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The Behrend Beacon

a special Beacon series for the budget-minded and cent friendly student

This week: budgeting bills for your belly

by Kristen Schrum staff writer

Are you feeling like you are ready to hold up a sign that says, "Will work for food?" Rest assured, you're not alone. Most college students who do not have a meal plan are also scrounging pennies for a loaf of bread. In this week's 'Cheapskates and Pennypinchers' series, the secrets for grocery shopping on a budget will be revealed.

The most frequently visited grocery store for Behrend shoppers is Giant Eagle, located conveniently on Buffalo Road. This store has a large variety of food to choose from. The Giant Eagle Advantage Card is easy to apply for, and it gives shoppers discounts on selected items in the store. Giant Eagle also offers certain items at BOGO (buy one, get one).

"I go to Giant Eagle because they have a large selection and because the Advantage Card saves you cash," said Jack Reynolds, a fourth semester student.

Now read very carefully to this next sentence; a secret is about to be revealed. Pennypinchers are advised to go to a store called Aldi's. This grocery store is located on the corner of Saltsman and Buffalo Road, across from Country Fair. Most students, such as Amanda Brown, a junior, shop at Giant Eagle because of its convenient location.

When she found out about Aldi's, Brown said, "I guess I wasn't aware that there were other places to shop

[around here]."

This small store is sure to help save some pennies. Aldi's is unique because customers put a quarter in a shopping cart, and then when they return the cart, the quarter comes back out. It may seem silly to pay for a cart, but you get the money back, so it's

really free. When a customer enters Aldi's for the first time, they may feel an overwhelming sense of glee. This is due to the fact that many of the items in the store are \$3 and under. Since Aldi's does not have to pay someone to go outside and gather all the carts left in the parking lot, they are free sto undercharge customers for food. Aldi's is also unique in that you pack up your own groceries. Not having to hire a person to bag groceries is another

reason Aldi's can afford to sell their food for so cheap.

In comparing prices of frequently needed food items, Aldi's takes the cake. A loaf of bread costs only 35 cents. Here, you can buy three loaves of bread for the price of one at any other store. One dozen eggs costs 79 cents, one large tub of butter costs 99 cents and a frozen pizza costs as low as \$1.99.

Andrea Rodriguez, a senior, said she shops at Aldi's, "because you get more bang for your buck, and they have

great-tasting food even though its generic brand."

Aldi's is great for the necessities, but Giant Eagle offers more novelty items and a larger variety of meats.

If you like a lot of one thing, Sam's



Club is the way to go. Sam's Club is located in the Summit Plaza off of Peach Street. Items here are sold in bulk, so you save money in the long run. There is a membership fee of \$35 for one year.

For anything else you might need from a grocery store, such as toiletries and cleaning products, the Dollar Tree is most budget friendly. This store is located on Buffalo Road across from BP.

Have you ever gone to a dollar store and realized that some items cost more than a dollar? Well the Dollar Tree stands by its name. There, everything really is a dollar.

Let's face it, we are all broke, but we still need to eat. These Pennypincher tips are sure to save poor college students some money, so they still have cash for extracurricular activities on the

More money, more problems:

So you're attending class, eating halfway decent meals and you have a stash of Advil. Now you need to learn how to hang on to your dollar bills before you spend them all on bar cover charges and dinner out.

A common problem for everyone, not just collegians, is having no clue where the heck your money goes.

Use a pencil and paper and keep track of your pennies, says Dara Duguay. executive director of Jumpstart Coalition, which promotes financial awareness among young people. Maybe you could buy a coffee maker instead of dishing out three bucks for a latte at Starbucks every morning.

Set up a monthly budget and try to stick to it. Duguay suggests. That means figuring out how much money you're bringing in and how much you're spending (on a car payment, apartment rent, etc.), so you'll know how much you can use for extras.

Be aware of how much you have to spend on "wants," Duguay says. Before buying anything – from that new Kate Spade purse to a bean burrito ask yourself: Do I need this? Be honest, and if the answer is ves - buy it. If the answer is no, ask yourself: How much do I want this? If the answer is "so much I will just cry if I walk out of the store without it," take a deep breath and walk around for five minutes. Then ask yourself again. There are few things that inspire such a response for longer than two minutes.

Now, unless they're the last pair of Steve Madden sandals on the rack and they're more than 25 percent off, leave. Yes, get out of there. Next Tuesday, if you still really, really want them, buy them.

