

Eastway and Eastland strike out as a way to relieve stress

by Lori Anna Dyer Entertainment Editor

Are you loaded down with homework? Are paper deadlines creeping up faster than you imagined? Is finals week coming a couple weeks earlier this year? Or do you just need to blow off some steam?

If the answer to any of these questions is 'yes', did you ever think of bowling? Where else do you get the chance to hurl a big heavy ball down an alley to kill ten pins? Or wear those greatlooking fashionable red and green shoes?

It does not matter how good or bad you are, just throwing that ball and watching the pins fall can make you feel better. If you go with friends, you can have a sort of competition with your

The best two bowling alleys in Erie just happen to be on this side of town.

Eastland Bowl, on McClelland Ave, offers 20 lanes of excitement and pressure release. There is also the 300 Lounge for all bowlers over 21.

The price for a game is inexpensive, at \$1.85 per game,

condition. The scoring is even done by computer, for any bowling illiterates out there. Eastland shoe rentals are only \$1.00.

The other alley, Eastway Lanes, is home to Erie's own SplitFire Sparkplug Open. Eastway is by far the best alley in the city. It offers 40 lanes of continuous bowling pleasure. The bar there is called Keglers, another name for a bowler, and offers a chance to unwind after a grueling match.

and the lanes are in excellent inexpensive, at \$1.85 per game, and the lanes are the new synthetic lanes. This make the ball go even faster and, hence, it hits the pins even harder.

Eastway also offers computer scoring, because after bowling all those consecutive strikes, you are way too tired to figure up your score. Eastway shoe rental is only \$1.00.

The atmosphere of both alleys is very relaxing. Eastland offers your standard bowling seats, with long tables along the upper railing. Eastway has the standard The prices at Eastway are also bowling seats also, but on the

lane level is a back area for more seating room.

The bathrooms of the two alley are quite different, though. Eastway's bathrooms are very modern, and welcome you to Whereas, their facilities. Eastland's bathroom is Pepto-Bismol pink and make you want to leave immediately.

So, remember, if you need to blow off steam, or just relieve end of the semester stress (see R. Carl Campbell's column on stress if you don't know what it is) try bowling, it will cure what ails you.

Soap Updates

ALL MY CHILDREN: Noah supported Taylor during the investigation into the hitman's shooting. Dimitri suspected the letter (planted by Corvina) was a As Gloria's memory returned, she feared she had killed Adam. Upset over Trevor and Laurel's engagement, Janet asked a prison pal to advise her on bombmaking. Corvina admitted everything to Dimitri. Arlene and Alec rushed Hayley to the hospital. Wait to see: Kendall's anger fuels her next plan of attack.

ANOTHER WORLD: Vicky and Ryan celebrated the end of the trial. Spencer advised Grant to resign from the Senate. Rachel was determined to learn more about Carl's former mistress, Justine. La Comtesse (Justine) confronted her terrified sister, Annie. Justine later told her servant she was known as Justine Kirkland Harrison. In a flashback, Justine recalled meeting Carl. Spencer recounted the circumstances surrounding Ryan's birth. Wait to see: Grant faces a startling change in his life.

WORLD AS THE TURNS: Carly persuaded a guilt-ridden Rosanna to attend their father's funeral. Jessica felt uncomfortable during Duncan's visit with Bonnie in New York. Meanwhile, Shannon urged John to hire Jessica as his lawyer in Lisa's malpractice suit. Damian warned Orlena not to call his and Lily's baby, the "Grimaldi heir." Lily was baffled by the strange music wafting through the house. Wait to see: Lily gets a strange "message."

BOLD AND BEAUTIFUL: After warning Ivana not to attend his and Macy's wedding, Thorne left while she called 911 to report being threatened by him. Meanwhile, Anthony arrived and stunned her with the news that he set her up to take the fall for the threatening letters he had sent to Macy. He explained he loved Macy and wanted to stop her marriage to Thorne. Ivana said she would reveal all to the police. Later, as Thorne and Macy were being wed, he was arrested for killing Ivana with her letter opener. Acting on Omar's advice, Taylor prepared to reveal herself to Brooke. James begged Sheila to shoot him. Wait to Sheila runs into an unexpected complication.

DAYS OF OUR LIVES: After seeing Father Francis pointing to the word, succubus, in the dictionary, Father Jansen checked the word and then learned about demonic possession and the telltale yellow eyes. Despite the "proof" on the tape, Jennifer wouldn't believe Peter was involved with Stefano. Meanwhile, Stefano "revealed" Gina was a faceless, accidentscarred amnesia victim whom he took in out of pity. But he doesn't know if she's really Hope. Carrie decided to become the bait that might lead her and Austin to Sami. Bobby Lee decided to sell the bracelet, which could mean Gina will never know if she's Hope or not. Wait to see: John faces a new terror.

GENERAL HOSPITAL: Luke and Lucy set Scully up for the sting. The Cerullo and Quartermaine women started planning Lois' wedding. Keesha's father agreed to come to Port Charles. Alan worried about Monica's plans for Page. Later, Alan and Bobbie each dreaded going home to their respective empty lives. Felicia asked Tony an important question. Wait to

Lucy is jolted by a revelation.

GUIDING LIGHT: Bridget sensed something was amiss when Lucy returned early from her date with Brent. Later, Lucy threw our everything she wore on the date. Alexandra agreed to help Roger make Fletcher look bad in front of Holly. Dinah confronted Viktor, who worked for her creditors. Later, Ross made a decision when he learned Dinah Lee planned to move to Buenos Aires. Ed and Eve tried to cope with the results of the surgery. Tangie wowed Buzz when she turned up in a gown that belonged to Alan's grandmother. Wait to see: Eve faces the truth about her condition.

LOVING: Charles told Angie he doesn't buy Tanya's story that she's Jacob's sister. Casey persisted in trying to find the head of the drug ring. Dinah Lee told Ava the doctor confirmed she's pregnant. Jacob sabotaged Angie's car. Clay found Deborah moving into his gatehouse. Wait to see: Charles makes an unsettling discovery about Jacob.

ONE LIFE TO LIVE: Dorian rescued Princess at the graveyard. As Todd assumed control of The Intruder, he told Tina he'll be as powerful as Victor Lord. A suspicious Carlotta caught David going through Dorian's files. Dorian's psychologist friend, Martin, warned her not to deal with a DID (Dissociative Identity Disorder) patient on her own. Todd was alarmed when his sister, Viki (actually Niki), made sexual innuendos to him. Niki later split into Princess when her new date became too aggressive. Wait to see: Marty learns something new about Dylan.

YOUNG AND **RESTLESS:** Lauren told Brad Sheila tried to drown her, but she escaped by breathing air from a jet in the tub. While disputing Douglas' charge that she was betraying Victor by caring for Cliff at the farm, Hope tripped and hit her abdomen. Upset by Hope's decision to stay with Cliff, Victor asked Nikki to take a ride in the Newman jet with him. Chris and Danny wound up as guests in the same New York hotel where they were spotted by Sasha who called Phyllis. Wait to see: Phyllis acts to "make sure" Chris doesn't reclaim Danny.