

Calendar of Events

Behrend Athletic Events

Friday

Men's Soccer @ AMCC Tournament @ Frostburg #2 Pitt-Greensburg vs. #3 Penn State Behrend 2:30 p.m.

Women's Volleyball @ AMCC Tournament TBA

Men's Water Polo @ Southern Division Championships @ U.S. Naval Academy TBA

Saturday

Men's Soccer @ AMCC Tournament @ Frostburg Championship Game 2 p.m.

Women's Volleyball @ AMCC Championships TBA

Men's Water Polo @ Southern Division Championships @ U.S. Naval Academy

Sunday

Men's Water Polo @ Southern Division Championships @ U.S. Naval Academy

Saturday Nov. 10

Men's and Women's Cross Country @ NCAA Mid-east Regionals @ Lehigh TBA

Intramurals Schedule

Friday Nov. 9

Intramural 3 vs. 3 Basketball: Men's and Women's Teams- Competitive and Recreational

2-Bal Competition

Men's, Women's, and Coed Teams (2 players)

Friday Nov. 16

Team Triathlon - Swimming, Biking, and Jogging Men's, Women's, and Coed (3 Players each team)

All entries must be at the intramural office by 4 p.m. on the scheduled date

Aerobics Classes

Junker Center Aerobic Room \$1/ class or \$10/ semester Mondays 7-8 p.m. Step and Pump

Tuesdays

7-8 p.m. Tae-Robics

Wednesdays

7-8 p.m. Step and Pump

Thursdays

7-8 p.m. Tae-Robics

Sundays

5-6 p.m. Tone and Stretch

Women's cross country team runs away with first ever conference championship

by Jason Snyder
staff writer

The Behrend women's cross country team placed seven runners in the top 10 to easily claim its first ever Allegheny Mountain Collegiate Conference Championship at La Roche on Saturday. But the women's domination of the race wasn't all that pleased coach Dave Cooper.

"I was pleasantly surprised to see seven Behrend women in the top 10," said Cooper. "What surprised me even more was that four Behrend runners managed to upend defending AMCC champion Inga Olsen of Frostburg State."

In last year's AMCC Championship, Olsen took first place to lead Frostburg over the Lions 26-29. This year, Behrend avenged last season's disappointing finish with a 16-55 trouncing of the defending champions. Olsen had to settle for fifth place, her worst finish in the AMCC Championships to date.

"The women were hungry for this title," said Cooper. "I just told them to be aggressive and not to get caught running with, as opposed to against,



the competition."

Instead, the women simply ran away from the competition.

Jessica Knapp took first place with a time of 21:21, earning her the AMCC Most Valuable Runner award, which goes to the top finisher in the conference championship. Teammate Andrea Sanko, Knapp's toughest competition all season, took second in the race at 21:33. The two women had shared the top spot for the Lions all season, which Cooper sees as the main reason the women dominated in



the conference championships. "I'm sure Jessica would agree that Andrea played a big part in bringing that award (Most Valuable Runner) back to Behrend," said Cooper.

Lyndsey Boor closed the gap between Behrend's top two runners and the rest of the team, finishing in third place with a time of 21:42. Cooper realized all season that the women needed to have more than just their "one-two punch" to contend for any titles.

Clair Manelick rounded out



Behrend's top four, edging Frostburg's Olsen by one second. Manelick was named the AMCC Newcomer of the Year.

"Manelick has struggled a bit of late and her comeback has given the team confidence as they head for NCAA Regionals," said Cooper.

Also finishing in the top 10 for the Lions were Suzie Szafran in sixth, Jessie Coe in seventh, and Tara Burgess in 10th. All of the Lions who finished in the top 10 were named to the All-Conference team.

Jessica Knapp, left, Andrea Sanko, center, and Lyndsey Boor, right, finished one, two, three in the AMCC Championship to lead the Lions to an easy 16-55 win. Behrend took seven of the top 10 places, with Clair Manelick in fourth, Suzie Szafran in sixth, Jessica Coe in seventh, and Tara Burgess in 10th.

Cooper made the conference awards a clean sweep for the women's team, being named AMCC Coach of the Year in his first season at Behrend.

"This was the first AMCC title for the women and it couldn't have happened to a nicer, harder working group of ladies," said Cooper. "I feel good about the title and I'm honored to have received AMCC coach honors as well."

On Nov. 10, the Behrend women will travel to Lehigh University to compete in the NCAA regionals.

"The Behrend women have never finished higher than 22nd there, out of roughly 40 teams," said Cooper. "We are shooting for the top 10-15 places this year."

Volleyball team looks for revenge against Altoona this weekend

by Diane Holtzford
staff writer



PHOTO BY MIKE BELLO

Sophomore Jessica Niedermeyer, left, and freshman Trish Krantz work together to block a Pitt-Bradford spike on Monday at the Junker Center. The Lions took care of Bradford in three straight sets to improve their record to 20-10 on the year, and 10-2 in the AMCC, good for second place heading into this weekend's finals.

