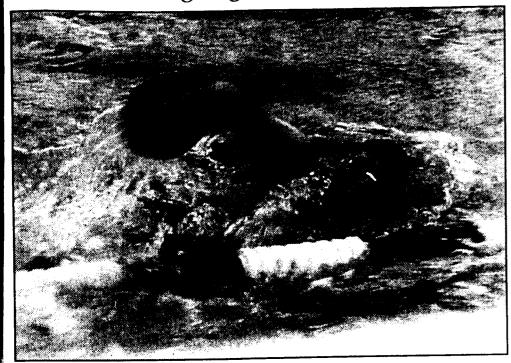


The Behrend Beacon

Swim teams endure 'boot camp' before match against Alfred

'We are going to have to fight for every point.' -- coach Josh Heynes, concerning the rest of the season is going to be



PHOTOS BY MIKE BELLO / BEHREND BEACON

Freshman Joe Deely practices on Wednesday for Behrend's match with Alfred on Saturday at the Junker Center. The Lions are scheduled to participate in seven matches in the next month.

Sophomore Holly Stash enjoys a swim during the same practice. The Lions returned to school several days before classes started to get in as much swimming time as possible. The Lions hope the extra workouts will pay off in the end.

by Kate Levdansky Petrikis assistant sports editor

The 2001-2002 holiday season is now over, and it is back to school and practice for the swim teams. The men and women dove in headfirst Jan. 5 to begin a week-long training camp here at Penn State Behrend. Normally, the teams would travel to Florida or Texas, but unforeseen circumstances prevented Behrend from going this year. Luckily, the weather in those out-of-state areas was worse than here in Erie.

Behrend made the most out of its training, having one high-intensity water workout and serious dryland and lifting routines. The players performed these exercises twice a day for three hours.

"Yes, they are sore and tired," said head coach Josh Heynes. "But, it will all pay off come conference time." Which, by the way, is in just six short weeks.

"We are just training right through the meet on Jan. 12. It has been awhile since we raced so this meet should be interesting. We need to get the cobwebs out," said Heynes.

Their competitor, Division III school Alfred University, is a difficult opponent. The meet is at Behrend (1 p.m), and Heynes hopes the home crowd will come and make

some noise to help intimidate the opposition. The swimmers to watch are Sam Cibula, Casey Doody, Lucas Dushac, Justin Lucas,

and Christine Williams. "Some are real close [to ECAC qualifying times], but it will come down to conference, and when we rest and shave down, to see "The remainder of the season is going to be hard with meet after meet after meet. Having lots of meets [is] good in a way because of the good training we will receive. However, the schools we swim against are tough, and we are going to have to fight for every point."

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THE BEACON SCOREBOARD

THE BEHREND SPORTS SCENE

Women's Basketball			Men's Basketball			Men's Basketball Stats			Women's Baske	tball Sta		
<u>School</u>	<u>C.R.</u>	<u>Overall</u>	School	<u>C.R.</u>	<u>Overall</u>	<u>Player</u>	<u>PPG</u>	<u>RPG</u>	<u>Player</u>	<u>PPG</u>	<u>RPG</u>	
Penn State Altoona	2-0	6-2	Pitt-Bradford	2-0	7-3	James Curren	11.8	6.9	Erin Phillips	15.8	8.2	
La Roche	1-0	4-3	Frostburg	1-0	5-6	Casey Ponsoll	11.1	3.2	Kate Costanzo	11.5	4.2	
Frostburg	1-0	3-8	Penn State Behrend	2-1	8-5	Steve Merrill	10.5	3.4	Erica Mozdy	9.0	5.5	
Penn State Behrend	2-1	5-8	Pitt-Greensburg	1-1	4-8	Randy Conley	8.3	4.2	Christine Charnock	8.2	3.2	
Pitt-Greensburg	1-1	1-10	Lake Erie	1-2	6-9	Dave Hairston	7.7	6.0	Danielle Bemis	7.5	1.8	TTOIT
Pitt-Bradford	0-2	2-8	La Roche	0-1	3-7	Matt Keith	5.1	2.1	Crystal McGarvey	6.3	4.0	
Lake Erie	0-3	1-10	Penn State Altoona	0-2	0-9	Marty Timm	4.6	1.2	Carly Cochran	3.7	2.7	

