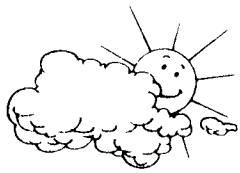


## WEEKEND WEATHER

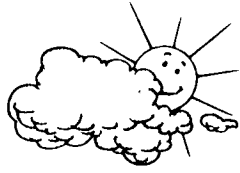
SATURDAY      SUNDAY      MONDAY



Showers  
High: 51°  
Low: 40°



Partly Cloudy  
High: 52°  
Low: 44°



Partly Cloudy  
High: 59°  
Low: 51°

## BEHREND BRIEFS

courtesy of Penn State News Wire for the week of October 13, 2003

### Former president bush honors Penn State as leading university of promise

Penn State has been named the recipient of the inaugural George Bush Promise of America Award for Schools, Colleges and Universities, in recognition for its efforts in helping young people throughout its campus communities. Former President Bush, a long time advocate of volunteer service, will recognize Penn State for its commitment to children and youth today at his presidential library in College Station, Texas.

"Our children are the true promise of America and when this important movement was launched, we challenged the nation to make young people a top priority," said President Bush. "As dedicated Americans continue to answer that call, the passion and leadership demonstrated by Penn State can serve as an inspiration to each of us, for they truly are keeping America's Promise."

### Double trouble: big portions of calorie dense foods

Big portions encourage people to eat more but big portions of calorie dense food -- the kind Americans tend to grab on the run -- boost calorie consumption even higher without providing additional satisfaction, a new Penn State study shows. The study, the first to focus on the combined effects of both portion size and calorie density or the calories per ounce, found that calorie density and portion size add together to affect caloric intake. Tanja Kral, the doctoral candidate in nutritional sciences who conducted the study, says, "Even though the study participants consumed 221 fewer calories when offered a smaller meal of lower calorie density, they felt just as full and satisfied as when they had consumed a larger meal of higher calorie density."

### Orange peel process may yield multi-million industry

A process developed by a researcher in Penn State's College of Agricultural Sciences to extract high-quality pectin from orange peels may result in a new multi-million dollar American industry. The new method, called flash extraction of pectin by steam injection, uses a high-temperature, high-speed procedure that appears to be ideal for extracting high quality pectin. The University has applied for a patent on the process. Pectin is a complex carbohydrate found in fruits. A food additive, it is commonly used to thicken jellies and fruit fillings for pies and other desserts, and historically has been extracted from the peels of citrus. In 2002, the United States imported more than 5,300 tons of pectin worth more than \$56 million.

## POLICE AND SAFETY

- 10/9/03 12:15 A student reported that the back windshield of his vehicle had been smashed. A wooden post was used to smash it.
- 10/13/03 1:45 Complainant reported receiving a harassing phone call. More information will be forthcoming.
- 10/13/03 2:50 A student requested an ambulance in Ohio Hall. The ambulance might have been needed because a student overdosed. Brookside notified Health & Wellness. Upon arrival, the person was found to be alert and talking. Brookside transported person to Hamot.
- 10/13/03 5:49 Complainant reported a gray van had just been hit by another vehicle.

