

# Lady Lions continue to improve

by Nick Zulovich  
Sports Editor

Tuesday night the Lady Lion volleyball team continued their improving play with a three game sweep over Pitt-Bradford. Behrend won the match by scores of 15-3, 15-0, and 15-6.

Great serving was the key to victory for the Lady Lions. Sophomore Amy Good racked up six service aces in the three

games.

Erin McCormick and Kim Vollmer paced the Behrend attack with seven and six kills respectively.

With the victory, Behrend improves to 13-17 on the campaign.

Head Coach Sharon Gregory felt overall it was a good effort by her club.

"We had our moments. I think we started off really strong. The

other team [Pitt-Bradford] didn't put very many attacks together."

Over the last couple of weeks, the Lady Lions have won seven out of their last eight games. Gregory credits her team understanding the new system of play brought in by her.

"Not only are they individually understanding but also as a team. You can't have one person running the correct play and someone else not there. I have been very pleased with how they've played," explained Gregory.

Last Saturday, Behrend held its annual Lion Challenge tournament. Notre Dame of Ohio, Carnegie Mellon, Pitt-Johnstown and the Lady Lions made up this year's field.

The Lady Lions came in as the defending champions in the Lion Challenge. Behrend captured second place Saturday.

In the first match of round robin play, Behrend defeated Carnegie Mellon in two games, 15-8, 15-6.

Behrend continued solid play with two victories over Notre Dame of Ohio. The Lady Lions posted 15-13 and 15-6 scores in the two games.

The final game of round robin play matched up Behrend and Pitt Johnstown, a Division II school.

The Lady Lions played very aggressive volleyball against

Pitt-Johnstown. Because of that, Behrend won the match in two games 15-12 and 15-6. This match was just a preview to the championship game.

In that championship game, Pitt-Johnstown took the early lead in match by winning the first game 15-12.

But the Lady Lions did not just quit from there. Behrend came back to win the second game 15-10 to send the championship match to a third and decisive game.

The third game was an outstanding effort. After two team rotations, the score was deadlocked at one apiece. It forced both Gregory and Pitt-Johnstown Coach Clyde Horner to play with line-ups they did not necessarily want.

But it was Pitt-Johnstown executing their plays the best down the stretch that gave them the game and tournament victory 15-9.

Gregory was very happy how her team played during the tournament.

"It was very balanced across the board. We basically won the wrong match, that was the difference between first and second in that tournament."

McCormick and Good were named to the all-tournament team.

McCormick racked up 22 kills for the tournament.

Good was one of the defensive standouts for Behrend during the tournament. Good finished the tournament with 15 kills, nine digs, and five service aces. Gregory felt, "Amy is probably our most consistent passer."



Photo by Colleen Gritzen Collegian Photographer  
Bust a move: Athlete of the week Amy Good proves why she's great in a recent match.



Photo by Colleen Gritzen  
Have a seat: Jen Leone takes a well-deserved break during volleyball action.

*We basically won the wrong match, that was the difference between first and second in that tournament.*

-- Head Coach Sharon Gregory

## Amy's so Good

by Matt Plizga  
Collegian Staff

"She is the most consistent player on the team. She always plays well," said teammate Angela Georg about this week's Housing and Food Services athlete of the week Amy Good.

Amy is a sophomore outside hitter on the volleyball team.

Good earned athlete of the week with her fine performance in the Lion Challenge tournament held last weekend. She led the team to a second place finish, earning a spot on the all-tournament team along the way.

Good kept 95 percent of her passes in play and committed only six errors in 114 attempts. She also had 16 kills and 11 digs during the tournament. Yet her most impressive statistics were her serving numbers. She put an impressive 96 percent of her serves in play, while racking up a team high 12 serving aces.

"She is the best passer on the team and one of the most consistent hitters," said Coach Gregory.

Sophomore middle hitter Kim Vollmer added, "Amy is an excellent player. She is willing to do anything to help the team win."

"Amy is very versatile, which allows her to switch into the middle back and become the primary passer," continues Gregory.

"Good has really improved her serving and hitting this year," said middle hitter Erin McCormick.

Teammate Jessica Brody calls Good a "well-rounded player, and she is good at every aspect of the game."

Good prides herself on consistency. She added that serving is "the most important part of the game. If you can't serve, you can't score."

Coming into this year, Good said her goal was to "be consistent and win as many games as possible." She reached her goal of consistency, and has helped the team win along the way.

Good attributes the team's recent success to having more fun

playing ball. "We are improving with each game, having fun, and gaining confidence along the way."

How does the saying go- "If you can't be Good, be consistent?" Fortunately for the Penn State-Behrend volleyball program, Amy Good is both.

*Amy is an excellent player. She is willing to do anything to help the team win.*

--Kim Vollmer

about sophomore Amy Good, this week's athlete of the week.

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