Swim teams breaking records faster than they set them

by Kate Levdansky Petrikis
assistant sports editor

The Behrend men's and women's swim teams raced against Mt. Union and Grove City on Jan. 18. The men tied Mt. Union at 54 points each, but fell to Grove City 63-45. The women also competed in a tough race, but lost to Mt. Union 110-75.

However, most swimmers came away with personal best times in their respective events. Justin Lucas set a new team record in the 1000 free with a time of 10:32.68. On the women's side, Christine Williams set a new team record in the 100 backstroke with a time of 1:04.64, and also set another new team in the 200 IM with a time of 2:25.90. Teammate Samantha Cibula also set a new team record, the 1000 free, with a time of 12:15.86. Even though the Lady Lions lost, they swam outstanding times.

"It is great to see the improvements still coming even though we are in the toughest training part of the season," said coach Josh Heynes. "It says a lot about what we are doing both in and out of the pool."

Behrend also competed against Edinboro the following day and lost on both the men's and women's side. The men lost 107-84, and the women lost 109-69.

It was another tough meet for Behrend, especially since it was the second meet in two days against local Division II rival Edinboro. Again, many personal best times were set for the team.

"We swam some people in different events to see what they could do for us," said Heynes. Williams set another new team record, this time in the 200 free with a time of 2:07.97. Teammate Tara Braden set the record in the 100 breaststroke with a time of 1:15.16.

"The team swam exceptionally well. I can tell we will be ready for conference if everything stays the course," said Heynes.

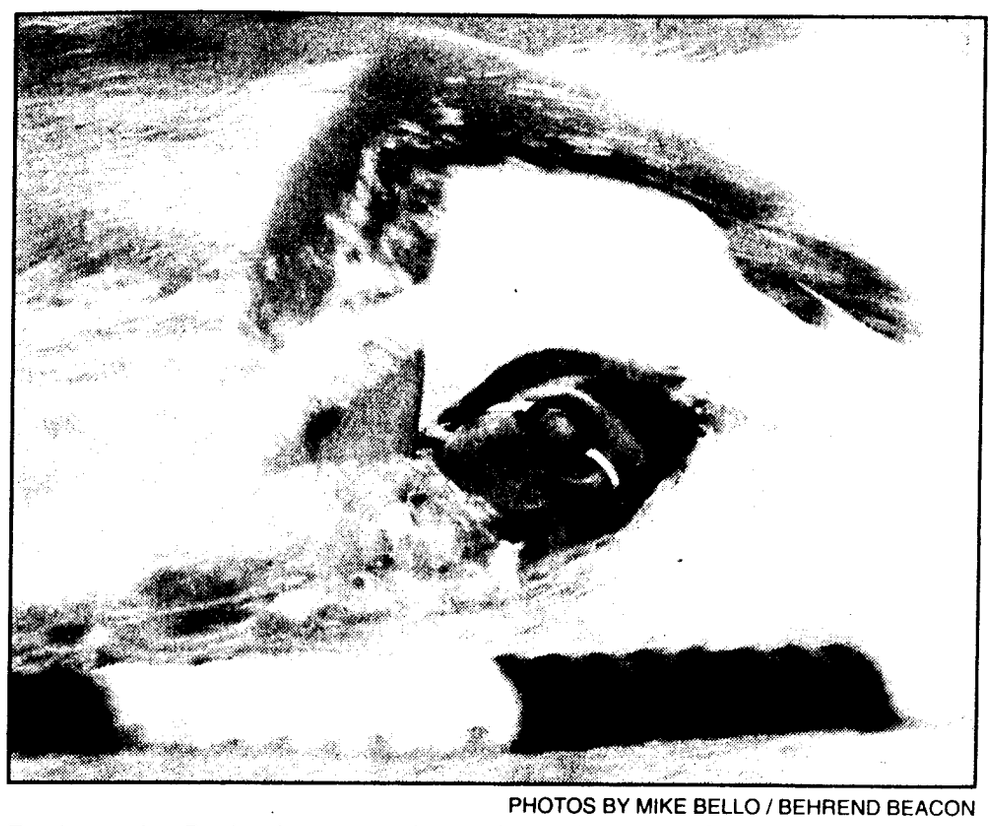
Saturday's meet against Frostburg will be difficult. Frostburg is Behrend's AMCC rival, and swims very fast with a large team.