### Addressers wanted immediately! No experience necessary.

Work at home.  
Call 405-447-6397

## CLASSIFIED

"If you want peace, work for justice."  
-Pope Paul VI

Janet Neff Sample Center  
for Manners & Civility

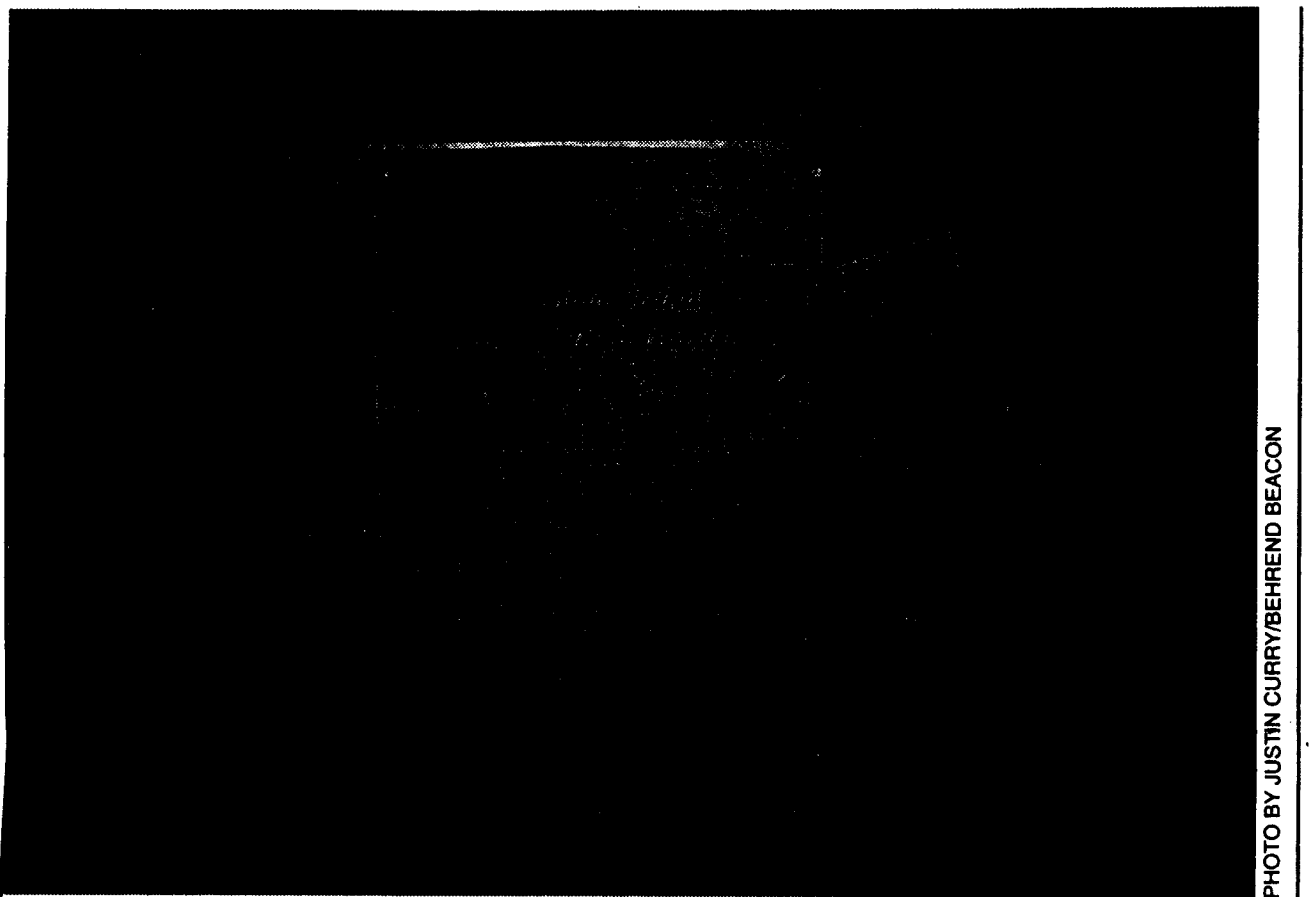


## FOCAL POINTS



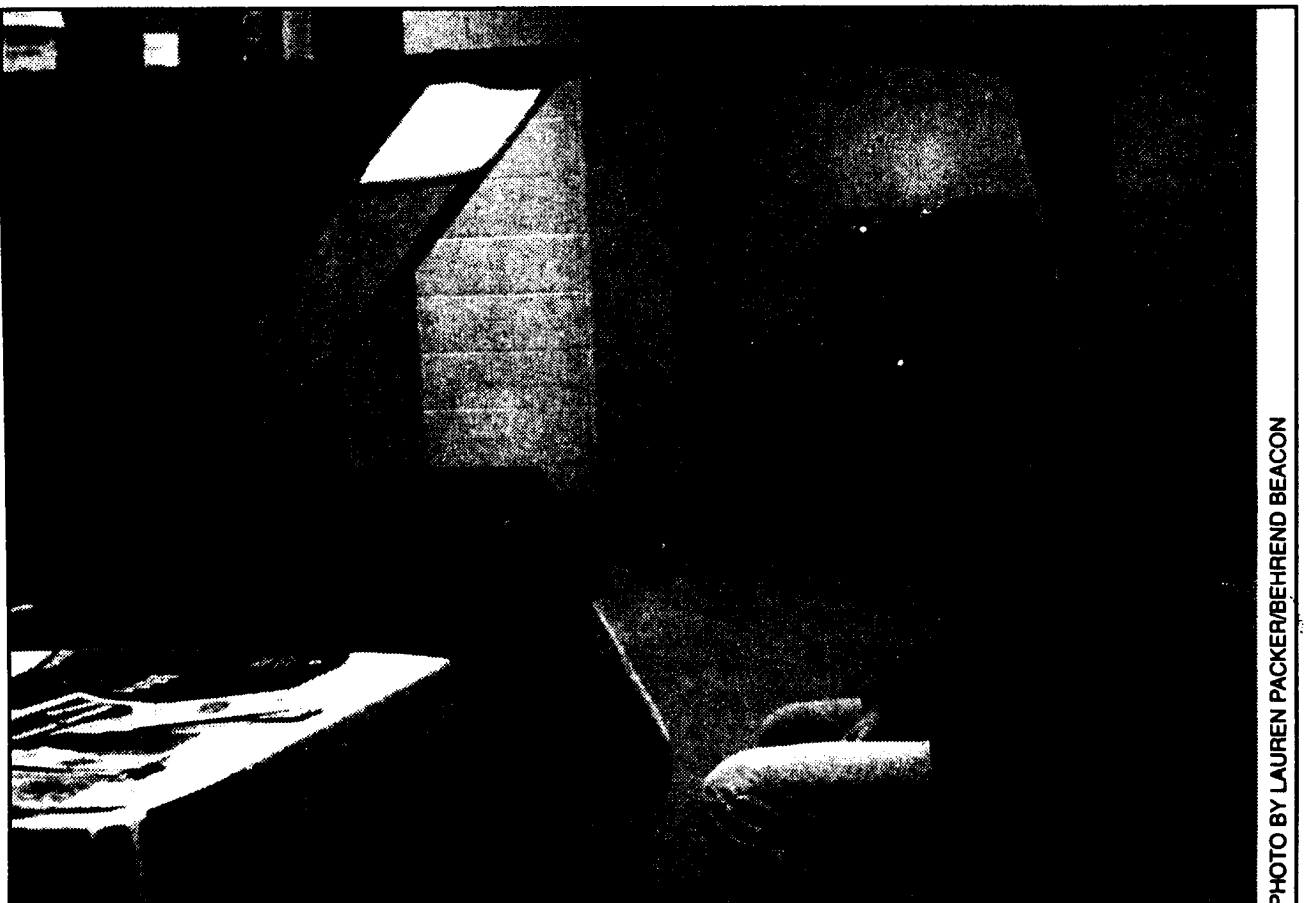
The construction on the sign at the entrance to campus finished last week.

PHOTO BY DANIEL J. STASIEWSKI/BEHREND BEACON



In addition to the update board pictured above, there is also a total board located along the road in front of Erie Hall to keep students posted on the total of the United Way campaign.

PHOTO BY JUSTIN CURRY/BEHREND BEACON



Chris Strayer, 03 English, experiments with the Human Race Machine presented by Residence Life, JRC, LEB, SAF.

PHOTO BY LAUREN PACKER/BEHREND BEACON



Patrick Smith presented a scheduling seminar in Bruno's Thursday evening for residents of Perry and Niagara Halls.

PHOTO BY LAUREN PACKER/BEHREND BEACON