

STUDENT LIFE

'The Forgotten' does not need remembered

Review by Nick Hammond
staff writer

What would you do if everyone except for you forgot a major part of your life? This is the question posed to Telly Paretta (Julianne Moore) in "The Forgotten."

Telly cannot stop grieving her nine-year-old son's death that happened fourteen months prior in a plane crash. Her husband, Jim (Anthony Edwards), and her psychiatrist, Dr. Jack Munce (Gary Sinease), have unsuccessfully attempted to help her cope with her loss. Then, one day, it seems as though the entire world has forgotten her son even existed. Every picture and video she had of her son, Sam (Christopher Kovaleski and Matthew Plesznicz), and every single newspaper article about the plane crash had disappeared completely.

In a chance meeting at the playground her son used to visit, Telly meets Ash Correll (Dominic West), the father of a girl who died in the same crash as her son and desperately tries to make him remember. While in Ash's apartment, Telly uncovers proof of his daughter's existence, but Ash still refuses to believe her and calls the police, thinking Telly is crazy. After a flashback, however, he

remembers and realizes that she is telling the truth. He rescues her from National Security Agents and the search for their children begins.

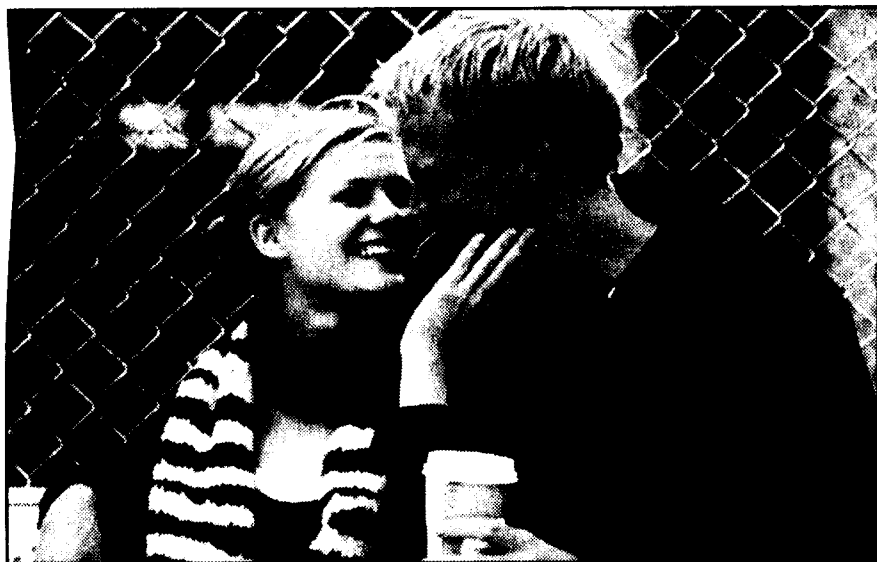
The movie's big question is whether Telly is really insane, especially as she becomes increasingly convinced her son is actually alive.

Director Joseph Ruben slowly reveals governmental conspiracies and supernatural elements with some simple but quite startling special effects. Frequent aerial shots are also included which implies that Telly and Ash are under some kind of sci-fi surveillance.

Though the script in this movie isn't the best, the performances of Moore and West do make this a fairly good movie. Other than a stronger script, this is one of the better psychological thrillers that has been produced.

The movie may not be totally exciting, but there are six moments that will make you jump. Even if you feel bored during some parts of the movie, you will definitely be shocked during those six moments.

Even though the script slightly disappoints, the performance of the actors more than makes up for it. Overall, I give this movie a rating of 3.5 out of 5.

'Wimbledon' Serves Up Defeat

UNIVERSAL PICTURES

Kirsten Dunst stars as American tennis pro, Lizzie Bradbury, in "Wimbledon."

Review by Annie Sevin
staff writer

"Wimbledon" competed at the box office last Friday but didn't score an ace.

This romantic comedy starring Paul Bettany (Peter Colt) and Kirsten Dunst (Lizzie Bradbury) fell short of a desired epic love story. Although the acting was beautiful and the tennis playing remarkably realistic, the romantic relationship between the two characters was not believable.

The basis of this film is the relationship between Bradbury and Colt, two tennis players who meet during the Wimbledon tournament. Wimbledon is one of four Grand Slam tennis events, which is held in London, England. It is possibly the most favored sporting event in Great Britain.

Director Richard Loncraine left little to the imagination on behalf of the relationship between Bradbury and Dunst. Bradbury is young and energetic and Colt is old and considering retirement until he finds hope in Bradbury. The audience knew from the beginning that the two stars would fall into a forbidden love and would be happy in the end; it was too predictable.