"I am just interested to see what they have to bring to the table. It will help me decide what to put my team in at conference," said Heynes. "To beat them, it would take a miracle, given they were last year's AMCC classic champs. However, we are going to treat this just like any other weekend: swim tough, swim fast, and see what happens. All our swimmers will have to be key this weekend. Points are points, even if it is one or nine, it makes a difference."

Upcoming competition includes Washington & Jefferson, Nazareth, and Penn State Altoona. W & J has a very big team and a winning tradition. Nazareth will be a new competitor for Behrend and should prove to be interesting. Behrend's last home meet before the conference, against Penn State Altoona, should be the final walk through to give the coaches an idea on where the team stands before it starts resting the swimmers.

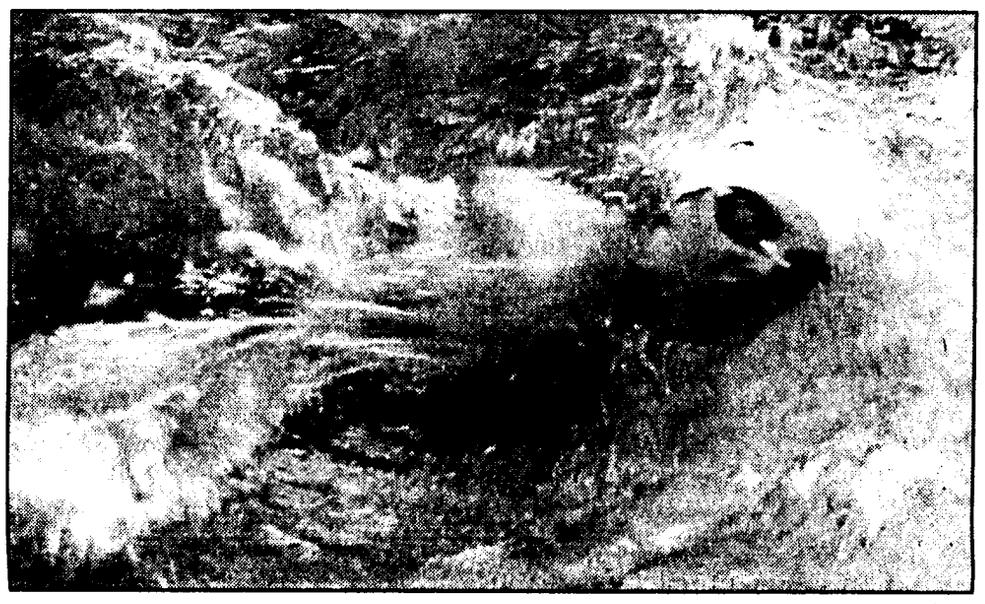
"Our eyes are always and forever will be set on getting people qualified to the next level," said Heynes. "Swimming is more of an individual sport than a team, when it comes to that. Once one or two people make it, then it seems like the next year more and more join in. We have a very good shot at getting some people to ECAC and Division III NCAAs.

"In two weeks all the training will be done, and it will be up to them on what happens the two weeks prior to conference. Will they rest? Will they not get sick? Will they get their work done? All the small things will affect them either negatively or positively. They have to get in a mindset of not letting any stress affect their performance. It really is up to them; if they want to go fast they will. They have put the time in, and the yardage. It is that they have to believe in it, and they will succeed! As the saying goes 'the time will tell.'"



PHOTOS BY MIKE BELLO / BEHREND BEACON

Freshman Joe Deely, above, completes a lap at the Junker Center pool on Tuesday while freshman Jana Bahnak, below, swims during the same practice. The Lions had to train extra hard before their back-to-back matches last Friday and Saturday. Behrend will host Frostburg on Saturday at 2 p.m. before heading down to Washington & Jefferson on Wednesday.