THE NATIONAL SPORTS ARENA

2001-2002 College	National Hockey League				National Football League													
Bowl <u>Date Result</u>	Bowl Date Result			League Leaders			Final NFC Statistics					Final AFC Statistics						
New Orleans - Dec. 18 - Colorado State				Points (Pts)				Passing Yards (Yds)					Passing Yards (Yds)					
45, North Texas 20	kansas 3				<u>Player</u>	Team	POS	<u>Pts</u>			0	POS	Yds		Player	Team	POS	Yds
GMAC - Dec. 19 - Marshall 64, East				1	J Iginla	CGY	RW	53	1		STL	QB	4830	1	P Manning	IND	QB	4131
Carolina 61 (2OT)	Ohio State 28			2	J Thornton	BOS	С	48	2		GB	QВ	3921		R Gannon		QB	3828
Visit Florida Tangerine - Dec. 20 - Pitts-	Toyota Gator - Jan. 1 - Florida State 30,			3	S Kapanen	CAR	RW	45	3		NO	QB	3832.		T Green	KC	QВ	3783
burgh 34, North Carolina State 19	Virginia Tech 17			3	A Zhamno		С	45	4	K Collins		OB	3764		D Flutie	SD	QB	3464
Sega Sports Las Vegas - Dec. 25 - Utah				5	B Shanaha		LW	44	1 ·	J Plummer		QB ·	3653		S McNair	TEN	QB	3350
10, USC 6	Tennessee 45, Michigan 17									5 i fumilier	7 1111	χυ	2022	0	5		χ	
Seattle - Dec. 27 - Georgia Tech 24, Tostitos Fiesta - Jan. 1 - Oregon 38 Stanford 14 rado 16			on 38, Colo-	Goals				Rushing Yards (Yds)					Rushing Yards (Yds)					
Stanford 14 Mainstay Independence - Dec. 27 - Ala-	Nokia Sugar -	lan L. I.S.	147 Illinois		Player	<u>Team</u>	POS	Goals		<u>Player</u>	Team	POS	Yds		Player	<u>Team</u>	POS	<u>Yds</u>
bama 14, Iowa State 13	34	<i>Jun.</i> 1 - 1.50	/ 4 /, millions	1	J Iginla	CGY	RW	29	1	S Davis	WAS	<u>RB</u>	<u>1432</u>	1	P Holmes	KC	RB	<u>1555</u>
galleryfurniture.com - Dec. 28 - Texas	FedEx Orang	e - <i>Jan</i> 2 -	Florida 56.	$\frac{1}{2}$	M Sundin	TOR	C	25	2		GB	RB	1452		C Martin		RB	1513
A&M 28, TCU 9	Maryland 23			2	E Daze	CHI	LW	23	$\begin{vmatrix} 2\\ 3 \end{vmatrix}$		STL	RB	1387		S Alexande		RB	1313
Music City- Dec. 28 - Boston College 20,		T Rose - Jan. 3 - Miami 37, 1	ami 37, Ne-	3	B Shanaha		LW	24	3 4	R Williams		RB	1245		C Dillon	CIN	RB	1315
Georgia 16	braska 14		2			RW	24				RB	1245		L Tomlinso		RB	1236	
Culligan Holiday - Dec. 28 - Texas 47,					I Donuta	WAS	1	24	5	G Hearst	SF	КB	1200	5	L IOIIIIIS	011312	KD	1250
Washington 43	BCS Team Standings			Assists (Ass.)				Receiving Yards (Yds)					Receiving Yards (Yds)					
Motor City - Dec. 29 - Toledo 23, Cin-	Rank Schoo	<u>1</u>	Points		<u>Player</u>	-	<u>POS</u>	Ass			Ç					- ·	POS	Yds
cinnati 16	1 Miami	(Fla.)	2.62	1 ·	A Oates		<u>ros</u> C	<u>Ass.</u> 34		<u>Player</u>	Team			1	<u>Player</u> M Harrison	<u>Team</u>	WR	<u>165</u> 1524
Sylvania Alamo - Dec. 29 - Iowa 19,	2 Nebras		7.23			STL	C	34		D Boston	ARI		1598	1	M Harrison	JAC	WR	1324
Texas Tech 16	3 Colora		7.28	$\frac{2}{2}$	D Weight J Thornton		C	30	2		SF		1412		J Smith	DEN	WR	1373
Insight.com - Dec. 29 - Syracuse 26,	4 Oregor		8.67		A Zhamno		C	30	3	T Holt	STL		1363		R Smith	_	WR	1343
Kansas State 3	5 Florida		13.09	5		СП	C	29	4	K Johnson	TB	WR			Troy Brow			1165
Crucial.com Humanitarian - Dec. 31 -	6 Tennes	see	14.69	3	2 tied with			29	5	J Horn	NO	WK	1265	Э	Tim Brown	IUAK	WK	1105
Clemson 49, Louisiana Tech 24 Wells Fargo Sun - Dec. 31 - Washington	7 Texas		17.79 19.31		Dudttah	4 Dl	A:				a .					C. I.		
State 33, Purdue 27	8 Illinois 19.31 9 Stanford 20.41			Bud Light Plus/Minus (+/-) <u>Player Team POS +/-</u>					Sacks					Sacks				
Silicon Valley Football Classic - Dec.	10 Maryla		21.29		<u>Player</u>			<u>+/-</u>		<u>Player</u>	<u>Team</u>		Sacks		<u>Player</u>	<u>Team</u>		Sacks
31 - Michigan State 44, Fresno State 35	11 Oklaho		21.54			DET	D	26		M Strahan			22.5		P Boulwar			15
AXA Liberty - Dec. 31 - Louisville 28,		gton St.	26.91		S Gagne	PHI	LW	23	2		STL	DE	14.5		J Abraham		DE	13
BYU 10	13 LSU	0	27.73	3	C Conroy	CGY		21	3			LB	13.5		M Wiley	SD	DE	13
Chick-Fil-A Peach - Dec. 31 - North		Carolina	37.77	3	J Iginla	CGY		21	3			DE	13.5		J Miller	CLE		13
Carolina 16, Auburn 10	15 Washir	gton	38.17	3	Z Chara	OTT	D	21	5	P Kerney	ATL	DE	12	5	J Gildon	PIT	LB	12