



is generally agreed by doctors that the primary trouble with the health of women and young girls is that they are careless of the condition of the bowels.

women and young girls is that they are careless of the condition of the bowels. There is nothing so important in this regard as habit and system. The growing girl should be especially looked after. Girls and women of all ages will find that by regulating themselves they can avoid the free use of cosmetics and such things, and that obesity is reduced by bowel elimination and weight increased by proper assimilation.

The right laxative for women, as it is for children and old folks, who should not use harsh pills, salts and other strong cathartics, is that gentle and mild laxative tonic, Dr. Caldwell's Syrup Pepsin. It acts on the principle that by gently regulating the bowels the digestive muscles will soon again be trained to do their work naturally and unaided. Thousands of families use it regularly, and it has been the standard in good American homes for two generations. Mrs. Ella Robison, of 806 Trombley street, Ft. Worth, Texas, says she will never be without Dr. Caldwell's Syrup Pepsin. She uses it herself and gives it to her little girl, and believes she will not need the doctor so often now. Mrs. T. Blue, of 442 College street, Cape Girardeau, Mo., makes Syrup Pepsin her family remedy and says she would not be without it for twice its price.

You will find Syrup Pepsin very effective as a remedy for constluation, dyspepsia, billousness, belching, gas on the stomach, foul breath, headaches, bloating, etc. Druggists sell it at lifty cents and one dollar a bottle.



FRIDAY EVENING,

Coupon For

FREE SAMPLE FREE SAMPLE
Dr. Caldwell is glad
to send anyone who has
never tried his remedy,
a free sample bottle for
personal investigation.
Simply clip this coupon
and inclose in an envelope with your name and
address, or write your
name and address plainly on a postcard and
mail it to Dr. W. B.
Caldwell, 67 Washington St., Monticello, Ill.

Linglestown Residents Will Plan Lighting of Streets by Electricity PHOTOGRAPHING SNOW SCENES

Made under U. S.

Economical Eating -

serve, drop a large piece of

Hominy is good eating-but it needs

richness. When cooked and ready to

Armour's Silverchurn

Oleomargarine in the center of the platter. That will provide the necessary richness. It costs less and tastes better than most butter.

ARMOUR & COMPANY

Dhadhasekilden

AGED 71 AND A GIRL AGED 3

Evidence That Young or Old Can Be Benefited by the

Health Teacher's Remarkable Work

STRANGE CASES OF A MAN

(0)

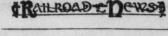
ment contribution plan, each citizen contributing a certain amount. Paxtang borough will likely act final-ly on its new street lighting ordinance on Monday.

Linglestown citizens will hold a big mass meeting early next week to discuss some plan for lighting the village streets with electricity supplied from this city.

The merchants and other models of objects and should not be determined for the darker objects and should not be seen to objects. streets with electricity supplied from this city.

The merchants and other people of town have asked the Harrisburg Light and Power Company for some fugustations of costs and plans for placing ten or a dozen modern street lamps at necessary points, and Robert W. Hoy, commercial superintendent, will furnish this information to-day or tomorrow. The time for the mass meeting has not been decided upon definitely, but it is expected that Tuesday or Wednesday evening will be selected for the darker objects, and should not be cut down to the time on account of the snow or water. If detail is to be preserved in them, hold out the strong blue and violet ray-screen of the brokerage firm of Fisk & Robinson, for a commission amounting to \$500,000 against Alba B. Johnson, of Dover, Del., as president of the Baldwin Locomotive Works of Philadelphia, Pa., was commenced to-day before Judge Augustute N. Hand in the United States District Court. Wednesday evening will be selected for the purpose.

Because Linglestown is a part of the township and not incorporated, it cannot establish the lighting system as a municipality, but the same method that is followed by the residents of Riverside will likely be adopted—the assess-



BETTER VENTILATION FOR PASSENGER CARS

Railroads Are Looking After Improvements in This Line; Other Bad Features

Ventilation will be given close attention by both the Pennsylvania and Reading Railway Companies. Since the Interstate Commerce Commission notified all railroads to look after car ventilation, the safety first committee of the Philadelphia division has been devoting considerable time to this sub-

devoting considerable time to this sub-ject. Notices have been posted at all trainmen's rooms along the Pennsylva-nia and Reading systems. "More deaths are caused by im-proper ventilation of train coaches and waiting rooms than by train accidents." The committee on railway service and railway accommodations so reported to the annual convention of the Na-tional Association of Railway Commis-sioners.