Start building your credit early, says Diana Don. spokeswoman for Capital One, a major credit-card company that offers special college cards. One way to build credit is to pay your bills on time. Another way, of course, is to get a credit card, if you consider yourself a responsible person.

"Credit cards are a great money-management tool," Don says. "At the **college** level, you want something for emergencies, you don't want to be carrying cash. It's safe and convenient."

A good way to handle plastic is to make one purchase on the card every month and pay it off within that month, before interest is tacked on.

You'll build your credit score this way, which will lead to many blissful moments when you try to buy a car, house, yacht, or anything else of value later in life.

And Duguay warns against racking up debt while in college.

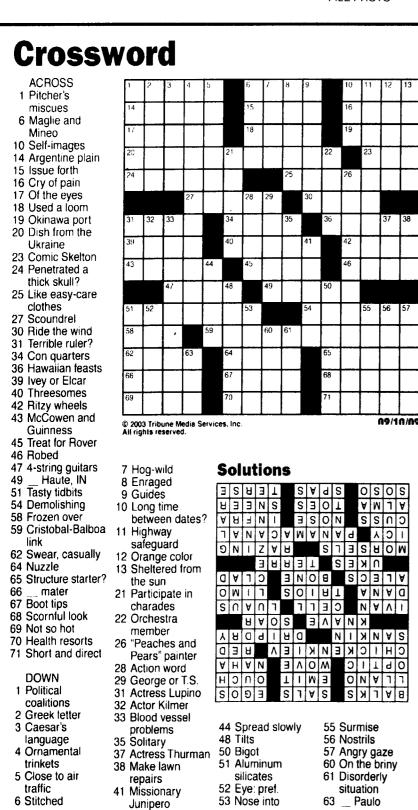
"The average undergraduate student has a debt balance of \$2,700," she says. "They're using credit to buy things they can't afford."

Live within your means, she advises. And save, save!

If you start early, you'll be glad you did. Duguay offers this example: If you put \$2,000 in a fund that earns at least 9 percent interest, and you do this every year starting at age 22 and stopping when you're 30 (a total investment of \$18,000), you'll have \$580,000 when you turn 65. If you wait till you're 31 to start investing, and put \$2,000 a year in the same account until you're 65 (a total investment of \$70,000), you'll have only

weekends.

FILE PHOTO



Forward Hall presents Generator

by Brooke Nix staff writer

Bass vibrates below your feet, pulsating music flows through your ears, and as you look around, everyone is dancing to the music.

Electronic music from drum and bass to progressive trance is offered every Thursday night at Forward Hall at 25th and Peach Street.

"The main motivation behind putting together Generator was to offer people an alternative from the rest of the Erie's nightlife," said Jason Imig, a promoter with the company Subsurface Tribe. "For the most part most, the music being played

locally is just background noise for people trying to hook up. Our night is foremost about the music. The DJs are somebody that are meant to be seen and not hidden in some booth."

Generator is a 21 and over nightclub featuring a \$3 cover. There are Long Island ice teas and Alabama slammers for \$2 and \$1 Budweiser's.

"I am really excited about a couple of things that we are trying to put together for the near future. The main thing I would like to get done first is to put together a Tribe plans to bring many other benefit for Safenet," said Imig. Safenet is a local shelter for to show off their talent. victims of domestic violence.

Also, Imig plans to raise money for other local organizations and dancing or just sit back and chill different programs, too. He also



Forward Hall rocks to such bands as Black Rose Diary, and the venue now caters to dance and hip-hop music on Thursday nights.

adds, "We are not going to limit ourselves to solely electronic music. We are putting together some other concerts featuring jazz and hip-hop groups from around the area." Forward Hall also offers shows to look forward to on other days of the week.

Local and Pittsburgh DJs such as Mike Moran, Natas K, Vic and Vinny have recently been to the club performing behind the turntables. Since their last visit the club is looking into bringing them back in the future. Subsurface

Pittsburgh DJs as well as Erie ones

Whether people want to work their stress out on the floor by Generator has something for

> everyone. The promoters have high hopes for Generator in the future and plans for it to become a Thursday night hang out for people in and outside Erie. who listen to the intense sound of electronic music.

"It is easily one of the nicest bars in town," Imig said. Even the DJs we have brought from other places comment on how

there is nothing like it in their city. With an amazing sound system. great drink specials, and a great staff, do not automatically assume that this is just some other dance club."

Forward Hall, Generator Every Thursday 9p.m.-2a.m. \$3.00 cover charge http://forwardhall.com/ upcomingshows.asp