The writers, Adam Brooks and Jennifer Flackett didn't help the credibility of their romance either. Instead of making this film about a sweet, enduring boy-meets-girl love story, they made it about an unrealistic sexual relationship with British humor.

The subtle yet well placed humor

of "Wimbledon" may have saved this movie from being a complete flop. Without the amusing British dialog, this film would have had no intrigue and would have been dreadfully dull.

Fortunately, there are some highlights in this film for tennis fans. No, Andy Roddick does not make a cameo appearance, but John McEnroe does. Johnny Mac, as he's known in the tennis world, proves yet again that he can act - at least as a tennis announcer, which just happens to be his current profession.

This romantic comedy includes some other good features as well. The cinematography throughout the movie that involved tennis balls and flying chalk was brilliant. There were very realistic fights with chair umpires. However good the tennis portion of this film was, it did not make up for the sad attempt of a fall-in-love-breakup-fall-in-love-again, love story.

This film is best if viewed as a Saturday night rental. Unfortunately for audiences, "Wimbledon" is not as romantic as "The Notebook" (starring Ryan Gosling and Rachel McAdams) and it's definitely not as funny as 50 First Dates (starring Adam Sandler and Drew Barrymore).

Of course, "Wimbledon" wasn't a complete waste of time for everyone. If you enjoy British actors, Kirsten Dunst or tennis, you might enjoy this film. If those things don't interest you, "Sky Captain and the World of Tomorrow," which raked in \$15.6 million last weekend, might be a more interesting choice.

'Seattle Style' doughnuts provide upscale and healthier alternative

KRT CAMPUS

An employee boxes upscale doughnuts and cupcakes at Top Pot Doughnuts in Seattle.

By Sherry Stripling
The Seattle Times (KRT)

SEATTLE - From in front of the traditional glass cases at Top Pot Doughnuts, Larry Pearl's voice booms up the winding staircase past heads hunched over laptops to announce:

"I haven't had a doughnut in five years!" If it were true, Pearl would be a rarity. Doughnuts and that hot new taste trap, cupcakes, have been booming, say some bakers.

As Pearl sinks his teeth into an old-fashioned glaze, "The sweetest thing you ever could have," he says. "But that's the point, fat with sugar on it," he recalls it hasn't really been that long since he had a doughnut because he's tasted Krispy Kremes.

"But this is great. It's just as good as I remember."

So what's up with doughnuts, anyway? Especially upscale doughnuts and upscale cupcakes, which are carving out a "Seattle-style," meaning relatively healthful ingredients served with quality atmosphere and dynamite coffee. How does that reconcile with our image of good health?

One nutrition expert says we are drawn to doughnuts and cupcakes by the evolutionary pull that survival wasn't just of the fittest but of those who could find calorie-dense foods. Doughnuts and cupcakes are cheap, comforting and convenient.

The owners of some of Seattle's top shops see a different kind of evolution quality. Their sales of old-fashioned desserts are booming, they say, because people are more conscious of what they eat but also want a balance of pleasure and good health.

Sit on a plastic seat under fluorescent lights to gobble down a doughnut fried in any type of oil? Never! But customers will linger over something with natural ingredients that tastes as if grandma cooked it from scratch.

"People have come from North Carolina to visit us," says Ryan Kellner, owner of Mighty-O Donuts in Seattle, which uses a nonhydrogenated organic palm fruit shortening, no animal products, no artificial ingredients and no preservatives.

"We were stalked like the Space Needle because we're a vegan doughnut shop."

A healthier doughnut? Yes. Health food? No, sir.

"People get confused on that," Kellner says. "They're healthier than other doughnuts, but they're doughnuts through and through."

You won't find people on low-carb diets over at Cupcake Royale in Madrona, either. But you will find people who eat European style. That is, taking their time in a nice setting and enjoying the best but with smaller portions.

Lemon butter cream made with real lemons. San Francisco's Guittard chocolate in the cake and the frosting.

"It's been a long time since people had a good scratch cupcake with real butter frosting," says Jody Hall, who can elicit the same response as the bell to Pavlov's dog just by talking about her cupcakes over the phone.

The list of artificial ingredients in most cupcakes wraps around the container, says Hall, but not at Cupcake Royale, which is located inside Verite Coffee. There, you can count the ingredients on one hand: flour, sugar, eggs, vanilla and butter.

"It's an indulgence, for sure, but also made of healthy ingredients."

Hall and her business partner, Kim Thomas, both learned marketing and how to draw a good cup of coffee at Starbucks. Hall wanted to get away from corporate life and own a coffee shop "but not the 743rd coffee shop," she says.

She knew that Magnolia Bakery in Manhattan has people snaked around the block to get great cupcakes. So she and Thomas decided to do with cupcakes what Hall feels Top Pot does with doughnuts, which is "go back to the original way doughnuts are made."

