

Halaszynski runs the steeplechase for the track and field team

by Jeanine Noce
assistant sports editor

Dennis Halaszynski is running the 3000-meter steeplechase race for the Penn State Behrend track and field team. This senior, along with the team's other 26 members, hopes to win an AMCC (Allegheny Mountain Collegiate Conference) title this year. With the experience and knowledge from Halaszynski, the team has a chance to qualify.

The steeplechase consists of seven laps with five three-foot hurdles to jump per lap. However, after the last hurdle, the runner jumps into water. The steeplechase is almost two miles long and can be difficult with the addition of water to the hurdle portion of the race.

Being a member of track and field during his sophomore, junior, and senior years at McKeesport High School has definitely been an advantage. During high school, Halaszynski, now a political science major with a minor in international studies, was a member of the varsity track and field team. Halaszynski has also run track and field during all four years here for Behrend. He enjoys being a part of the team and will definitely miss running after graduation. He also believes that the track and field coach Rich Hoffman is extremely helpful. Hoffman is the long distance running coach and helps Halaszynski with all of his practices.

"Halaszynski is running very well this season. He had a good indoor season which will translate into a good outdoor season. He is also one of the hardest workers on the team and leads by example," said Hoffman.



PHOTO BY BECKY WEINDORF

Halaszynski's practice schedule is quite demanding. He runs three days during the week from 6:00 a.m. until 6:45 a.m. The other two weekdays he attends the hurdling practice from 1:00 p.m. until 2:00 p.m. He also practices daily with the team from 4:00

p.m. until 6:00 p.m. On Saturdays the team usually has a meet and then on Sundays, Halaszynski runs for approximately 45 minutes on his own.

"I tend to work better with stress, believe it or not," said Halaszynski. Along with practicing and running seven days a week, Halaszynski has been a member of the indoor track and field team and the cross-country team during the past four years. He also works at the Penn State Behrend maintenance building. He believes that it is not extremely difficult to balance track and field, schoolwork and working; instead Halaszynski believes that it schedules his time better.

His favorite experience during his four years here at Behrend was during this past fall's cross-country season when the team won the AMCC title. Halaszynski and several other members of the track and field team traveled to Disney World in Orlando, Fla. last season. They attended the Wide World of Sports Training Complex and competed against 10 other colleges. As a whole, the members placed relatively well in each of the races. Halaszynski is also happy with his fastest time thus far for the steeplechase race. His best time is 10:18 and he hopes to improve on this throughout the rest of the season.

The track and field team typically stays in the Tri-State area, which consists of Pennsylvania, Ohio and New York. The team's next meet is Saturday, at 10:00 a.m. Halaszynski and the team will be traveling to Case Western Reserve to compete in the invitational.

Penn State Behrend Night at Jerry Uht Park

Erie SeaWolves vs. Reading Phillies
Monday, April 23
6:30 PM

Tickets will be discounted by \$1.00 if you order in advance. Reservations must be made by April 13. The tickets will then be delivered during the week of April 16.

College clubs, organizations, and athletic teams in attendance will receive recognition at the game.

Contact Stacy Pondo at 898-6240 for more details.

SCOREBOARD

BEHREND SPORTS

MEN'S BASEBALL

WOMEN'S SOFTBALL

School	C.R.	Overall	School	C.R.	Overall
Pitt-Bradford	2-0	13-3	Penn State Behrend	2-0	5-7
Frostburg St	1-0-1	10-5-1	La Roche	1-1	12-4
Penn State Altoona	1-1	11-10-1	Frostburg St.	1-1	4-10
Penn State Behrend	1-1	8-10	Pitt-Bradford	1-1	1-1
La Roche	0-1-1	3-2-2	Penn State Altoona	1-3	5-4
Pitt-Greensburg	0-2	1-12	Lake Erie	0-2	0-4
			Pitt-Greensburg	0-0	2-4

Behrend vs. Allegheny Cancelled
Behrend 6 PSU Altoona 9
Behrend 6 PSU Altoona 5

Keith Lepionka was 3-5 with 2 homeruns against Altoona.

Behrend 1 PSU Altoona 0
Behrend 12 PSU Altoona 4

Nichole Spindler was 4-6 with 4 RBI's against Altoona.

MEN'S TENNIS

WOMEN'S WATER POLO

	CR	OR
Penn State Altoona	2-0	4-0
Frostburg St.	1-0	2-0
Penn State Behrend	1-1	1-3
Pitt-Greensburg	1-2	1-4
Lake Erie	0-2	0-2

Behrend 1	Slippery Rock 11
Behrend 1	Bucknell 12
Behrend 2	St. Francis 19
Behrend 2	Queens 11

All tennis matches were cancelled last week.

Southern Championships at Grove City April 6-7

MEN'S TRACK

WOMEN'S TRACK

Tyler Travis and Dave Masilunas set school records in the 5000m and 110H respectively. Jay Davids qualified for ECAC championships in the high jump.

