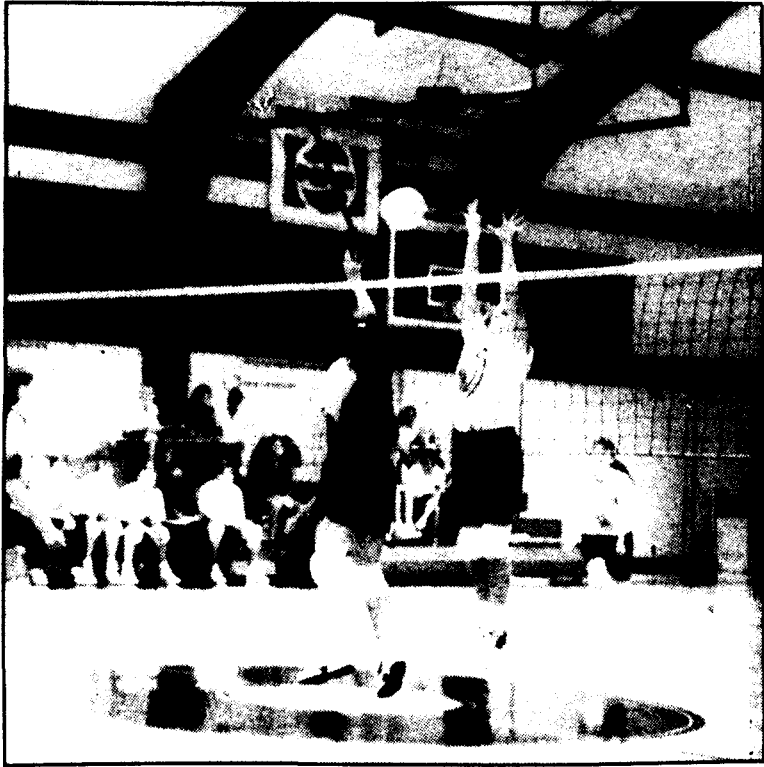


Lions set realistic goals



Jen Colvin/Contributing Photographer

In your face!!!: Freshman hitter, Jen Taylor, 'dinks' one over the net. The women faced Washington & Jefferson College and SUNY Fredonia Tuesday night.

I.M. Report

With several events in progress and several more coming up, the intramural season is starting to heat up.

The Timex Fittest Man and Fittest Woman Competition will be held, as part of Fitness Week, on Monday, October 18 on the I.M. fields. Entry deadline is Friday, October 15 at 4:00 p.m.

Included in the competition are sit-ups, push-ups, shuttle run, and a one mile run. Each participant must compete in all four events, and the top three males and females overall will receive Timex Ironman watches. Fitness Week T-shirts will be awarded to others.

Other events to be held during Fitness Week include, the World's Largest Aerobics Class, fitness testing, and a weight management seminar.

Also, the deadline for flag football is Friday, October 15 at 4:00 p.m. Play will start around October 19. There are three divisions of competition, men's, women's, and coed. Tourney play will be round robin style.

Don't forget to sign up for the cross country run. Deadline is tomorrow and the race is this Saturday.

Stop by the I.M. office or call x6280 for more information on any of these exciting events.

"The thing you cannot forget is that there isn't anything wrong with winning ugly. As a matter of fact, there isn't anything wrong with being ugly - as long as you're successful."

-Lou Holtz
Notre Dame football coach

Lady Lions ready to take on Allegheny

by Michelle Bauer
Collegian Staff

The Lady Lions volleyball team has a record of 6-14. On Tuesday, October 5 the Lions took on W&J and Fredonia. In the W&J game the Lions lost, playing 5-15 and 14-16.

Key players in this game were Julie Stocker with 75 kill percent, Molly Samuels was next with 50%, Carrie Grzejka with 42%, and Amy Stranahan with 33%.

In the Fredonia game the Lady Lions came back strong winning 15-11 and 15-7. In this game the standouts were: Samuels with 66% kills, Stocker with 55%, and Stanahan with 25%. Shannon Tucci had 26 assists and Grzejka had 2 solo blocks.

On September 30, the Lady Lions took on Westminster and Thiel. They beat Thiel 15-5, 3-15, 15-4. Key players in this game were Stocker with 45% kills and Grzejka with 29%.

Tucci participated with 17 assists and Samuels had 7 digs. In the Westminster game the Lions lost 9-15 and 13-15. In this game Samuels had 42% kills, Grzejka had 33%, and Jen Taylor had 25%. Samuels also had 15 digs and 1 serving ace.

The team is now in the second half of their season and Coach Wilson commented, "Our goal is to average for the team a 25 attack percent which was achieved in the two games on

October 5. The team is setting realistic goals and is hoping to move up their playing level."

Coach Wilson hopes the team will increase their level of play and turn their record around.

A big goal for the team is to win 13 out of the last 16 matches.

Coach Wilson said, "If they can play the way they practice, relaxing and communicating, they can win these 13 games. They also have to play with more flow as a team."

The Lady Lions' next game is at home tonight at 7 p.m. against Allegheny.

Coach Wilson said, "Allegheny is a ranked team in our area. We would like to play heads up and upset them."

After tonight the Lions have the Penn State Behrend Tournament October 9 in Erie Hall. The teams playing in the tournament are Thiel, Lake Erie, and Notre Dame.

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