"The noxious gases that fill coaches,

"The noxious gases that fill coaches, especially sleeping cars, in connection with the peculiar character of dust therein, is most conducive of germ-breeding where proper ventilation is lacking," the committee added. In regard to the lighting of railway coaches, the committee says this problem has been satisfactorily mastered on the trunk lines, but on many branch lines, the dingy, wirty oil lamp is still in evidence. A vigorous campaign against this condition is recommended.

Cut Out Car Figures.—The Ameriean Railway Association, in conven-tion at Chicago, decided to abolish the bimonthly reports of car surpluses and shortages, on the ground of the neces-sity for economy.

Standing of the Crews

HARRISBURG SIDE Philadelphia Division—103 crew firs go after 4 p. m.: 106, 102, 121, 104

or after 4 p. m.: 106, 102, 121, 104, 16.
Engineer for 106.
Engineer for 106.
Firemen for 103, 102, 116.
Conductors for 106, 102.
Flagmen for 102, 121.
Brakemen for 106, 102, 121, 116.
Engineers up: Speas, Powell, Laylan, Long, Streeper, Minnich, Kelley, meltzer, Kennedy, Crisswell, Kautz, rass, McCauley, Tennant, Keane, owns, Barr, McGuire, Martin, Firemen up: Rhoads, Brenner, Nissy, Packer, Naylor, Wagner, Kochenur, Manning, Whichello, Behman, chey, Arnsberger, Mulholm, Dunlevy, ollier, Yentzer, Madenford, Robinson, leisinger, Grove Hartz, Engemen up: Banks, Mellinger, Brakemen up: Hivner, McGinnes, ackson, Busser, Kope, Cox, Hipple, files, Coleman, Woland, Hubbard, Shudp.
Middle Division—109 crew first to go

Middle Division-109 crew first to go

ter 1 p. m.
Preference: 3.
Flagman for 109.
Engineers up: Moore, Havens, Mall, Webster, Kugler, Smith.
Flremen up: Look, Gross, Sheesley,
etcher, Libau, Cox. Schreffler, Buyer,
right, Thomas, Bornman, Weibley,
ppntz, Seagrist, Simmons, Arnold.
Conductors up: Baskins, Keys,
rnes.

Conductors up: Baskins, Keys, Byrnes.
Brakemen up: Pipp, Roller, Bell, Henderson, Mathias, Heck, McHenry, Frank, Kleffer, Fleck, Kane, Werner, Kilsore, Baker, Kerwin, Wenrick, Kipp, Bolan.
The Control of the Control

ENOLA SIDE Philadelphia Division—205 crew first go after 3:45 p. m.: 232, 222, 202, 210

to go after 3:45 p. m.: 232, 222, 202, 210, 224.
Firemen for 232, 205, 210.
Conductor for 52.
Flagmen for 52, 44.
Brakemen for 48, 47.
Conductor graph of the conductors for 119, 120, 111, 101, 216.
Conductors for 119, 120, 111.
Flagman for 108.
Brakeman for 110.

THE READING
Harrisburg Division-16 crew first to
after 11:45 a. m.: 6, 10, 11, 15, 4, 22, Recent dispatches from Rome have indicated that Herr Von Flotow, the German Ambassador there, was about retire.

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Regain the Mastery

Regain the Mastery

LABOR DISPUTES CONTINUE

By Associated Press
Philadelphia, Nov. 20.— Jurisdictional disputes again held the attention of the delegates to the American Federation of Labor convention to-Federation of Labor convention to-day. The controversy between the blacksmiths' union and the tunnel and subway constructors' organization over the question whether tool dressers should come under the jurisdiction of the blacksmiths or the subway con-structors was decided in favor of the blacksmiths.