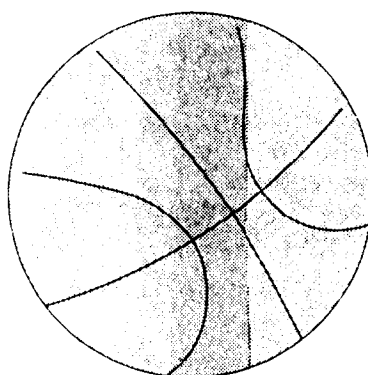
****New School Records****
Lindsay Schulte - 400m
- 200m
- Triple Jump
Heather Efaw - 400 IH
Louise Wingerter - Pole Vault

NATIONAL SPORTS

College Basketball

NHL Standings

Men's NCAA Champion DUKE



Women's NCAA Champion NOTRE DAME

NASCAR

2001 Winston Cup Standings:

	Race	PTS.
1	Dale Jarrett	1056
2	Jeff Gordon	981
3	Johnny Benson	946
4	Steve Park	933
5	Sterling Marlin	889
6	Rusty Wallace	879
7	Bobby Hamilton	825
8	Elliott Sadler	824
9	Bill Elliott	822
10	Kevin Harvick	811
11	Ricky Rudd	795
12	Ward Burton	795
13	Ken Schrader	777
14	Terry Labonte	742
15	Michael Waltrip	740
16	Jerry Nadeau	730
17	Tony Stewart	726
18	John Andretti	714
19	Jimmy Spencer	707
20	Dale Earnhardt Jr.	704

Eastern Conference

Atlantic	W	L	T	OL	Pts	GF	GA
Devils	45	19	12	3	105	282	189
Phil.	41	24	11	2	95	231	198
Pitt.	40	28	9	2	91	268	246
Rangers	32	41	5	1	70	245	281
Islanders	21	48	7	3	52	178	256
Northeast							
Ottawa	46	20	9	4	105	263	194
Buffalo	45	28	5	1	96	213	178
Toronto	35	28	11	5	86	224	200
Boston	34	29	8	8	84	218	240
Montreal	27	39	8	6	68	203	228
Southeast							
Wash.	39	25	10	4	92	223	202
Carolina	36	31	8	3	83	200	214
Florida	20	37	13	9	62	195	242
Tampa	24	45	6	4	58	195	270
Atlanta	22	43	12	2	58	204	280

Western Conference

Central	W	L	T	OL	Pts	GF	GA
Detroit	47	19	9	4	107	244	197
St. Lou	41	22	11	5	98	242	192
Nash.	33	34	9	3	78	181	194
Chic.	29	38	8	4	70	205	236
Colum.	26	37	9	6	67	181	222
Northwest							
Col.	51	15	9	4	115	262	185
Edmon.	38	28	11	3	90	237	218
Vancou.	35	27	11	7	88	234	232
Calgary	26	34	15	4	71	190	227
Minnes.	24	38	12	5	65	161	202
Pacific							
Dallas	46	24	8	2	102	231	182
San Jose	38	27	12	2	90	206	186
L.A.	37	28	12	2	88	245	221
Phoenix	34	26	16	3	87	207	205
Anaheim	25	39	10	5	65	184	235

NBA Standings

Eastern Conference

Atlantic	W	L	Pct	GB
76'ers	51	22	.699	---
Miami	43	29	.597	7.5
Knicks	43	30	.589	8
Orlando	40	33	.548	11
Boston	33	40	.452	18
Nets	26	50	.342	26.5
Wizards	18	55	.247	33
Central				
Bucks	46	27	.630	---
Charlotte	41	32	.562	5
Toronto	40	33	.548	6
Indiana	33	40	.452	13
Detroit	27	46	.370	19
Cleveland	26	47	.356	20
Atlanta	23	51	.311	23.5
Chicago	12	60	.167	33.5

Western Conference

Midwest	W	L	Pct	GB
Spurs	51	22	.699	---
Utah	49	24	.671	2
Dallas	47	26	.644	4
Minnes.	43	30	.589	8
Houston	40	34	.541	11.5
Denver	35	39	.473	16.5
Vancouv.	21	53	.284	30.5
Pacific				
Kings	49	23	.681	---
Lakers	48	26	.649	2
Portland	47	26	.644	2.5
Phoenix	45	27	.625	4
Seattle	41	34	.547	9.5
Clippers	27	47	.365	23
Warriors	17	56	.233	32.5

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STEREO SYSTEM FOR SALE
like-new Sharp stereo system with 5-disc changer, dual cassette, and AM/FM radio
\$200 - or best offer
email:bdj123@psu.edu for more information

FULL SIZE BED SET
Never been used and is still in the plastic. Requesting \$150. If interested contact or call 434-3281.

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