"Pack the House Nights"

Just THREE home games remain:

Wednesday, January 30th
Vs.
Pitt-Bradford @ 6:00 PM & 8:00 PM
Game Televised by: Image Sports
Sponsored by: Subway

Saturday, February 9th
Vs.
LaRoche @ 6:00 PM & 8:00 PM
Sponsored by: Wendy's

Saturday, February 16th
Vs.
Pitt-Greensburg @ 6:00 PM & 8:00 PM
Sponsored by: McDonald's & Gateway Computers

ALL Students, Faculty, and Staff FREE with Penn State Behrend I.D.

THE BEACON SCOREBOARD

THE BEHREND SPORTS SCENE

Women's Basketball

School	C.R.	Overall
Penn State Altoona	5-1	10-5
Penn State Behrend	5-1	9-9
Pitt-Greensburg	3-3	5-11
La Roche	3-3	7-6
Pitt-Bradford	2-4	5-12
Frostburg	2-4	5-12
Lake Erie	0-6	1-14

Men's Basketball

School	C.R.	Overall
Pitt-Bradford	6-0	13-3
Penn State Behrend	5-1	12-5
Frostburg	4-2	8-9
Pitt-Greensburg	2-4	5-12
La Roche	2-4	5-11
Lake Erie	1-3	6-10
Penn State Altoona	1-5	1-16

Winter Olympic Results

1st Place - Lambda Sigma
Prizes - Peak 'n Peek Play and Stay, $50 Bruno's Bucks, $10 Max and Erma's, $10 Great Escape, $20 Outback Steakhouse, five $10 Dick's Certificates

2nd Place - Team Finance
Prizes - $50 Dick's, $10 Great Escape,

Winter Olympic Results

$25 Bruno's Bucks, five free entrees at Longhorn, five EMS bottles

3rd Place - Lion Ambassadors #2
Prizes - $25 Bruno's Bucks, five free entrees at Longhorn, $10 Max and Erma's, Free pizza from Dynamite Pizza, one computer game -Morpheus, one free PSU jacket

PENN STATE BEHREND LIONS

THE NATIONAL SPORTS ARENA

National Basketball Association
League Leaders

Points Per Game (PPG)

	Player	Team	POS	PPG
1	A Iverson	PHI	G	29.9
2	P Pierce	BOS	F-G	26.9
3	K Bryant	LAL	G	26.4
4	S O'Neal	LAL	C	26.0
5	V Carter	TOR	G-F	25.6

Blocks (BLK)

	Player	Team	POS	BLK
1	B Wallace	DET	F-C	129
2	R LaFrentz	DEN	C-F	121
3	T Duncan	SA	F-C	112
4	D Mutombo	PHI	C	109
5	A Mourning	MIA	C	92

Rebounds Per Game (RPG)

	Player	Team	POS	RPG
1	T Duncan	SA	F-C	12.9
2	D Fortson	GS	F	12.7
3	K Garnett	MIN	F	12.1
4	B Wallace	DET	F-C	11.7
5	D Mutombo	PHI	C	11.5

Steals (S)

	Player	Team	POS	S
1	A Iverson	PHI	G	84
1	L Hughes	GSW	G	84
3	J Kidd	NJ	G	82
4	J WIlliams	MEM	G	74
5	J Terry	ATL	G	72

Assists Per Game (APG)

	Player	Team	POS	APG
1	A Miller	CLE	G	10.0
1	J Kidd	NJ	G	10.0
3	G Payton	SEA	G	9.1
4	J Tinsley	IND	G	9.0
5	B Davis	CHA	G	8.8

Free Throw Percentage (FTP)

	Player	Team	POS	FTP
1	T Brandon	MIN	G	.985
2	C Whitney	WAS	G	.921
3	R Miller	IND	G	.918
4	R Hamilton	WAS	G-F	.897
5	J Stockton	UT	G	.886