FINISHING TOUCHES AT YALE

So much has been heard and read Quaker. Little Bessie Oberst, aged 3 about the "Health Teacher" and years, was pale restless and puny. "Quaker" that they are now fairly acquainted in Harrisburg. Mr. Patrick Klinney, aged 71, is a very well preserved man, considering his age, yet he was beginning to complain about trouble with his kidneys and liver. His color was getting very sallow, his ing from worms. Quaker Was tried bowels were irregular, has had billous antacks and headaches, pains across very small worms. Since then she is his back and shoulders during the night. He called, got a treatment of Quaker, took it regularly and he said: health, lively little girl. If you sufficed to now good, bowels regular. His color is now good, bowels regular. His for from rheumatism, catarrh or color is now good, bowels regular. His fer from rheumatism, catarrh or selling fine once more, thanks to street.—Advertisement. By Associated Press

New Haven, Conn., Nov. 20.—The
finishing touches were added to-day in
the preparation of the Yale and Harvard football teams for their annual vard football teams for their annual clash to-morrow in the new Yale bowl. The Yale kickers will have final prac-tice in the bowl and the entire team will afterwards, it was expected, line up on the old field for a signal drill.

Buy All the Clothing You Need For the Whole Family

Indirectly, this cruel and unfortunate European war will hurt many industries and business in this

country, in some cases raising the cost of living, and straining the pocketbooks of everybody. You

Credit Here Is FR

must keep well-dressed—and this is how you can do it, easily.

CREDIT

You don't need much money now. A small payment when you buy the clothes is enough and you can pay the balance as you get paid—a little each week or each two weeks. You will never feel the loss of the small amounts.

LADIES' NEW FALL SUITS, Serges, Poplin, Broadcloth, etc. \$1 7.50 \$20.00, \$22.50, \$25.00 Values Special Saturday . . .

LADIES' NEW FALL COATS Newest Models, \$15.00 to \$4 9.50 \$18.00 Values Special Saturday . . .

Men's Balmacaans, \$18.00 and \$20.00 values, . . .

Men's Suits and Overcoats, \$17.50

Saturday Only, Extra Special 100 Boys' Knee Pants, Sizes 8 to 16 Years, 75c Values, 39c

OLLINS CO. 29 N. Second S

Belgians Claim Germans Violated Laws of War

By Associated Press

scribes problems of climate, character of country, etc., and suggests equipment, method, and outlines the cost. Saving all parts of the picture, an article for the novice fully described by the British official bureau.

It covers what is described as the "massacre at Taminez," "the sack of "massacre at Taminez," "the sack of beyond, a modern viking, etc.

Soldiers Suffer Hardships

By Associated Press
By Associated Press
By Associated Press
Bruges, via Sluis to London, Nov. 20,—Dr. Charles Sedgwick Minot, a noted anatonomist, died last night. He was professor of 20, 3.31 a. m.—Quiet resigns in West Planker's The sudden and violent coming of winter has caused a suspension of hostilities. The Yser region

Dinant" and the "outrages in the prov-lnce of Belgian Luxembourg." The report says that over 650 persons were shot by the Germans in the village of Tamines. Referring in detail to this alleged massacre, the report describes how a group of between 400 and 450 men was collected in front of the village church. As shooting them down with rifles proved too slow, German officers ordered up a machine gun, and those not killed by the bullets from this weapon were finished with bayonet thrusts.

According to the commission's report, more than 700 of the inhabitants of Dinant were killed. Eighty-four of these were shot to death on parade square and fifty others outside a church from which they had been driven by the Germans. Tamines. Referring in detail to this

DISCUSS MUNICIPAL AFFAIRS

Partial Report On New Model Charter
Made at Today's Session in
Baltimore
By Associated Press

Ealtimore, Md., Nov. 20. — Subjects
relating mainly to municipal government were the chief features of to-day's
program at the annual conference of the
National Municipal League here. Among
these was an address on "The Commission Manager Plan of Government
in the Light of Experience," and the
report of the committee on political
methods.

report of the committee on political methods.

Arthur M. Swanson, of Philadelphia, discussed "The Practicability of the Merit System."

The committee on municipal program, which has been at work for a year drafting a new model charter and home rule constitutional amendments, presented a partial report in the form of sections dealing with the council, the city manager, the civil service and efficiency board.

A partial draft of a constitutional amendment was likewise presented.