Also like Top Pot, they wanted a retro atmosphere. Pink cupcake boxes. Each hand-frosted cupcake placed on granite pedestals behind old-fashioned glass cases. It's routine to see customers do the "cupcake dance" of delight, she says.

Customer Sheryl Jardine, who came in for a cup of coffee with her little boy, was enticed to indulge by Dylan and by the chocolate cupcake behind the glass.

"The frosting is heavenly. The cake is really light and fluffy."

And it brought back warm memories of baking cupcakes with her mother to take to school, which is exactly what the new shops are trying to capture.

Eat one cupcake or one doughnut occasionally and "good luck to you, no problem," says Adam Drewnowski, director for the Center for Public Health Nutrition at the University of Washington.

"But if we consume several cupcakes and doughnuts all day, everyday for a year, bad things start happening," Drewnowski says.

Substituting such things for nutrition is a double whammy for children because they don't appreciate the issue of health and are driven by taste, he says.

And, yet, how can we fight our primal urges? We are drawn to calorie-rich food because throughout evolution such things as honey and animal fat were hard to find.

"It isn't that the industry gives us something we don't want and that we'd rather have broccoli," says Drewnowski. "The industry gives us exactly what we want and at a good price."

Yes, but there's such a thing as balance, says Michael Klebeck, an owner of Top Pot, who should write a book on Zen and the art of doughnuts.

His two shops make reference back to the 1940s when people put more care into what they did and "fast food was not even a word yet." He backs up the atmosphere, he feels, with a "hand-forged" doughnut so customers can "taste the integrity."

"People want that touchstone of having that authentic experience and they're willing to pay for it," Klebeck says.

The balance in his view are the people who work in a nearby health club. They work out regularly but they also treat themselves to doughnuts, not a dozen, but one or maybe two made from "real ingredients."

Outside in the sunshine, Pearl, the Top Pot customer, also talks balance. Some people will care that they can feel their belt tighten on the third bite. Some people won't.

"The people who don't care will live longer anyway," he says, "because they're less stressed."

The four-year overload

By Leah Burfield
contributing writer

Attend orientation, ask questions, take notes, initiate contact, study hard, don't miss class, don't be shy and get involved. To any freshman, coming to college may seem busy. As the years continue however, you begin to notice that busy is nothing more than an understatement.

Take Laura Kis, 01 DUS. New to Behrend, Kis will decide where she wants to go in life just as any other student does, but this is just one thing she has to worry about with her schedule.

"I have two part time jobs. I need to have both of them because I pay for school on my own. I do have loans and grants; however, they are not enough," said Kis.

Kis also needs to work because she needs to pay for other expenses such as a vehicle. She needs to make sure that she makes enough money so that she can afford having a vehicle to get to school. When asked about her work schedule, she said that she usually puts in five hour shifts four to five days a week.

Since she is in class all day, work starts late which means she doesn't get home until late. This is where the issue of homework and sleep come into play.

"If I do not have the chance to get homework done at work then I get behind," said Kis. "I can try to stay up late to do it but then I won't wake up for class or I will show up late."

These are just a few problems that are faced by students. As much as they would like to get things done on time, they can't. This is why reading more than two chapters for more than two classes rarely gets done. Students have a lot on their plate. They have to worry about getting to class, understanding material, getting good grades and graduating. There is also the outside life. Seeing family, appointments and work are just other factors.

"I am afraid of the 'real world' and not being able to find a job after school, but in order to get the degree I need, I have to have a job so I can afford it. I don't know how else I could be here," said Kis. "College is a lot harder than what I thought it would be but the fact that I have so much going on is what makes it that way."

Then there are students like Amy Rogan, MATH 07. She finds herself overwhelmed by the end of the week when she has been through 18 credits of class time, two jobs between the days and being involved on campus with other activities.

"I live on campus and have a car so it's easy for me to get pulled into events on campus and find a job in tow," said Rogan. "I am about an hour and fifteen minutes from home so I have nothing else to do."

Like Kis, Rogan finds herself relying on a car to get from campus to work, a phone bill to make calls home, food to stay alive and books to keep up on education. Studying can be tough when you are involved in everything else.

"I literally get like two hours of sleep some nights," said Rogan. "I am involved in a sorority, have more than one job and still find myself cramming in more. I am interested in so many things on campus but just don't have the time or the strength."

Whether you live on campus or not, your college experience could be something that makes you anticipate graduation. Rogan has found herself taking classes in the summer so she can graduate a semester early.

"The sooner I graduate the better! I know people who want to stay as long as possible. I would like to but then again I hate having to worry about work, homework, exams for more than three classes in one week and anything else. I never know when I am coming or going," said Rogan.