Field Goal Percentage (FGP)

	Player	Team	POS	FPG
1	S O'Neal	LAL	C	.558
1	D Marshall	UT	F	.558
3	T MacCulloch	NJ	C	.533
4	A Mourning	MIA	C	.527
5	E Brand	LAC	F	.522

3-Pt. Field Goal Percentage (FGP)

	Player	Team	POS	FGP
1	S Smith	SA	G-F	.565
2	W Person	CLE	G-F	.481
3	H Davis	WAS	G	.479
4	J Barry	DET	G	.476
5	E PiatkowskiLAC		G-F	.474

Division I College Basketball
AP Top 25

Women's Basketball

	Team	Record	Points
1	Connecticut	20-0	1,000
2	Tennessee	16-1	947
3	Stanford	18-1	902
4	Oklahoma	15-2	891
5	Vanderbilt	18-3	839
6	Duke	15-3	789
7	South Carolina	17-2	714
8	Wisconsin	16-2	678
9	Louisiana Tech	12-3	670
10	Iowa St	14-4	591
11	Purdue	14-3	567
12	Texas	13-3	532
13	Texas Tech	11-5	481
14	Baylor	14-3	460
15	Kansas St	17-2	439
16	Georgia	13-4	398
17	Virginia Tech	14-3	330
18	Flordia	13-5	319
19	Colorado	13-6	248
20	North Carolina	14-4	244
21	Colorado St	15-3	238
22	Auburn	13-4	142
23	Boston College	14-3	79
24	LSU	10-6	72
25	Minnesota	14-3	64

OTHERS RECEIVING VOTES
TCU 63, Michigan 43, St. Josephs 42, Tulane 35, Old Dominion 19, George Washington 18, UNLV 18.

National Hockey League
League Leaders

Points (Pts)

	Player	Team	POS	Pts
1	J Iginla	CGY	RW	54
2	J Thornton	BOS	C	53
3	P Demitra	STL	RW	52
4	K Tkachuk	STL	LW	51
4	M Naslund	VAN	LW	51

Assists (Ass.)

	Player	Team	POS	Ass.
1	A Oates	WSH	C	40
2	J Thornton	BOS	C	34
2	J Roenick	PHI	C	34
4	D Weight	STL	C	33
5	3 tied with			32

Goals

	Player	Team	POS	Goals
1	J Iginla	CGY	RW	30
2	E Daze	CHI	LW	27
2	M Modano	DAL	C	27
2	M Sundin	TOR	C	27
5	2 tied with			26

Bud Light Plus/Minus (+/-)

	Player	Team	POS	+/-
1	C Chelios	DET	D	28
2	S Gagne	PHI	LW	27
3	J Roenick	PHI	C	25
4	E Weinrich	PHI	D	24
5	M Nylander	PHI	C	23

Goals Against Average (GAA)

	Player	Team	POS	Yds
1	T Conklin	EDM	G	1.62
2	P Roy	COL	G	1.82
3	M Legace	DET	G	1.86
4	I Bryzgalov	ANA	G	1.88
5	J Storr	LA	G	1.89

Save Percentage (%)

	Player	Team	POS	%
1	T Conklin	EDM	G	.939
2	M Legace	DET	G	.936
3	N KhabibulinTB		G	.931
4	P Roy	COL	G	.929
5	J Theodore	MTL	G	.925

Penalty Minutes (PM)

	Player	Team	POS	PM
1	P Worrell	FLA	LW	193
2	K Sawyer	ANA	LW	175
3	B Ference	FLA	D	159
4	D Lambert	ANA	LW	157
4	P Laus	FLA	D	157

Shots on Goal

	Player	Team	POS	Shots
1	P Bondra	WSH	RW	229
2	B Guerin	BOS	RW	228
3	B Rolston	BOS	C	226
4	M Naslund	VAN	LW	203
5	P Kariya	ANA	LW	198