

Cross-country teams head to Regionals

Jason Snyder
sports editor

The Behrend men's and women's cross-country teams will travel to Allentown, PA this weekend to compete in the Regional meet in hopes of extending their season for Nationals. Both teams come off of two weeks of training and preparing mentally in hopes of running their best races of the year.

The Regional meet will host about 300 of the region's top runners with the goal of qualifying for nationals. Coach Rich Hoffman commented on the importance of the meet saying, "this is the meet of the year for most of these teams. And for the top teams, this is their ticket to nationals, so everyone will be competing intensely."

The men's team will send their top seven runners and three alternates. Brian Gaines, Adam Dzuricky, Dennis Halaszynski, Mark Surovick, Tyler Travis, Jason Saeger, and Matt Heidecker will all compete in the race as Dave Rhoades, Greg Cooper and Tom McCall will back-up those runners.

The men will be competing against three nationally ranked teams: College of New Jersey (12), Haverford (16), and Carnegie Mellon (23). Allegheny is ranked fourth in the Mideast Regional Rankings. "We've raced Allegheny two times and have been fairly close. They have a tight pack but I think we can run with them," said Hoffman.

The women's team, although small in number, hopes to have a positive showing this weekend. They will be sending Abby Crilley, Keri Lowman, Tina Rubay, Amy Bednar, and Robin Suhrie.

The women will also compete against three nationally ranked teams: Carnegie Mellon (5), College of New Jersey (9), and Moravian (18). Hoffman, optimistic for the future said, "we are not in position to challenge these teams this year, but we are laying the groundwork to do it in the future." He added, "they have been working very hard, very diligently and have shown a tremendous enthusiasm for improving and competing. They do their runs, they hit their training times correctly, they get in the weight room, and they are taking care of the means to the end. They have made great strides all season and I am looking forward to them having a terrific regional race."

Having such young teams, Hoffman is aware of the challenge that lies ahead. "It can be a challenge. But the guys have been in big races before, and know what it takes. Our sophomores have been through regionals before and know what it's like. The underclassmen will need to take a cue from them."

Both the men and the women have had two weeks since the AMCC Championships to prepare for regionals. Hoffman's goal in the training was to "make our previous race pace more comfortable and bridge the gap into the ability to maintain a faster race pace, and to be able to respond to pace increases."

Entering the race on Saturday, both the men and the women know how they plan to attack. "Our mentality is that we've done our work. We have the ability to do well and now all we have to do is go out and run our best and allow our ability and hard training to shine through," said Hoffman. He concluded, "it's all about the process of preparing and seeking out what we can do. We need to concentrate on the means - the end will take care of itself."



Behrend Students play a pickup game of basketball photo by Ayodola Jones

Housing and Food Service Athlete of the Week

Name: Travis Lang
Sport: Men's Soccer
Class: Senior
Date: November 2 - November 9

Travis Lang, a senior midfielder on the men's soccer team, has been named the Housing and Food Service Athlete of the Week. Playing in the final home game of his career Lang scored both goals in Behrend's 2-1 overtime victory over Allegheny.

"Travis really stepped up for us against the Gators," said head coach Dan Perritano. "He has been a consistent scorer for our program."

Lang finished his soccer career at Behrend with his name scattered throughout the record books. He is the all-time assist leader for the Behrend Lions and nearly broke the career points record for the college. He has also competed in 70 soccer contests, one less than the school record.

Men's Soccer finishes second at AMCC championships

Jason Snyder
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The Behrend men's soccer team ended their season this past weekend with a second place finish at the Allegheny Mountain Collegiate Conference Championships. The men finished the season with a 13-9 record, breaking the Behrend men's soccer record for wins in a season.

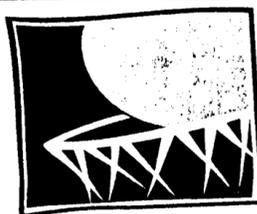
This past Saturday, the Lions

battled Pitt-Bradford in the semifinals of the tournament. Chris Kennelly put Behrend on the board first with a goal in the 19th minute of play. The Lions were able to hold on to the win as David Snook punched in the game winner in the 40th minute of play to give Behrend a 2-1 win and a shot at the championship the next day.

On Sunday, the men faced AMCC powerhouse and conference rival Frostburg State. The Bulldogs showed their AMCC supremacy by blanking the

Lions 4-0 en route to the championship. Steve Hemke scored two goals for Frostburg as goalie Walker Boyd recorded the shutout.

Despite the second place finish, Behrend had three of their competitors named to the All-AMCC Team. Midfielders Travis Lang and Josh Castillo were awarded with such recognition along with defender James Martin.



Read the Beacon next week for our Basketball Preview

Basketball tip-off November 21

Scoreboard

Women's Soccer		
	Overall Record	AMCC
Behrend	15-3-3	6-0
Frostburg	11-6	3-2
La Roche	13-6	2-4
Lake Erie	13-8	1-4
Pitt-Bradford	8-11	1-3

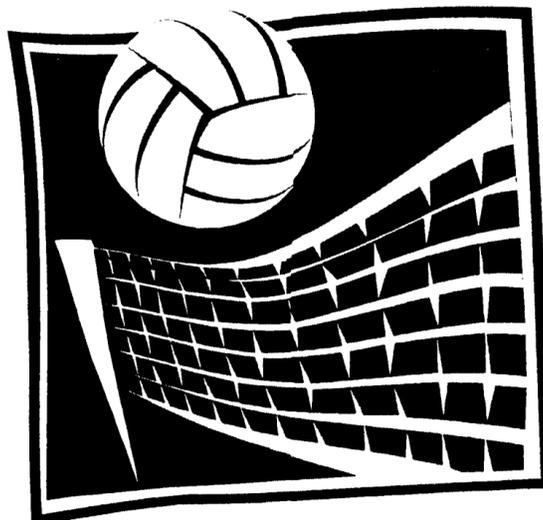
Behrend Scores
Behrend 0 Franklin and Marshall 3

Men's Soccer		
	Overall Record	AMCC
Frostburg	16-5	7-0
Behrend	13-9	5-2
Pitt-Bradford	7-12	2-4
Pitt-Greensburg	7-9	2-3
La Roche	7-13	2-4
Lake Erie	8-12	0-5

Behrend Scores
Behrend 2 Pitt-Bradford 1
Behrend 0 Frostburg 4

Cross Country

Upcoming Behrend Meet
November 14 Regional Meet @ Allentown



BASKETBALL FAN JAM

November 13th
7:30 p.m.

Scrimmages, prizes
and pizza!