This past Monday, the Behrend women's volleyball team ended its incredibly successful regular season at home against conference opponent Pitt-Greensburg. Also, at this time the team's two seniors, Brienne Engelbert and Sarah Peterson, were honored for their contribution and success to the

Behrend program. They admit to having some great memories throughout their four years and are excited for the success of their team.

Behrend defeated Greensburg easily in three games, 30-18, 30-24, 30-23. The Lions finished their season with an impressive conference record of 10-2 and an overall record of 20-10.

"We played well, and everyone got a chance to play," said coach Kellie

Diehl about her team's win.

Peterson and Engelbert contributed to their team's win, as Peterson had nine kills and eight digs and Engelbert had three kills and eight digs. Also, Jessica Niedermeyer had three kills and eight digs, and Danielle Bemis added five kills and four digs.

The Behrend Lions compete in the AMCC conference tournament this weekend in Altoona. Behrend will play Pitt-Bradford, which they have

beaten four times already this season, in the semifinal.

Behrend will play Bradford on Friday. If the Lions win they will play the winner of the Frostburg/Altoona semifinal game in the finals on Saturday. Diehl said she is confident the Lions will play Altoona in the final and that her team can beat them.

Seniors Peterson and Engelbert engage in 'ask and respond'

What has been the cause of your team's success this year?

Engelbert: I think two factors contribute to our success this year: the hard-working individuals on our team and our coaches. Our team is very competitive and works hard together; we won't let anything stand in the way of our goals. The new coaches have brought a new aspect to our game. They make us work hard to reach our goals and let us know when we need to clean things up, yet still let us play the game, and they always bring the fun with them.

Peterson: I think our success is (attributed) to the determination and hard work of the girls. We all love the game and want to win, so we go into every practice with intensity, and we look for ways to improve our game. I also think that our success

has to do with how much we get along together as a team. We have a great time and we carry that onto the court, which helps us to continually play well.

What is the team's attitude going into this weekend?

Engelbert: Our attitude for this weekend is to crush Pitt-Bradford (for the fifth time) and Altoona. We know we are the better team and although we have lost to Altoona twice, we played badly both nights. We know that we have to play our "A" game to come out on top and that's what we plan to do. We will work hard this week in practice and look forward to the challenge.

Peterson: Our attitude going into this weekend is revenge. We want to crush Bradford on Friday to avenge

them for the comments made about our fans, and we want to annihilate Altoona because of our losses to them earlier this season. We really want to prove that we are the best team in the conference!!

What are your goals for the team as your season winds down?

Engelbert: My goal for the team is to win AMCCs and advance to ECACs. I want us to play our best at AMCCs and give both teams a run for their money. I want them to know who the better team is and who wants the AMCC title more.

Peterson: Our biggest goal is to win AMCC and to hopefully continue onto ECAC. But above all we just want to show everybody what Behrend can do!



PHOTO BY MIKE BELLO

Freshman Trish Krantz, left attempts to knock the ball over a Pitt-Bradford opponent on Monday. Senior Brienne Engelbert, right, prepares for the outcome of Krantz's attempted spike.

Men's soccer team within reach of AMCC

by Kate Levinsky Petrikis
assistant sports editor

Behrend competes in the 2001 AMCC Men's Soccer Championships at Frostburg today and Saturday. Today, No. 1 Frostburg (5-1) will challenge No. 4 Penn State Altoona (2-4), at noon. Following that game, No. 2 Pitt-Greensburg (5-1) will take on No. 3 Penn State Behrend (5-1) at 2:30 p.m. The championship game will be held Saturday at 2 p.m.

Behrend played Thiel Oct. 25 and won the game 6-1, which improved Behrend's overall record to 10-6-1. Behrend's Chris Lightner was named AMCC's "Best of the Rest," due to his performance in this game. Lightner had a pair of goals in win over Thiel, and broke the all-time career points record.

"After I scored, I heard on the loud speaker that I broke the career points record," said Lightner. "Coach was yelling for me to come shake his and everyone on the teams' hand. I am very happy to have accomplished this record, and having the opportunity to play on this team with so many great people over the years."

The Lions added to their winning record by beating Buffalo State on Tuesday. The score was 3-1, making the team's overall record 11-6-1.



PHOTO BY MIKE BELLO

Senior Mark Szweczykowski dribbles upfield alongside freshman Jason Ferrier in their game against on Oct. 25 against Thiel. The Lions used their last home games, along with their game at Buffalo State on Tuesday, to prepare for the AMCC Championships this weekend. The Lions will look to revenge last year's 1-0 overtime loss to Frostburg in the AMCC finals.

PENN STATE BEHREND

TRACK & FIELD

ORGANIZATIONAL MEETING

TUESDAY NOV. 6TH, 7:00 pm, 117 REED LECTURE HALL

MANDATORY