NAME NEW AMBASSADOR
Paris, Nov. 20, 4 a. m.—A dispatch
from Rome to the Fournier Agency
states that Prince Von Buelow has
been appointed German Ambassador
to Italy.

Over Blood Trouble

No Matter How Disheartening You Can Overcome It.



Blood disorders are quickly checked by S. S., the famous blood purifier. It rushes into the blood and in three min-utes has traversed the entire circulation. Clash to-morrow in the new Yale bowl. The Yale kickers will have final practice in the bowl and the entire team will afterwards, it was expected, line up on the old field for a signal drill, and the control of Foot and Mouth Disease Washington, D. C., Nov. 20.—The Quarantine against cattle shipments from Canada to the United States, imposed because of foot and mouth disease, was lifted to-day by the Departiment of the Quarantine against canadian cattle was not placed because of the infection in the Dominion, but to prevent the return of infected cattle cars to the United States. The raising or any other indications of the Canadian quarantine was said by officials to be an added evidence that the epidemic is being brought under control.

Biolog disorders are quickly checked by S. S., the famous blood and in three minutes into the blood and in three minutes into the blood and in three minutes be to true rushes into the blood and in three minutes that make for blood if penetrates to where the blood is made, it washes out those spots and places where stagnation has settled, it cleanses where stagnation has settled, it cleanses where stagnation has settled, it vales where stagnation has settled, it vales where stagnation has settled, it vales where stagnation has settled, it washes out those spots and places where stagnation has settled, it washes out those spots and places where stagnation has settled, it vales where stagnation has settled, it washes out those spots and

OUTING FOR DECEMBER

Hitting the trail in the tropics, written from the author's personal ex-perience in camping in Mexico; de-scribes problems of climate, character of country, etc., and suggests equip-

acteristics, harness, method of training, etc. Other articles included. How to tie

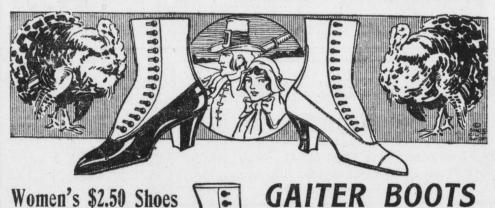
now has a temperature of that of the New Holland coast of a bleak, windy December day. In this weather the armies are compelled to live in the de-vastated territory where there are no houses to give shelter or warmth.

Rubbers

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SHOE **BARGAINS**



Women's \$2.50 Shoes

Dress Shoes. Come in different styles in patent and dull leather and velvets.

SPECIAL FOR WOMEN \$1.69



WOMEN'S SHOES — Short lots of Women's vici kid lace and warm lined button shoes on sale at......986

the Pair FAWN, GRAY OR BLACK TOPS Through a lucky purchase we are able to offer these \$3.50 boots at \$2.45. Made in gunmetal or patent. All sizes. Winter Shoes For Men \$2.45 @ \$2.95 Hlustrating one of the many high grade styles offered at \$2.45 and \$2.95. Built on the latest winter styles in button, lace or English. Tan, patent and dull. All sizes.

Shoes for rough wear and rough weather, black calf uppers with sturdy soles.
Bellows tongues.
\$3 values at..\$1.95 Children's Shoes — Soft dongola kid; lace or button.

Sizes up to 6; 75c alues, at.

Children's Shoes — Soft dongola discovery to the state of the shoes at the shoes of the shoes at the shoes of the shoes at the shoes of the shoes of the shoes at the shoes of the s

Rough Weather Shoes

\$1.95

Boys' Strong High Tops \$1.50 Boys' heavy tan and black storm calf high tops, stitched wat-erproof soles. Extra high tops and 2 buckles.

values at ... Sizes up to 1, 750 values at ... Sizes up to 1, 750 values at ... Sippers — Girls' and Child's Mary Jane Bedroom Slippers; different 29c colors; 75c values — Good 98c dirls' and Hoys' Shoes — Good 98c dirls' and Hoys' Shoes — Good 98c dirls' and Hoys' Shoes — Good 98c dirls' dull leather dress and school shockle artics — Big lot of men's buckle artics — Big lot of men's child's Jockey Boots — Different colored tops, with tassel; sizes 5½ to 8, at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1 to 5 at ... Sizes 5½ to 8 at 98c; 1

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