NEWS

Weather Forecast

Saturday



Sunday



Monday



Tuesday



Wednesday



Thursday



Friday



HIGH: 30 LOW: 23 Clouds and snow showers.

HIGH: 35 LOW: 30 Sun and clouds.

HIGH: 43 LOW: 30 Snow possible in the morning.

HIGH: 37 LOW: 24

LOW: 21 Mostly cloudy with flurries possible.

HIGH: 36 LOW: 24 Cold with random splashes of sunshine.

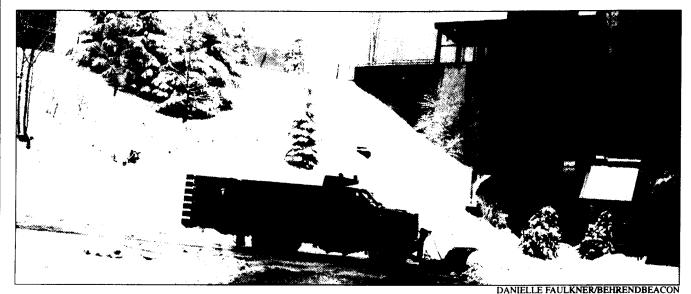
HIGH: 38 LOW: 25 Mostly cloudy.

Behrend Briefs

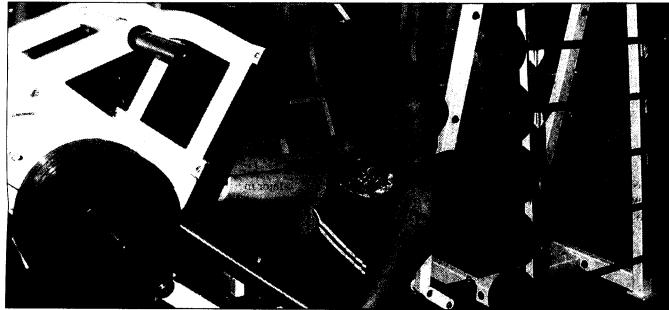
'Smart Couples Finish Rich'

On March 1, Behrend will host the "Smart Couples Finish Rich" seminar. It will start at 7 p.m. in Reed 114. Presenters will include representatives from Loesel-Shaaf Financial Advisors and from Linarelli and Associates. The seminar is designed to help couples cooperatively manage their finances.

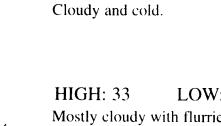
Yellow Rage, composed of Michelle Myers and Catzie Vilayphonh, presented their poetry in Reed 117 on Feb. 12. The two women strive to provide awareness by exploring topics from fetishes to cultural appropriation to ethnic pride. Yellow Rage seeks to challenge mainstream misconceptions of Asian Americans.



A plow pushes snow near Senat Hall and the elevator as maintenance tries to keep up with the shifting weather.



FOCAL POINTS



Sexual Assualt Program

On Feb. 24 at 7 p.m. in Reed 117. The event is hosted by Alpha Sigma Alpha, Trigon and Women Today. The event will include a speaker, free buttons and free snacks.

Police Reports

2/9/2005

Staff member reported GPS equipment missing from his office.

2/9/2005

Complainant reported that he and a friend who were in the scuba class at the Junker Center from 7 p.m. to 8:30 p.m. returned to locker and found that their wallets had been stolen, checked all garbage cans in area grounds. Victims will be in at 4 p.m. to file report.

2/10/2005

Theft from vehicle, see incident.

Classifieds

HELP WANTED

Addressers wanted immediately! No experience necessary. Work at home. Call 405-447-6397

"Prejudice is the child of ignorance." — William Hazlitt, English essayist and literary critic (1778-1830)





SCOTT SOLTIS/CONTRIBUTED PHOTO

James Cammarata pushes for THON. On Feb. 13 members of the Behrend Lacrosse team held a Lift-A-THON to raise money for THON. The five members who participated lifted over 18 tons on thier way to raising \$230.

COUNSELING, continued from Page 1

psychologist, so there are online sources, such as the screenings "to provide students with as many coping strategies as we can."

There are many things that can cause disruptions in a college student's life,

such as: fatigue, irritability, low motivation and sleeping or eating disturbances that deviate from a normal daily pattern. Issues such as living quarters, anxiety, depression, relationship troubles and adjusting to new people are problems that students must learn to adjust to and conquer positively. Daley encourages students who are having

problems handling everything on their own to ask for help.

"When you can't manage what you're holding, that's when it's time to come see us," said Daley

To schedule an appointment with Personal Counseling Office, it is open Monday through Friday 9 a.m. to 5 p.m., or call 898-6504 or 898-6164.



Junk mail got you down? Every time you provide your name and address to receive a product or service, there's a good chance you are being added to one or more mailing lists. When you buy a car, have a baby, make a purchase from a catalog, give money to a charity or fill out a product registration card, your name is likely to be entered into a computer data base.

MAIL ORDER, CREDIT CARDS AND MAGAZINES. If you are a customer of one mail order company, you are likely to receive offers from other companies. Many mail order firms "rent" their mailing list to other businesses. Credit card companies also rent their mailing lists, as do magazines. So, if you subscribe to a cooking magazine, you may find yourself receiving mail order catalogs for kitchen supplies and food specialties.

Mail-reduction tips. You can remove yourself from most national mailing lists by contacting the Direct Marketing Association's (DMA) Mail Preference Service MPS). You must re-register after five years.

To remove your name from mail and phone lists (www.dmaconsumers.org/consumerassistance.html - www.dmaconsumers.org/privacy.html) Mail Preference Service, PO Box 643, Carmel NY 10512 Telephone Preference Service, PO Box 1559, Carmel NY 10512 (The above information provided by The Privacy Rights Clearinghouse, http://www.privacyrights.org)

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