week of Oct. 8, 2007.

Frost has had shut-outs in her last three games in goal. This week she had outstanding performances in two AMCC matches against Lake Erie and Pitt-Greensburg, helping the Behrend Lions remain unbeaten in conference play. She currently has a goals against average of 1.47 and has recorded five shut-outs on the year.

This week the women's soccer team will host Pitt-Bradford on Wednesday, Oct. 10 at 2 p.m. on the Behrend fields. Then they will play rivals Frostburg on Saturday, Oct. 13 at 1 p.m. at Behrend. The women are 6-5-2 overall and 5-0 in AMCC conference play.

Volleyball faces mid-season slump

By Matt Waronker
sports editor
mbw5028@psu.edu

After dropping four out of their last five match-ups the Penn State Behrend volleyball team is desperate for a spark. The Lady Lions won only one out of four matches at last weekend's Fredonia University tournament and then days later returned to upstate New York to face Fredonia in a non-conference single game match-up. Behrend was defeated in the re-match three games to one and led head coach Phil Pisano searching for any sign of life in his team.

"We really need to focus on changing our mindset as a team," said Pisano. "We need to rediscover some positive energy."

Although the team remains undefeated in conference play, Behrend's overall record fell to 14-9 with tournament losses to Mt. Saint Joseph's, Rochester, and Fredonia. The Lady Lions' sole victory came in a sweep over a struggling Oneonta State squad. To make matters worse Behrend was swept by both Mt. Saint Joseph's and Rochester. Against Fredonia the Lady Lions lost three games to one.

"We faced some very tough competition at the [Fredonia] tournament," noted Pisano. "We knew going in that if we didn't play our best we wouldn't do well. For lack of better terms we didn't play very well. We were in a funk and even though we had one fantastic game, in our other three we looked pretty lethargic. We weren't focused."

Despite the uncharacteristically weak performances at the Fredonia tournament, the Lady Lions did their best to move on, using the losses as motivation for their return to Fredonia this past Tuesday evening. Their efforts, however, fell short as they were

swept by the hosting Red Dragons. Behrend tallied their fourth defeat in five games with losses of 30-26, 30-17, and 30-26. The 3-0 defeat marks the Lady Lions second loss in three games to Fredonia this season. Behrend had defeated the Dragons 3-1 early in the season at their annual Behrend Invitational tournament.

"After going 1-3 in our previous match against [Fredonia] we knew we needed to play harder and with more focus," said Pisano. "We played hard and physical but made crucial errors. Fredonia played a great match. Ultimately, we weren't able to execute what our game plan was supposed to be."

The Lady Lions now prepare for their final stretch of the season and despite Behrend's recent cold streak, the team doesn't necessarily need to panic just yet, says Pisano. The team is still undefeated in conference play, and with a crucial conference match-up against an undefeated Frostburg State approaching this weekend, Behrend remains in complete control of their future.

"We're trying to use the [Fredonia] loss as our turning point for the season," says Pisano. "We need to understand that we don't need to play perfect, we just need play smart and winning the conference is still a very real possibility, but first things first, we need to put all our focus into the Frostburg game. We're preparing for their style and we feel we know their weak spots. We also understand though, that a lot hinges on Saturday. If we win we're in a run to host the AMCC tournament. If we lose we really have to take a step back and figure out how to turn things around."



CONTRIBUTED PHOTO

Sophomore Brooke Gallentine returns a serve.

The Lions will travel to Maryland this

Saturday for a two-game series at Frostburg State University. In their first match-up the Lady Lions will face conference opponent Frostburg State and then follow with a non-conference game against Catholic.

Do You Have a Love for Sports? Are You Interested in Writing?

The Behrend Beacon is looking for sports writers for the 2007 Fall Semester. If interested, please contact Matt Waronker at mbw5028@psu.edu or Andy McLachlan at asm5006@psu.edu.

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